

PARANORMAL BIGFOOT ALIENS GHOSTS HAUNTINGS UFOS CRYPTOZOOLOGY EVP DEMONS  
PSYCHICS SPIRITS CONSPIRACIES LOCHNESS MONSTER FAIRIES ENTITIES MEDIUMS

# LET'S TALK

MAGAZINE

Spring 2018 YOUR ULTIMATE SOURCE OF THE PARANORMAL



Conspiracy  
Theories and  
UFOs

*Should We Err  
On the Side of  
Demons?*

## GHOSTLY GIFTS

Paranormal  
Research Field  
Trends &  
Implications

The Afterlife  
Is to Die For

Demons & The  
Demonic Divine

UNEXPECTED  
DINNER GUEST

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VOLUME 2 ISSUE 1

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# Letters From The Editor

Hello and welcome to the current issue of Let's Talk Magazine, formerly known as Haunted Voices Magazine.

Many people have asked about the name change so I figured this would be the best time to explain why we changed the name of the magazine. When we were first developing the idea of a magazine, Let's Talk Radio Station was still using the WGOG Digital Broadcasting name. We knew what we wanted the magazine to be about, giving information about all forms of the paranormal to the world, and at that time, Haunted Voices Radio was the show that covered this with a wide variety of topics and guest. As WGOG Digital Broadcasting slowly began to make the progression into Let's Talk Radio, we realized that a great deal of the radio shows on the station also dealt with giving information to the world about the paranormal and we wanted to include these shows in the magazine, so we made the decision to change the name to Let's Talk Magazine. But don't worry, except for a few small changes, the magazine is basically the same.

The Spring Issue of Let's Talk Magazine actually has two different views into demons. In the article written by Debra Pickman of Sallie House fame, she discusses how even after a demonic event there is some after affects that are still in play years and years later. And in an article by Princess Akelta Wilde, she discusses demons in an entirely different light. This is one thing we like about our magazine because we give all sides to different topics. This includes John Weiss's article about the afterlife. Let's Talk Magazine wants to offer all sides to the paranormal, not just the popular side.

The Summer issue is in the works and if you would like to be part of it, please email me and let me know what you would like to write about, [letstalk@letstalkradio.net](mailto:letstalk@letstalkradio.net). And until the next issue, enjoy and let us know what you think.

Sincerely,  
Beverly Rearick

# LET'S TALK MAGAZINE

## Spring 2018

VOLUME 1, NUMBER 1

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# Should We Err on the Side of Demons?

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by Debra Pickman

OVER THE LATER part of twenty years, Tony and I are often asked, “How have you two survived as a couple? It’s so good to see that you are safe and still together.” Many are simply amazed that we are together at all.

After living in the Sallie house and through the escalating and extreme paranormal events that took place for 22 months back in the 90’s, not to mention what we have witnessed and experienced since, we look back knowing we’ve come a long way. We definitely have a greater understanding of the dark and demonic forces that run amuck in our daily lives. Many people think that once you move from a location the haunting stops. This is true, only for the lucky ones.

For the rest of us, it doesn’t always end so well. Sometimes it’s not the location that is haunted by evil, but a person or an object. Problems usually arise because no one knows about the object or when you move locations and

take the object with you. In the long run, guess what goes with you?

Others having come in contact with demonic forces are continuously reminded of the reach that dark force can have. Case in point: Tony and I have not lived in the house on North 2nd Street for over twenty years, yet we can still report spontaneous fires, scratches and more. We know they are related to the dark spirits of the Sallie house because these types of events have only happened when there was a group of investigators “investigating” at the house. After the fact, we’ve come to find out that these events directly correlate to groups that have taunted and challenged the spirit(s) while at the house.

Demonic forces have a knack for drawing people in and close. I know several individuals who would do just about anything to get back into the Sallie house, and will openly admit that their overwhelming desire to do so is actually obsessive. It may be a rarely known fact that Tony constantly



battles an overwhelming draw to return to that house. In fact, one day he actually woke up during the wee hours of a snowy January standing in front of that damned house. He had no shoes or coat on and no idea how he got there (we live 10 blocks away). Things that make you go Hmmmm.

Many people think that dealing with demons, dark entities or negative forces doesn't mean it's going to affect you and your life forever; least of all the rest of your life, right? Well have you ever taken notice of the many families and individuals that have absolutely disintegrate into chaos after dealing with or living with an extreme haunting or dark force?

In the Amityville house, Ronald Defeo shot his parents and 4 siblings (7 lives). The Lutz family moved into the house about a year after that but only spent 28 days in the house before they realized something was seriously wrong. It's been reported that those experiences have literally haunted the dreams of Danny Lutz for nearly 40 years. Within 5 years, Kathy and Ron's marriage began to disintegrate and roughly 5 years after that they were divorced.

Aaron Goodwin of Ghost Adventures realized that dangerous spirits (demons) had attached to him while investigating Bobby Mackey's. He and his wife, Sheena, divorced when it caused major chaos and turmoil in their home, lives and emotional state. Aaron is dedicated to the field and has not walked away from the field. He continues to deal with malicious spirits.

Ryan Buell, of Paranormal State, dealt with many dark entities as he and his team traveled through the country helping people with paranormal

infestations. The chaos crept in and then his life imploded. News and tidbits have been plastered across all public forums; taking people's money, lying, drugs, arrests, assault charges. Let's just say his life is in shreds right now.

experiencing disturbing paranormal events that caused them both great concern. This was well before the rage and suicide and I feel it could have been the reason behind the shootings. To top it off, autopsies did not point to drugs use as being responsible for their state of mind. This clearly leaves one to

The long term side effects of a dark engagement (whether known or unknown) are usually long term and leave deep impressions.

The Whaley House in San Diego was built in the mid 1800's and boasts death, fire, armed robbery, divorce and suicide, all in one faction of the Whaley family. Thomas Whaley was 18 months old and the 1st death in the house. I can't imagine the grief. A few months later a fire ravaged through the home destroying the family's attached general store. The family moved to San Francisco but returned years later only to be met with armed robbers and then the divorce and suicide of their daughter. All this is believed to have started when the land on which the house was built was most famous for public executions. It's believed that bad energy from the land was responsible.

Mark and Debby Constantino were investigators devoted to speaking with the dead via EVP (Electronic Voice Phenomena). The couple traveled often with the crew of the Ghost Adventures and to some of the most haunted locations across the country. The Constantino's are a more recent example of possible dark forces being at hand, though some might challenge this thought. I know from personal contact though, that they were

wonder what else could have brought on such outrageous and destructive behavior.

It's a fine line these individuals and families have walked. Life doesn't just go back to normal after a demonic encounter. The long term side effects of a dark engagement (whether known or unknown) are usually long term and leave deep impressions. Sometimes, despite all efforts ,negative attachments remain. The effects are usually of significant duration while the affected individual continually tries to balance themselves on the precipice of sanity. They second guess their faith and family, question their closest relationships and even their very life.

While intense darkness settles in and nags at the core of your being, depression and despair infiltrate your every thought, emotion, dream, and behavior. In trying to correctly judge the reality around you, it's hard not to increasingly distrust those who are trying to help. It's no surprise that after years of trying to keep it together, many fail in the end.

Some people in these situations have been (or could be) diagnosed with PTSD. An extreme haunting can be that traumatic. Tony has often reflected on his experiences and described it as living with a sniper; "you just never know when or where it will strike next".

Tony and I are amongst a few of the lucky ones, or at least fortunate as survivors. In the years since living in the house on 2nd street, we have spent more than 20 years researching, investigating and consulting. It seems that extreme cases always fall in our laps. Perhaps it's our destiny; to help others through these paranormal problems because we ourselves have been there. We have been alone, scared and left feeling hopeless. Our experiences have permitted a unique insight into the nature of dark and demonic activity, its symptoms and remedies. It's that very insight which has saved our marriage on more than one occasion.

Of course most anyone who has knowledge of demons knows what their intentions are; to influence people and create as much chaos and discontent as possible. In retrospect, looking at the time spent at the 2nd street address, it's easy now to see the progression of the demonic activity we experienced. We notice how easy it was to establish itself in our home and how slowly it crept into our lives. We see how it molded, manipulated; and influence our thoughts and actions. We are no longer naive, but instead much wiser. It is within how we deal with negative forces that we've been able to keep our marriage alive and well.

Let's first think of the connection to demonic energy as an external invisible line that is tethered to us forever. This energy is always connected to you, like a telephone line. Even if you move from

a haunted location chances are that it will follow you or at least visit your new home often while you remain relatively unaware. It sneaks in slowly, so it's not detected, usually while your guard is down, when your depressed or when you're in poor health (mentally or physically). This is usually a long process. It doesn't matter though. These entities are exceedingly patient (not to mention time flows very differently beyond the veil).

What makes things worse is the fact that by the time someone recognizes that something is very wrong; the individual being affected often can NOT be swayed to understand what is happening to them. This occurred with me several years ago. It lasted for almost 4 months and all the while I discounted even the mere suggestion that I was being affected in such a way.

What makes things worse is the fact that by the time someone recognizes that something is wrong; the individual being affected often can NOT be swayed to understand what is happening to them

Until it's got its teeth sunk deep into your proverbial flesh, negative forces, attachments and infestations all too often go unnoticed at all. Unfortunately, by the time they are actually recognized as such, major damage has already been done. Dreams have been infiltrated, feelings have been hurt, sleep is lacking, trust has been broke, arguments heightened

and relationships ended. Unforgivable actions have occurred, fear and anger have been amplified, and anxiety and depression become overwhelming.

Mental and physical health are often affected significantly, sometimes even the will to live is lost. The above symptoms are all too often followed by one or more of the following: a loss of faith, trouble in the work environment, loss of employment, fractured family relationships, divorce, strife with friends and family. Approximately ten to fifteen years ago, Tony and I were often in this very situation. We were in a battle that we were unaware of; a battle against what we initially thought was each other.

We would have horrible arguments that easily lasted 5 or 6 weeks, many times we had stopped speaking or looking at each other because we



At one point we finally recognized how grossly escalated our arguments had become: how distorted our individual personalities had grown to be. And although I'm not sure what caused us to simultaneously and independently come to the same conclusion, but in doing so we allowed ourselves to take a big step back and reevaluate the situation. We each came to realized something was very wrong in our home.

It was almost as if a light switch had suddenly been flipped. We both approached each other on the very same day and with the same realization. At last we had recognized that neither of us was acting (or reacting) to various everyday situations in our normal manner. Given the history of our paranormal experiences we came to understand the distinct possibility that another force had been negatively influencing us.

Although the rule of thumb is to rule out the “normal before the paranormal”, in several of these situations we had been happily bobbing through life when they occurred. Life was very normal. Nothing had recently changed, no new medications, no new health problems or mental stress and no trouble in others areas of our life (i.e. work, personal relationships, etc.). Neither of us had been affected by anything such as depression, anxiety, fear, rage and anger that had not previously been addressed, balanced or medicated. There were simply no stimuli that would have encouraged such an explosive level of rage, hatred and anger towards each other. With that said, it was rather quick and easy to jump to the conclusion of paranormal influence.

Funny thing though. As soon as we recognize something paranormal might be responsible for the negativity in our home, it stopped. Life was good again and our relationship quickly went back to normal and loving.

Of course some would say this outcome was simply the product of employing the common technique of stepping back and

letting each other cool down, but I disagree. We had many opportunities to “cool off” and look at the situation from a different perspective, ultimately resolving our disagreement. But over the course of weeks, this hadn't happened.

It was as if simply recognizing demonic influence in our life took the wind out of the demon's sails. It seems that just being aware of, and acknowledging, the “problem” is literally half the battle. At this point, knowledge severely weakens any hold a negative entity can have on you. This also means it is no longer so nicely camouflaged in your life.

Since then we have both become very familiar with signs of negative influence in our lives. We can now recognize those harmful influences and usually within 24-48 hours. We haven't had to deal with a situation like that in more than 10 years. The big thing is that when the influences are recognized, we do so in a matter-of-fact sort of way. Briefly acknowledge it and then move on with your day. It is vitally important that the negativity and details of the inflamed situation are not dwelled upon (save that for a later date). Not adhering to this thinking only brings about harsh feelings and words which act as fuel injection for demons and other negative spirits.

Honestly, we're both rather grateful for all that we've learned and experienced in the paranormal. It has forced us to be more in tune with each other, heart and soul. It has ultimately strengthened our relationship and we are a force to be reckoned with. It's a strong and loving bond that can more easily notice when something is wrong or someone isn't acting right.

As I said, acknowledging the negative influence is just half the battle. From there it's a matter of increasing

protection on a regular and daily basis. It's like putting on sunscreen; it has to be reapplied to be effective. Protection obviously comes in various forms (Reiki, meditation, herbs, crystal work, essential oils, psychic authority, etc.). We choose prayer and it has never let us down.

Whatever your preference, it's a matter of the faith you put into it. It doesn't matter whether it is Protestant, Catholic, Wiccan, Buddhism, Self awareness or a plethora of other religions, ceremonies or tribal beliefs. Whatever brings you closer to the higher power will bring you protection.

It seems like a conflict of interest, but yes, we pray to God and err on the side, and possibility, of demon influence. I don't think our method is a bad one though. Let's face it; we live in a virtual throw-away society where it's all too easy to just walk away from problems or things that need mending. With that in mind, I believe our approach has allowed our marriage and relationship to not only survive, but thrive. It's at least allowed us to look past the petty arguments, reminded us how much we really love each other and forged a strong defense against the unseen and negative forces around us.

*Debra Pickman who has been involved with the paranormal for few decades. She has worked closely with me, and for me when Haunted Voices was fairly new. She blogged on the paranormal for the Topeka Capital Journal and investigated with paranormal groups too numerous to mention. She eventually was able to take the time to write about her and her husband's experiences when they lived in the Sallie House during the investigative filming of Sightings in the early 1990's. It was long awaited and has been well received. In the years since, she and her husband Tony continued to consult on cases as well as Investigate both residential and historical sites. They seem to have an affinity for working extreme cases and helping others They are members of Paranormal Task Force (PTF) out of St. Louis, speak at paranormal conferences across the states, help fund-raise for historic preservation and educate others on the paranormal. They make themselves available to those who need help via email, facebook, their website, radio shows and more.*



# Conspiracy Theories and UFOs

by Tom Conwell

## CONSPIRACY THEORY: (NOUN)

1. A theory that explains an event as being the result of a plot by a covert group or organization; a belief that a particular unexplained event was caused by such a group.
2. The idea that many important political events or economic and social trends are the products of secret plots that are largely unknown to the general public. (Dictionary.com)

I am not going to be the one who tells everyone that they are full of nonsense. The interesting thing about conspiracy theories is that a large portion of each and every theory happens to be true. Yes, I said it, they are all true – well partly true anyhow. This ever-present truth is what makes these theories so enticing. I believe a few of

them but not all. I'd like to discuss some conspiracy theories and make statements about each one. This is one subject where not every person will agree. Since the disagreements are potentially explosive, I can only request that you hold your opinions, consider what is being said, and think through to their conclusion - each and every opinion.

You have all been exposed to them. Some are laughable, others seem somewhat believable, some are plain stupid but others you know in your heart to be true. So, which is it? Are they all nonsense or all true? I'm afraid the answer is more elusive than that. In order to embrace a conspiracy theory, it is necessary to think that something is wrong or someone is withholding the truth inevitably keeping the believer from a full understanding. There needs to be a standard breakdown of believability in all things relating to the man, you know, the man in charge. We are going to go through some of the more popular (mostly UFO related)



conspiracy theories, discuss their importance, break down their general truthfulness, and relate everything to my world. Remember, this is an opinion piece. I want everyone to think for themselves. It would be completely impossible for me to agree with everyone, friends, or even other Ufologists. Impossible!

Some of the topics brought up for discussion will not be conspiracy theories but will be information not believed by everyone. Again, I do not care if these are considered true by many, by some, by few, or even by almost no one. I need to discuss these openly to create a dialog. It is high time that we all start down the road to understanding and appreciating the opinions of your fellow men. It is also the time that we cease and desist from calling our fellow man horrible names because they do not agree with us.

THE FLAT EARTH THEORY

The Flat Earth Theory (F.E.T.) was brought to the forefront in the 1800's in England. It was far back to the time of Pythagoras (500 BC) when our planet was first considered a sphere. Within the F.E.T. they believe that our planet is not a sphere, and that evidence has been faked or hidden to cover up the fact that it is a flat disc. NASA is often said to be implicated in the conspiracy. Other claims may include things like GPS devices are rigged in order to make aircraft pilots wrongly believe they are flying around a globe. (Wikipedia) I am not a follower, proponent, lover, or believer in the Flat Earth Theory. I believe it is a bunch of hooley. I love Physics and even though I am not a physicist, the teachings of F.E.T. actually have thought out all possible scenarios and provided almost plausible explanations for the F.E.T. The explanations are actually quite well done. In the end, explanations fall apart. Kids, the Earth is a sphere.

UFOS ARE FROM ANOTHER PLANET:

A UFO is an unidentified flying object, nothing more than that. It is unidentified. It doesn't mean alien. That is technically true. If a person is never to look beyond that, this same person will never discover their origin. That is the premise of the government's stance on UFOs as far as the general public has been made aware. The government doesn't look = doesn't have to know = doesn't have to tell. That has gotten the government this far and is likely to survive a little while longer. The pressure is building to release what they already know. When it will happen is up for discussion. How in depth it will be will vary based on

the years of the disclosure. In other words, if disclosed soon, it will be cursory at best. If disclosed in twenty years, people will be further down the road with their innate understandings and more will be released. It is my opinion that the aliens have been involved with disclosure scenarios in possibly thousands of places. They are likely contributing to some of this process. Disclosure will remind everyone of a stream-fed waterfall. When it starts raining, the water will all find its way down this waterfall. This light rain in the countryside will look like a torrent at the waterfall. It is our planet and we are likely running the show. What we eventually decide will make this one of the greatest times to be alive in the history of the Earth. Some UFOs are indeed alien. That wasn't so difficult, right?

NASA IS COVERING UP EXTRATERRESTRIAL CONTACT:

NASA is not going to tell us if they are regularly meeting with another race of beings until after we have experienced a disclosure sequence. That is in the works. Hiding, covering up, and cutting the video feed because of alien ships at the International Space Station will likely become a thing of the past. NASA is indeed covering up alien contact in whatever form that takes.

NASA FAKED MOON LANDINGS:

This theory has been circulating for a while. This likely came about because there was much-tainted information that came about because of the Vietnam War. It became easy to believe that our government could actually pull something like this off just to win a race for the Moon. It is most likely that we walked on the Moon. This is one of the more unimaginable theories to make the rounds in my opinion. The Moon doesn't stop being the main subject in conspiracy theories. This is just the beginning

NASA HAD TWO MORE MOON LANDINGS THAN WERE ADVERTISED:

We were all told that the Saturn rocket launching from Cape Canaveral/Kennedy was necessary to launch to the Moon. What if that wasn't true? There were no more Saturn V rockets launched from the Cape during this time. What if rockets from California (Vandenberg or Mohave) could perform the same task? What if there were pieces assembled in space then we went to the Moon? Who would ever find out if no one told? I find this plausible, maybe even likely. I know we wanted to go there and we were extremely interested in pho-

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tos taken around the dark side of the Moon. The lure would be incredible. Maybe we have been there on other occasions also. How in the world could we not go there once we were able? Did they encounter aliens there? I also think that is likely.

THE MOON IS HOLLOW AND PUT THERE BY ALIENS:

This is a very interesting conspiracy theory. Apollo 12, in an experiment performed by astronauts, sent the lunar module back to the Moon after taking off and crashed it into the Moon. A device recording vibrations was left at the Moon landing site. It was monitored for a time after takeoff. When the Moon lander was jettisoned and crashed into the Moon, it rang for over an hour – like a bell – or possibly like it was hollow. This is not what was expected. It took many years to explain away those results. The explanation was credible. If the Moon were hollow, how could it have such an incredible impact on the tides of the Earth? The Moon would have much less mass than necessary to have the effect on Earth that is seen daily. That's why the hollow Moon doesn't ring true – no pun intended. There remains another problem. In one of my abduction interviews, the abductee/experiencer claimed to have been taken inside of the Moon and they were awake and being shown this. This is also one of the “experiencers” that I believe – I don't believe every one. I still have a problem with this. It is possible that they were shown what the visitors wanted them to see for whatever reason. It still concerns me. The Moon being put in place by aliens - I cannot imagine the order of difficulty or power required to perform this. I have to say that this is not possible but there is a matter of the orbit and the fortuitous nature that the Moon appeared here to change the length of the day and tides that all contributed to the generation of a certain kind of life. This is a perplexing conspiracy theory.

THE EARTH IS HOLLOW AND SUPPORTS AN ADVANCED RACE OF HUMANS:

This one is a head-scratcher to me. There are many confusing things that have to be true in order to bring this conspiracy theory to fruition. The biggest one is that there is some kind of sun (heat and light source) at the center of the earth to provide for this advanced race. That is nonsense. The other thing that bothers me is the continents are continuously shifting. Earthquakes are being created because the plates which cause movement in continents are subducting or diving beneath other plates causing change. These tremendous and powerful changes would be happening literally over the heads of sub-Earth dwellers. That just doesn't make any sense. Then we have the magnetic field of the Earth. This field is said to be generated by a molten core. What becomes of this? Does some advanced race of beings need to generate this field in order to protect the earth from solar and other influences? As far as the Earth being hollow, I say absolutely not. As far as some civilization living beneath the ground, I think that is possible. It's all a matter of perspective.

THERE ARE 42 DIFFERENT CIVILIZATIONS LIVING WITHIN THE SUN:

It is possible for a ship to create enough of a protective field to enter the sun and even to utilize the plasma that is the sun for its energy source. This is my problem, how does any person know that there are 42 separate civilizations living inside of the sun? Not 1 but 42?? While entering the outer layer of the sun is possible for short periods of time, why would a craft utilize huge amounts of their power to stave off destruction? This one doesn't make sense. Park themselves on Mercury where they aren't seen? Maybe I'll buy that. Inside of the sun? That's a head-scratcher.

EXTRATERRESTRIAL ALIENS ARE LIVING ON/UNDER/AROUND THE EARTH:

They are literally everywhere in our solar system. They are parked on moons, on planets, orbiting the sun, intermingled with the asteroid belt, under our oceans, within mountains, and underground in tunnels. I believe there are several civilizations represented in our solar system. They are checking on us. I believe that they are looking closely at us because of our nuclear weapons.

A FLYING SAUCER CRASHED AT ROSWELL: I BELIEVE THIS IS ABSOLUTELY POSSIBLE.

This is not the end of the story. There have been many crashes over the years and many opportunities to recover bodies and

hardware. We have reverse-engineered some extraterrestrial technologies. Much of this has been withheld from the general public. Some have said that we have experienced a break-away civilization with their own levels of technology, politics, and existence. This is possible. I am not fully on board with a break-away civilization but it remains absolutely within reason.

SUPER SOLDIERS:

Whoa! I wish that I could get a grasp of this one. The US Army has spoken of creating this, DARPA (Defense Advanced Research Project Agency) has described what this soldier would look like, is DARPA performing tests on gene modification, how far has this progressed, and has it extended into the general population? What bothers me is that this is highly possible and I wouldn't put it past anyone to try, especially some government entity. If they have enough funding (funding like proceeds from runaway oil usage in the world), it would be easy to set up experimentation protocols in an abandoned building. This program could exist right under everyone's nose. This is absolutely a possibility and a frightening one at that.

That should be enough to get a conversation started. There is a zero percent chance that every one of the above theories is absolutely true. The same zero chance applies to being believed by everyone who reads this. At the same time, there is a hundred percent chance that each one of the above topics contains a measure of truth. That's what keeps the beliefs alive. It doesn't take much to make a believer. It just works that way.

*UFOlogist, Tom Conwell, has been an Electronic Technician with the US Navy and Honeywell, Inc. for 42 years, a Honeywell Temperature Control, Fire Alarm and Security Software Specialist, Biomedical Engineer, is Fire Alarm Level II Certified, a Metrologist and HVAC Engineering resource. Tom has a wide-ranging expertise with a keen awareness of physics, computer and internet software and a broad knowledge of electronics and how it intersects with the paranormal world and UFO's.*

*Tom remains a vital scientific resource on Extreme Paranormal Encounter Response Team and embraces the wealth of information and theories that embody the title of UFOlogist. Over the past two years, Tom has written an extensive collection of blogs based on aspects of UFOlogy, has published two volumes of a book series (They Are Here, East Coast UFOs Volume 1 and They Are Here, Central US UFOs, Volume 2) has studied and researched UFO sighting reports from the US East Coast and Central US and can talk about any or all of these subjects.*



# GOO & COOTIES



**I** DO ALOT OF readings for Peeps asking for their soulmates - romantically. This article is going to have information for the different types of soul mates we encounter.

It is my belief before we come into being we make soul contracts with soulmates or soul groups to help us achieve our goals.

The first 'Soulmate' I will write about is the romantic ones.

Everyone wants to find their happily ever after soulmate. However, you might have to connect with some other soulmates to learn about relationship before you get to that particular soulmate. Perhaps you need to learn how to communicate, to love and ap-

preciate yourself, be compassionate and understanding. You may have to experience hardship and energetic vampires before realizing what love truly is.

## Goo & Cooties Questions and Answers –

### WHAT IS HE OR SHE THINKING OR FEELING ABOUT ME?

Please ask your partner that yourself. If you do not trust their answer - Why are you with them? Perhaps this particular soulmate you have connected with is teaching you wisdom and courage to walk away.

### 'I HAVE INVESTED ALL THIS TIME IN THIS RELATIONSHIP.'

Do you think if you invest more time the relationship will change? Most likely it won't change. Walk away.

### 'I HAVE WASTED MY TIME.'

No, you have not wasted your time. What have you learned about yourself? What have you gained? What can you change about yourself so you love yourself more?

There are soulmates who connect with us so they may learn and grow too. Assist them with their growth.

Some of the soulmates will come in and act as catalysts to catapult you out or into a love relationship. When they are done with helping you they will walk away. Allow it, it is for the better good.

You asked for these lessons too. Allow Love to flow through you for yourself and your partner.

Those are some examples of why a soulmate comes into our lives. Bless the events in your life when these soulmates have come in to assist you.

For those of you out there who are experiencing a romantic soulmate for life, congratulations!

There are other soulmates who come into our lives as siblings, parents, friends and so on.

Honor those relationships, they are precious and can uplift you from the connection.

I have had many experiences with meeting

soulmates. I have been truly blessed in this life with these connections. I have stayed in contact with many of these soulmates. I love all of them including the ones I have left behind. They have taught me well and I am blessed from the connections.

### 'CAN MY CHILDREN BE MY SOULMATES?'

Absolutely! Your grandchildren as well! Family members and friends can also have that connection with you.

We travel with our soul groups throughout our lifetimes. If you take a look now and connect with those you know and love, you will feel that deep connection. You may even remember some of the lifetimes spent with these souls.

Celebrate the connections by **being present** with these souls who have incarnated with you, to be connected to you.

There may be soulmates who come into your life that you feel a strong feeling to run away. Before running, stop to consider why you feel this way. Perhaps there needs to be healing and forgiveness through this connection. You may find this person becomes your best friend.

'As you move through your days here on the planet there will be all kinds of interactions. Consider the events before coming to conclusions. Don't miss a moment - all moments

are momentous and deserve your attention.'

Archeia Grace - Divine Compliments of Arch Angel Uriel.

Now we will talk about the Twin Flames - There is a lot of romantic ideas about the Twin Flame concept. Twin Flames are meant to assist, uplift and to teach. In my experience the Twin Flames are not on the same plane at the same time. The Twin Flames are for balance. Those of you asking for the Twin Flame experience, I recommend Heart Soul Retrieval. This will assist with the feeling of abandonment and despair. It will also assist with clarifying the connection to the Twin.

That is my opinion, my experience with assisting the Peeps with broken hearts.

Be present, so you don't miss out and open yourself to new and wondrous experiences!

Keep your hearts open and aligned with the energy of Love!

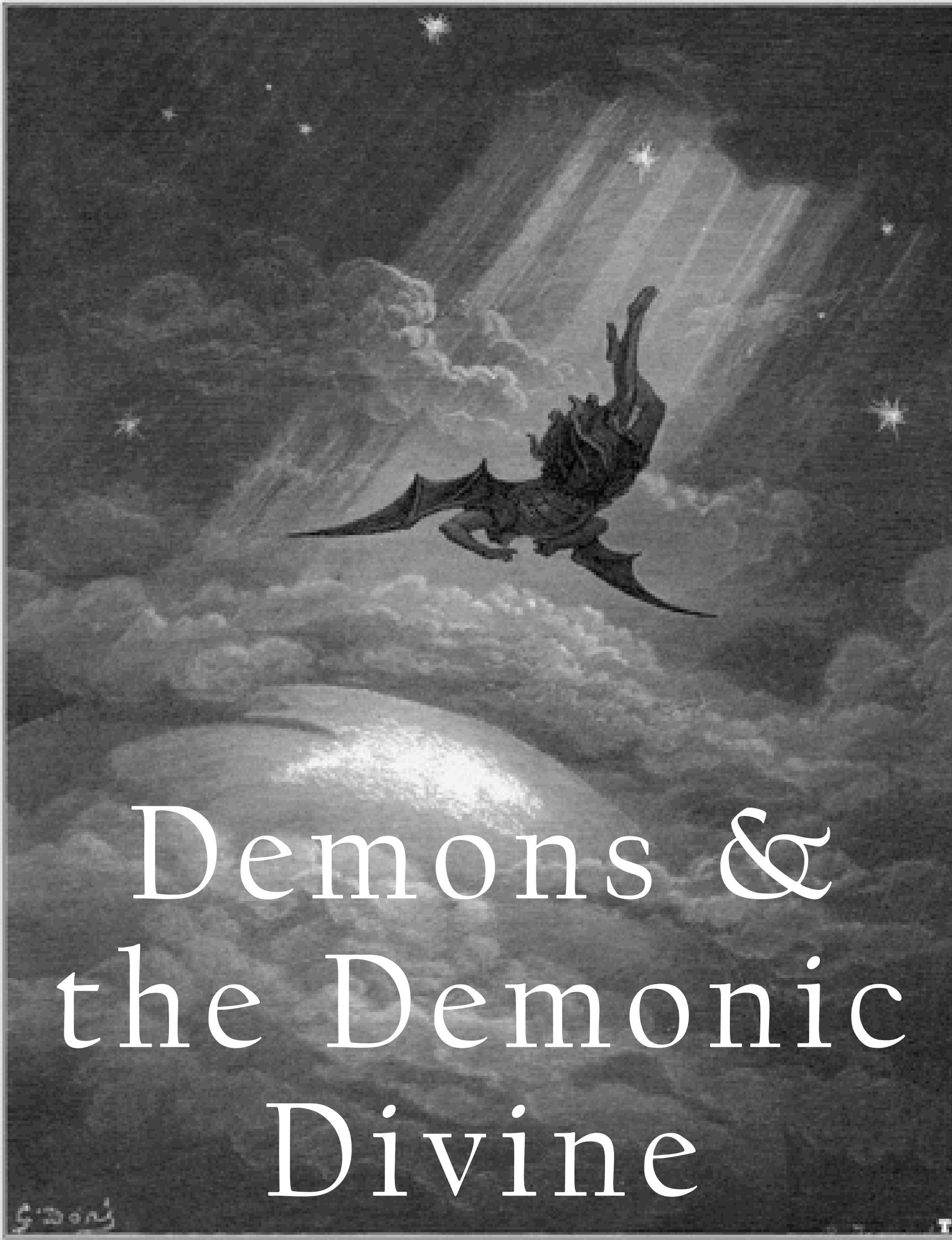
*Auriel Grace – A Gang of Girls Radio Hostess, Psychic, Soul Retrieval Practitioner and Author*

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# Demons & the Demoniac Divine

By Priestess Akelta Wilde

THE WORD “DEMON” oftentimes brings to mind images of torment and torture. We imagine Linda Blair in the Exorcist, tied to the bed, deteriorating and corroding at the mercy of her twisted inhabitant. We imagine the most deplorable of our society. The word demon in our society carries incredibly negative imagery and context, but for a moment I am going to ask you to step outside of the box. For a moment, I am going to ask you to come with me and explore a new perspective on demons, darkness and the demon divine.

We start at the source, our language and the evolution of the word. The word demon comes from the Latin word “daemon” and the Greek word “daimon”. Let’s take a look at their etymology.

c. 1200, from Latin daemon “spirit,” from Greek daimon “deity, divine power; lesser god; guiding spirit, tutelary deity” (sometimes including souls of the dead); “one’s genius, lot, or fortune;” from PIE \*dai-mon- “divider, provider” (of fortunes or destinies), from root \*da- “to divide.” <https://www.etymonline.com/word/demon>

The original definition of the word demon meant a divine being, a deity, a being who delivered messages from divine source. Let’s not forget though, that the pagan gods and the deities of old, many of them were not faultless; they were a mixture of darkness and light. Many of the demons of today had places in the ancient pantheons. They became dark and twisted beings with the rise of monotheism. Though I personally have nothing against monotheistic religions, there is an assimilation and dominating element to them where they will try to crush competing religions. They define and label gods and goddesses of those religions as villains. Any being that was not of holy origin was labeled “demon”. This happened across our history, over many cultures. Many of the ancient religions were persecuted and crushed as a result of this. Their spiritual myths and stories were reduced to heathenism and the spiritual beings that resided in them, all labeled as demons.

Though this blanket category has merged most beings into demons, it is not the true nature of demons, just as it is not the true nature of the beings who have been so carelessly misdefined. Demons are of divinity, they are from the darkness of divinity. Divinity is not just light, it is all spectrums. It is light, it is darkness and everything in between. Demons are the darkness of divinity.

I do believe that there are genuine demons out there which are different from the old pagan gods. Spiritual beings and creatures have been mis-categorized for centuries. This is another reason why demons get the horrible

name that they have today. All beings of darkness, whether they be high-vibrational darkness or low-vibrational darkness, are seen as demons and dangerous.

For centuries, the darkness has been seen as bad and the light promoted as good. This led to an imbalance in humans as a species, which led to the dark ages. Without balance in the human psyche or an understanding of the darkness that sleeps inside of us, we are doomed to regress into dark times. When one does not balance their darkness with their light, light enters a low-vibrational state and becomes toxic and harmful. Righteousness, piety and feelings of superiority rise and ones who claim to side with the light, act with pure malice in an attempt to crush other paths and perspectives that do not align with their own. The only result that can come from this is a corrupt, toxic light which leads to the death of thousands of people. The maturity of humans as a species comes from the understanding of our darkness.

Darkness became bad because it was labeled as bad. It was

There is a fascinating difference between high-vibrational and low-vibrational darkness and light, which should be explored to better understand the energies of the demonic divine

a side of humanity that was labeled wrong and dangerous. It was defined as something that needed to be fought against. However, when you fight against your own shadow, it grows. Eventually it will consume you, until you become the very thing that you hate most. The concept of darkness and the shadow self was defined and researched by Dr. Carl Jung. He is the genius who developed the concept of the shadow self and Jungian shadow work, which is what current shadow work has evolved from.

There is a fascinating difference between high-vibrational and low-vibrational darkness and light, which should be explored to better understand the energies of the demonic divine.



Low-vibrational energies naturally pull people down. On the dark spectrum, they are filth, rot, decay and they sink people. On the light spectrum, they are piety and righteousness. Spiritual beings and beings that dwell in low-vibrational energies consume, damage, attack and destroy. They can fill one's mind with troubling, intrusive thoughts and they can cause incredible harm and destruction to all those who cross their path.

Low-vibrational beings are the ones I believe we read about in hauntings, possessions and in cases of spiritual attack. Some of these spiritual beings attack humans with the intent of consuming their energies. Some just enjoy the carnage that their presence brings and thrive on the suffering of others. Others still, will attack from a place of righteousness, needing to destroy what does not conform to their definition of what is right. These are the traditional views of demons and though these creatures exist, they do not fit the archetype of demons that I have come to know.

Many of these creatures who thrive in this energy, I categorize as energetic sludge and corrosive beings. They are predatory in nature and will take actions that incite fear and pain in an attempt to weaken the individual's natural defences. This strips them of their true power. This is another reason why I think demons have been mixed in with these creatures. Many people who have religious backgrounds will become fearful when they are told that Satan and the demons are around them, tormenting them. As a result of this, these beings will project themselves as that archetype to incite fear in the individual. This fear opens up more energy channels that the sludge creatures will take advantage of.

Sludge energies can be removed through various energy techniques, including cleansing and banishing. Simple daily rituals can keep these energies away. Many people are not educated on the spiritual forces that can be acting on them and so can fall victim to these creatures. Humans are naturally spiritually powerful. Remembering the power that we have can help us to remove negative creatures from our surroundings and clear our space. The darkness in us also reminds us of how powerful we really are.

I believe many people who genuinely have negative experiences with "demons" are actually encountering sludge

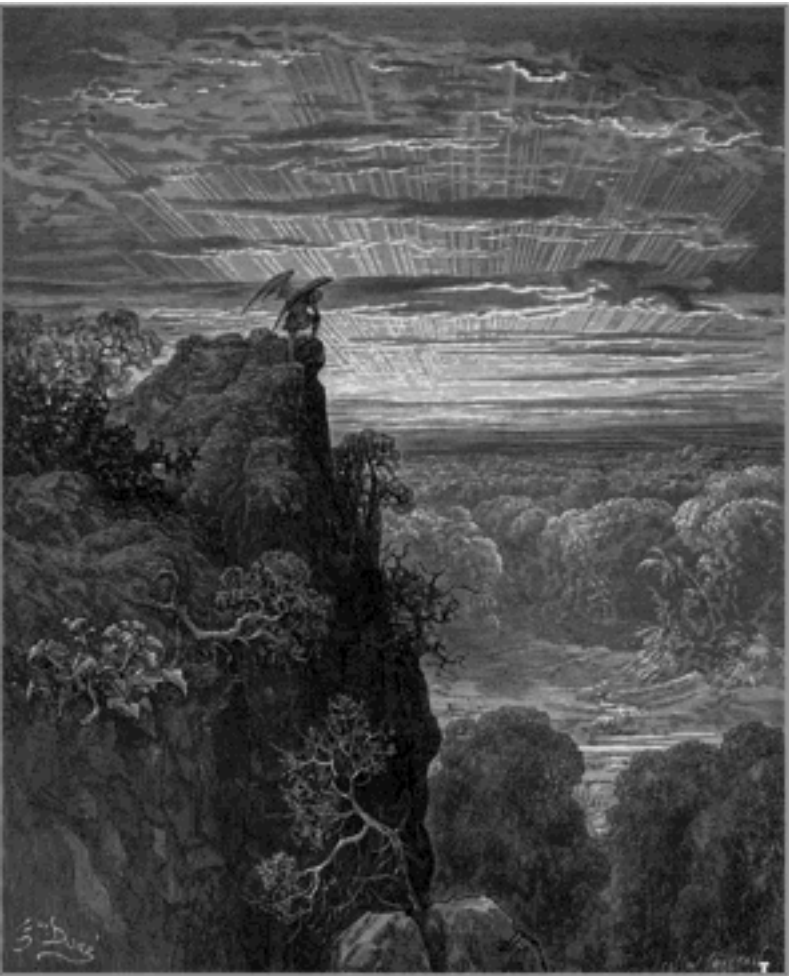
feeders. These beings can use one's fear of demons to scare them and make them more vulnerable to attacks, so that they can feed. We are curious of the spiritual world because it is a part of us, humans naturally are drawn to the mysteries of the unseen. Many of the hauntings are because, whether we believe in it or not, the spiritual world is there. Learning to work with the spirits, I believe, is a more proactive way of handling them than fearing them. Understanding how to cleanse and shield, protecting ourselves, knowing what is out there and what to do when these forces are encountered will go a long way to preventing spiritual attacks and empowering people to take back their spiritual authority.

High-vibrational light is very peaceful and empowering. It is the traditional definition of light and what many have come to expect of light work. What is unexpected, is the definition of high-vibrational darkness. Darkness is beautiful. It is passionate. It is life, it is creation. It is beauty, it is inspiration, it is raw and primal and something that is a natural part of our soul. The night is not evil, it is just the night. Yet it is dark, full of incredible beauty and secrets waiting to be discovered. It is in these energies that we find demons. It is the forgotten spectrum of the spiritual world in which they reside.

Learning about demons and learning to work with them can align us with the other half of our souls. It can align us with the shadow and darkness that has always slept in us. It can reconnect us with the sides of ourselves we must embrace and understand if we are to mature and gain a complete understanding of this world and our

place in it. They teach us to see through the eyes of the darkness that we all have. This work, shadow work, and especially shadow work with demonic forces, can cause one to be faced with energies within themselves that will lead to situations that can appear as a spiritual attack.

Demons are masters of shadow work and anyone who has done shadow work, knows how daunting and terrifying it can be. Shadow work can be healing, but it takes a great deal of work and a willingness to accept sides of ourselves we might deny with complete conviction. In shadow work, we face parts of ourselves that are terrifying. We face the darkness in our soul, the monster that we all are capable of becoming. There are wounds in the shadow that have not healed and horrors that remain locked away in the mind, which can haunt us. Our own



mind can be an eternal source of damnation and a darkness that traps us.

Some people are comfortable in their cage. When faced with the energies of the demons, which naturally are designed to balance our energies, they face that which they have tried to keep hidden. The result can be a very painful experience of resistance to these sides. This can lead to heightened states of panic, which from an outside perspective can resemble that of a "demonic" haunting. It is not the demon causing the issue. It is the individual's own unhealed pain that has come up as a result of being faced with the demonic energies, that puts them in this state.

Demons are very balanced and very comfortable with darkness, it is their element and what they are. As a result, they are comfortable with our shadows and can face the worst with calmness and guidance. When people have shadows and old pains that are repressed, exposure to demonic energies can trigger the release of these pains and force the individual to face them. This is one of the reasons why when one works with demons, they should have a good understanding of themselves. Or at the very least, be ready to begin a journey of understanding the darkness and the things that they hide.

This is not to say that upon meeting a demon one is suddenly going to have every childhood trauma and repressed energy open up. Over time though, working with them and being exposed to their energies, these sides will emerge and the individual will have to face them. Though overall, those who work with demons from a place of respect and understanding of their true nature, have positive experiences with them. Shadow work yields positive results in the end. That is one way to tell an attack from a low-vibrational being, to an encounter with a high-vibrational one. The low-vibrational one will tear the person down and corrode them, destroying them from the inside out. The high-vibrational one will strip them of their false shell and awaken their true self.

Humans work well with demons and

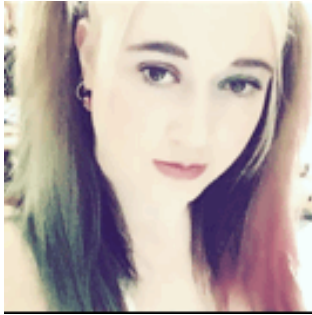
other high-vibrational dark beings, because darkness is within us. We are not creatures of light, we are a balance of both darkness and light. This is why it is very important to understand our individual energy balance on the demonic divine spectrum. It is why many people when they begin working with demons feel a sense of fullness. It is as if they were starving their whole lives and demons have brought them home and filled them with a meal their soul was craving.

The demonic divine is something that is very beautiful. Demons are not how they have been portrayed, they are a forgotten piece of our soul. They remind us of the darkness that is in all of us, the darkness that is all around us. Demons are the dark side of divinity. They are the dark half of everything and they are not evil, they just are. Good and evil are subjective and they have a great understanding of evil. They accept this and are not controlled by it. Those who understand the darkness are less likely to commit an evil act, because they know what they are capable of. They have faced those impulses and they can control them; this is balance.

When people work with demons, they experience a calm, wise and brilliant being who understands darkness and balance to such an extent that they are safe. Demons act as powerful protectors and spiritual guides. They understand their darkness and are not controlled by it. This is a goal that we as humans should embrace and work towards.

Remember that darkness is not bad, it is mysterious and full of secrets. Many of those secrets that the darkness reveals to us are lessons. They are lessons that help us grow. They help us to enter a place of energetic maturity where we are

calm, balanced and understand ourselves and the world around us. We can navigate the world from a place of intelligence and wisdom with this understanding. To surrender to one's own darkness, is to be humble to our true nature and know how fast it can act on us in unwanted ways. Those who walk with demons know that they are not here to torment or destroy us. They are here to help us remember our whole selves and the forgotten darkness that resides in all of us. The dark divine is something that has been shunned and feared, but we have to understand it along with the light to find our balance



*Priestess Akelta is a Demonosopher who has walked with demons since she was a child. She is one who believes that we should not try*

*to banish the spirits and entities from our lives, but rather seek to understand and learn to work with them. Humans have walked alongside spirits since before the birth of civilization. She teaches others to return to those practises, to find spiritual empowerment and fulfillment in their lives while staying grounded in this world. She is a mother of two, loving wife to an incredible husband and lives in B.C Canada. Visit her at <http://www.satanandsuns.com>*



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Lincoln, John Adams, or Sigmund Freud who all had predictive dreams?

## THE FEATURES OF PREMONITORY DREAMS

To unveil commonalities in predictive dreams, we must review some historical accounts where individuals have reported premonitions received through dream events. The information that follows offers brief accounts of dreams reported by notable figures throughout history. After an examination of the following accounts, a pattern emerges wherein the features of premonitory dreams becomes clear.

### JACOPO ALIGHIERI'S DREAM

Jacopo Alighieri (1289-1348) is the son of Dante Alighieri. Like his father, he is a poet and the author of the *Dottrinale*. Per information on the Dante Society of America, following the death of Dante, there were thirteen cantos still missing from the *Commedia* or *Divine Comedy*. The last thirteen chapters of the *Paradiso* remained lost until Jacopo had a dream visitation from his father. In the dream, he instructs Jacopo on where to find the hiding spot where Alighieri hide the material. Later, Jacopo's brothers recover the missing chapters in the precise spot Dante instructed in the dream.

### IN LETTERS FROM DR. BENJAMIN RUSH TO JOHN ADAMS

Robert Moss discusses "The Secret History of Dreaming" and a dream relating to the Founding Fathers of America. According to Moss, Dr. Benjamin Rush and John Adams, the second presi-

dent of the United States, corresponded through letters. One particular letter dating to 1809, Dr. Rush reports a dream he had involving Adams and Thomas Jefferson. A copy of the letter is available in full on The National Archives Online. Per the historical letter, Rush dreams of a conversation with his son who is reading historical information to him from a page. The information relates to the friendship and political differences between Adams and Jefferson. The dream reveals how both men would live rich, honorable lives. But, even more stunning passage revealing how both Adams and Jefferson "sunk into the grave at nearly the same time."

As history has it, both John Adams and Thomas Jefferson died nearly 17 years after the letter's writing on the same day, July 4, 1826. It was the fiftieth anniversary of the adoption of the Declaration of Independence. Adams passed away at 6:20 pm at the age of 90. Hours prior, at 12:50 pm, July 4, at the age of 83, Thomas Jefferson also passed away. At the time of their passing, John's son, John Quincy was the sitting president. The fact both men died on the anniversary of the Declaration of Independence led Quincy to call the timely passing of both men "visible and palpable remarks of Divine Favor."

### MARK TWAIN'S PREDICTIVE DREAM

Mark Twain had a predictive dream involving his brother. Henry is the younger of the boys. Both Mark and Henry worked on steamboats: The Pennsylvania at the time of the dream's occurrence. The boat they were working on made sail in Mississippi

from New Orleans to St. Louis. In the 1880s, Mark was sleeping in his sister's home in St. Louis when he dreamt of seeing his younger brother in a metal coffin. The casket lay open revealing the body of his brother with a bouquet of flowers resting on his chest. All the flowers were white but one. The final rose was red. The dream was so upsetting and vivid, Mark had difficulty returning to sleep.

Two weeks later, Mark, who was in his 20s, began working on a different riverboat while Henry remained working on the Pennsylvania. It wasn't long thereafter that a terrible explosion hurt several workers on the Pennsylvania, including Henry. Within a few days, Henry passed away. When viewing the body at the funeral parlor, Twain discovers several females paid for the expensive metal coffin because they had admired Henry. Seeing him in the coffin, Mark also saw a white gathering of flowers on his chest. As he stood there, another young lady approached with a single red rose, which she placed in the casket. All the elements in Twain's dream came true.

### THE PREMONITORY DREAMS OF ABRAHAM LINCOLN

Ward Hill Lamon wrote on the life of his former law partner, Abraham Lincoln. In his writing he tells of a time Lincoln reported having a dream where he had a premonition of his own death. According to Lamon it was in 1865 Lincoln shared his dream with his wife Mary Todd, Lamon, and a small group of others. Per Lamon's account, Lincoln reported dreaming of walking into the White House's East Room. In the



**D**REAMS SERVE AS a source of fascination for humankind. Some people believe dreams have no meaning, while others feel there is meaning in the visions we see when we sleep. Throughout the centuries and in cultures throughout the world, people have reported insightful dreams. Many even claim to have dream experiences where the visions later come true.

Interestingly enough, researchers have found people are often willing to believe dreams hold personal insights. But, the same individuals will hold different views on whether dreams can predict future events. In fact, people's belief systems and

predilections play a huge role in how they perceive dreams. As an example, if a person believes in God, they are more apt to take a dream where he delivers a message to them seriously. People who perceive time as linear, versus those from cultures where people perceive time as cyclical, are less likely to see dreams as capable of offering insight to future events.

Would it surprise you to discover throughout history people have often reported having dreams that later came true? Would you be more convinced predictive dreaming is possible if you knew people like Julius Caesar, Nero, and Dante Alighieri's son Jacopo, all reported predictive dream experiences? What about the likes of Mark Twain, Abraham



room a gathering of soldiers and people who were grieving were surrounding a covered-up body. Lincoln saw himself asking a soldier who had passed. The soldier informed him it was the president who had died by assassination. Lincoln reported to Lamon the body he saw was not his own, so he did not see the dream as having predictive meaning.

Historians debate whether Lamon’s telling is true as there seems to be no mention of the dream by Mary Todd after Lincoln’s passing. Still, there are other dreams where Lincoln indicates a belief in the predictive nature of dreams. One such dream occurred when Lincoln writes a letter to Mary Todd in 1863 who was in Philadelphia with his ten-year-old boy, Tad. Lincoln advised Mary of an “ugly dream” he had about Tad and his pistol. He advises Mary to put the pistol away as if looking to avoid having the premonition come true.

Some members of Lincoln’s cabinet also report a dream Lincoln had on the day of his death. In this dream, Lincoln saw a ship sailing on a dark body of water. The ship was moving fast to parts unknown to him. This dream was a recurring event for Lincoln, seemingly to emphasize its importance. The dream would happen whenever there were significant events during the war. Some people feel this dream was an omen and warning of Lincoln’s death.

FEATURES OF PREDICTIVE DREAMS

As we look at the common features in the above-mentioned dreams, keep in mind there is no general rule in how predictive dreams present themselves. The examination of dream features may end up helping in the identification of dreams of major import, but it doesn’t classify every potential predictive dream.

Predicting major or monumental events: In all of the above reports, predictive dreams tend to report major life events or conditions of importance. Of course, we can’t say all predictive dreams offer information on major events. Experiences of de ja vu might come from dream fragments that later prove true thereby invoking the sensation of “seeing or experiencing something” before the actual experience. But, many of the memorable dream reports rely information relating to pending deaths or potential harm to the dreamer. Such is the case in the dream of Dr. Benjamin Rush, Mark Twain, and Lincoln. In the case of Jacopo Alighieri, the dream relies important information relating to the life’s work of Dante, who, through a dream, reports the location of such material himself.

Vividness and Specificity: Predictive dreams are often vivid in terms of imagery and color. They are also specific in the information they rely (unless the dream comes through with significant symbolism). In Jacopo Alighieri’s dream, the specific location of lost material gets revealed to

him. In letters from Dr. Benjamin Rush to John Adams, Rush reveals information predicting the eerie and seemingly synchronistic passing of Adams and Jefferson. Mark Twain’s predictive dream is both vivid and specific. He recalls the imagery with concise recollection only to have the images he saw happen in the order they first appear in his dream. Finally, in the premonitory Dreams of Abraham Lincoln, eerie, vivid symbolism is suggestive of danger looming on the horizon. Note: It’s important to consider the after affect of a dream fulfilled when considering the vividness of dream recall. The chicken or the egg question applies here. Is the dream so vivid it becomes memorable or is the dream more memorable after the events the dream predicts happen? In some cases, it might be a little of both.

Color: Some predictive dreams a vivid with a variety of colors: Such is the case in Mark Twain’s dream. Other dream recounts have no mention of colors. In the case of Lincoln’s dream, the ship setting sail is a dark or dim one. It might suggest a lack of color or a gray-scale color presentation leading to the assumption the dream foretells death or other ominous circumstances. Since the dream recurs during major events during wartime, this supports the idea that gray-scale or dim dreams result in ominous predictions.

Evocation of Intense Feelings: Clearly, predictive dreams often move the dreamer to consider the dream experience. Some dreamers are stirred to discuss

the dream further or share the insight they receive. This is the case in the letters from Dr. Benjamin Rush to John Adams, who felt it important enough to write about in one of his letters to John Adams. It was also emotionally intense enough for Mark Twain to want to share his predictive dream experience with others. With the reports of Lincoln’s dream, again the experiences moved the president to talk about his dream experiences. Those who heard his revelations where moved to speak about Lincoln’s dreams following his death.

Frightening imagery: Many predictive dreams contain eerie imagery. In Jacopo’s dream about the location of the thirteen missing cantos of The Paradiso, his deceased father appears to him, which might prove unsettling. The disturbing notion of Adams and Jefferson “sinking into the grave” at the same time, may have been enough to make the dream memorable. Lincoln’s ominous dream became a forewarning during wartime and remained and omen well into his future days.

Literal or symbolic: There seems to be little to no division on whether a dream will come across as symbolic or literal. Mark Twain reports one of the most literal dreams and to the letter. All other dream reports seem to have a mixture of literal and symbolic information in them. It’s clear the subconscious mixes the use of symbols and literal images to convey messages of import.

Just this brief examination shows premonitory dreams have several commonalities. Many predict important events with vividness and impressive specifics. Color reports vary but can contribute to the ease of dream remembrance and setting an understanding of dream tone. All premonitions seem to evoke intense feelings of the dreamer, whether it is about the dreamer themselves or some other person. Such dreams tend to stir people into action and to share what they’ve dreamed about with those they feel may understand the meaning of the dream. These dreams can come with frightening imagery, most likely in an effort to help the dreamer remember them. Finally, there seems to be no distinction between literal and symbolic images in dreams predicting the future. These dreams show up with a mix of both.

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Lucky Frog Tarot: <http://www.luckyfrogtarot.com>.

Dayna Winters Books: <http://daynawinters.blogspot.com/p/books.html>.





# Paranormal Research Field Trends and Implications

by Nicole Strickland

JUST AS WITH any other specialty, paranormal research is an ever-evolving field that goes through various changes and trends. There are many aspects that affect the shifting developments in supernatural study, whether they include new theories, advanced equipment, fresh experimental methodologies, metaphysical approaches, etc. As with any field, time yields these augmentations so as to prevent stagnation; in other words, it's imperative that we maneuver through these inevitable trends so we can keep the door open to expanding our knowledge and understanding of what lies beyond the mortal realm. This article will explore some of the commonly pervasive trends in today's study of the supernatural and how they affect the field at large.

## TECHNOLOGICAL ADVANCES

Indeed, the field of paranormal study has progressed technologically since the days of the field's founding fathers. In the early days, those studying the supernatural relied on non-technological ways of approaching field methodology. Today, many modern researchers still employ many of these ingenious ways of approaching paranormal investigation in addition to using various constructed devices specifically for supernatural research. While this article doesn't focus on this aspect entirely, it will mention that each family of electronics (photography, videography, audio, surveillance and environmental monitoring, etc.) has seen drastic industrial advances and improvements, which obviously provide benefits, and even some drawbacks, to supernatural researchers. Again, this concept

should be solely addressed in another article altogether.

One common trend lies in the ability of engineering / technological specialists to augment a device so it functions better for paranormal research standards. For example, AM/FM radio scanners / ITC devices can be altered to allow for less static noise, ultimately allowing the researcher to better hear any anomalous voices or sounds emanating through the device. Another illustration is evident in the Xbox Kinect system, which can be plugged into a laptop computer and highlight with lines and dots, the exact positioning of an alleged apparition. Various environmental monitoring devices have "three-in-one" utilizations. For example, one of the versions of the "Mel Meter" has EMF, shadow detection and KII functions built into one device. Of course, this provides for convenience; however, there may be drawbacks to lumping all of these uses together in one device. Please keep in mind that there is no such thing as a "ghost detector." There isn't one piece of equipment that has proven the existence of ghosts, spirits and other paranormal entities.

The utilization of technology in paranormal research may seem fool-proof; thus, it's always beneficial to realize that even the most advanced, up-to-date apparatus comes with imperfection and flaws. This is why it's mandatory that all researches completely understand a gadget's design, function and reasons for use. I continuously ask myself this question, "Do all of these various improvements in technology help or hinder us in terms of paranormal research?" In discussing this aspect with trusted colleagues, I have found pros and cons to modern-day leaps in technology. As you shop around for more modern types of equipment, please be aware that, even though your chances of capturing an anomaly may be increased with more gadgetry, in my opinion, the more convoluted your environment is with added, sometimes unnecessary, types of equipment. Another drawback affects the investigator directly as he or she will have to spend more time monitoring excessive technological pieces when he or she could be entirely focused on the environment. In my opinion, you don't have to own every single technological gadget utilized in paranormal research. That would be ridiculous. Carefully study and choose which devices you want to own so you can create an equipment arsenal that includes those designed for photography, videography, audio and environmental monitoring, etc.

## METAPHYSICAL INSTRUMENTS

This leads me to the next popular trend occurring in today's supernatural research field. In addition to electronic gadgetry, the use of metaphysical instruments is becoming more mainstream for many researchers, including psychics and mediums. Many intuitively inclined individuals use metaphysical tools in communicating with spiritual energy. Those deeply based in scientific approaches may cringe at the thought of using items like gems and crystals; however, you have to realize that paranormal study is not an exact science. Thus, all the more, should someone welcome a variety of approaches to the field's ongoing study.

Historically speaking, various gems and crystals are deemed to hold supernatural powers of their own. Wearing them on your person may assist (almost like a liaison) in communing with spiritual energy and empowering your innate psychic powers. Using them in conjunction with technology may assist the device in picking up spiritual energy. I believe that everyone has some intuitive ability; however, it's similar to a sport in that the more you practice, the better you will get. Various gemstones and crystals are utilized for promoting mental and psychic clarity (Amethyst), absorbing or deflecting negative energy (Amber, Black Tourmaline), removing stress and unwanted tension (Celestite), uniting the mind, body and soul (Celestite), etc. – all useful for anyone working in the paranormal research realm and beyond.

In my opinion, blending intuition, technology and metaphysics allows for a more holistic approach to working with spiritual energy. It is for this reason why the San Diego Paranormal Research Society often employs the use of diving rods, pendulums and certain crystals as they can serve as an adjunct to technology. For example, let's say we capture an EVP of "Yes" in response to the question, "Is anyone here with us?" in addition to our divining rods also crossing, which indicate a "Yes" response. That's two pieces of corroborating evidence, ultimately authenticating the spirit reply all the more.

## SPIRIT RESOLUTION VS. PARATAINMENT

Thankfully, many paranormal investigators and psychics are taking up more of an interest in providing spirit resolution to many ethereal beings that may need assistance. This is the focus of the San Diego Paranormal Research Society whose projects are twofold: conducting an investigation as well as offering some spirit counseling. If our research is



GHOSTS/HAUNTINGS

suggesting that life does exist after the physical body ceases to function, then all the more should we offer to help provide peace and harmony to those in the spirit realm.

Investigating and acquiring potential evidence of the paranormal is important for the ongoing study of the supernatural. However, I am always left with the question, “Okay, what now?” It seems that the cosmic universe is onboard with assisting us in the appropriate communing with the ethereal world. Perhaps, the pervasive intrigue into the supernatural realm exists as a way to recruit those who will genuinely

assist those who are in need of help. There seems to be a shift in our collective outlook

regarding mainstream media and “paratainment” as far as the paranormal is concerned. More and more people are realizing that the various sensational TV shows do little to authentically advance the field of paranormal research. While these shows serve mainly to entertain the masses, they don’t accurately portray real-life supernatural research and investigation. Furthermore, the sensationalism surrounding these shows does little to promote spirit resolution as it more or less exploits the dead via egotistical objectives.

It seems as though the once feverish intrigue into the ghost hunting phenomenon is finally on its way out as more and more individuals are on a quest to delve deeply into what matters: not only discovering what lies beyond the mortal curtain but devising ways to genuinely connect with spirits. Those who fervently engage themselves in down-to-earth paranormal research, including

proper protocol, standard operating procedures and empathy, are becoming more comfortable calling out those amateur groups of people who act in manners that disrespect the departed and the field at large. All in all, I do see more and more genuine, grounded paranormal research teams expanding their repertoire by helping the ethereal energies they investigate and commune with. In my opinion, this is vital in the rapport building between the living and departed – the ultimate, natural way to improve not only the research arena but how the public at large perceives it.

can unite for the purposes of not only advancing the field but helping those otherworldly beings in need of assistance. I am hoping that one day, this will be accomplished in entirety; but for now, we need to all realize that “ego” needs to be removed from the equation when communicating, studying and working with the ethereal world.

EDUCATION

More and more paranormal research specialists are jumping onboard to educate the public and each other about various aspects related to the supernatural. Again, technological strides and improvements in social media directly assist in these educational concepts reaching the masses. Individuals are volunteer-

ing their time to lecture at libraries, local events and national conferences all designed to bring together those who possess a budding interest in the paranormal. The same goes for researchers who educate those at colleges, universities or via local avenues. The online presence is even expanding with new radio shows, informative documentaries and television designed to teach those about haunted locations and history, paranormal research experimentation, etc. Many teams are starting to blog more about their conducted investigations and findings or even offer live-viewings of actual investigations. More and more books discussing diverse aspects related to the supernatural are being published. Indeed, education is at the forefront as it allows people to come together and expand their minds; in doing so, the field of paranormal study will also continue to develop.

More and more people are realizing that the various sensational TV shows do little to authentically advance the field of paranormal research.

GETTING RID OF “EGO”

This brings me to my next point, which is to highlight how human ego and working with spiritual energy do not mix. In a sense, they are like oil and water, having nothing in common. Ghost hunting teams sprouted like grass after a long rain once the televised paranormal shows commenced their craze. During this time, it was common to see teams sporting their t-shirts and other team promotional items, initializing a phase of competition between groups. As the concept of ghost hunting wanes, we are seeing an influx of those who want to delve deeper beyond the superficial façade of ghost hunting. We are seeing certain groups of paranormal investigators coming together to not only assist each other but to improve paranormal research as a whole. This is so vital and necessary for the eventual building of one, giant collective supernatural study unit – where all like-minded teams



Astrology with Rev. Rhonda

“An Introduction to Divine Astrology”

by Rev. Rhonda Schienle - Sister Sage



HE IS WISE who understands that the stars are luminaries, created as signs. He who conquers the stars will hold the golden keys to God’s mysterious universe.”

- Nostradamus

Divine Astrology is an amazing method that was rekindled many years ago by Louis Turi, a metaphysical teacher who was born in the South of France, as was Nostradamus. This method according to Louis was what the great 16th century seer Nostradamus had originally founded and utilized. If you think about the days of Nostradamus, there were no watches, computers or software programs that plot out an ephemeris on a moments notice.

What they did have in those days were cycles, patterns, rhythms and themes that were noticeable.

An example of this is, without looking at our modern day calendars, we can look outside and see if the leaves are falling off the tree as it has in times past. Then comes winter where snow is falling and there is not much fruit or berries on those trees. Our ancestors were very in tune to the rhythms and cycles of nature.

They even began to realize the waxing and waning of the moon, the tides and weather changes affected their time to fish and gather food.

To this day, we use the same concepts. Many fishermen use these same principals with the moon fluctuations to know the right time to go fishing. Some farmers and gardeners use a “Farmers’ Almanac” to determine moon cycles and other upcoming predictions of weather cycles to



plant their crops.

With Divine Astrology we are not using mathematical equations or terms ordinarily used in traditional astrology like “trines” or “squares.” So these naturally occurring phenomena’s are precisely what Divine Astrology is based on. It is a natural method and process. As some would say; its own natural rhythm.

A great example of this is to use your birth month. If your birth month is in January, Divine Astrology determines you are born in the constellation of Capricorn, regardless of the day. If you are January 30th, some traditional astrologers may say you are an Aquarian. This is true. However, with Divine Astrology, your natal chart and what they call a “housing system” begins with Capricorn.

See the image below:



This is what sets Divine Astrology apart from other methods.

So the 1st house in the above wheel you would place Capricorn first, then Aquarius in the second and go all the way around to 12th, which would end up as Sagittarius.

The method I use does not mean that the other types of astrology are wrong. There are many ways you can arrive with similar information. What I like a lot about this method is again, there is no mathematical jargon and it is uncomplicated.

What is important to know when you are having an astrological reading done, you have a set of stars when you are born that will be with you forever. Keep in mind, that the planets are in constant motion, so these changes are affecting your birth chart. The term birth chart or natal chart is often used interchangeably.

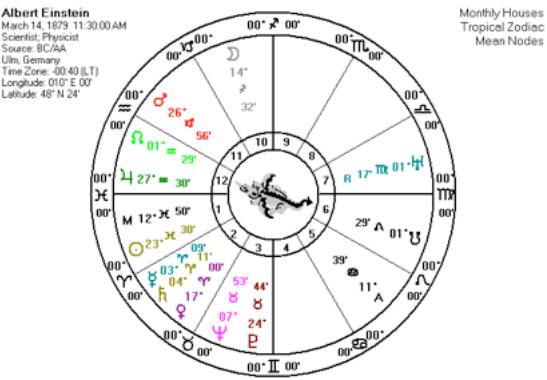
The current planetary locations are what astrologers will use to see what influences are happening as it relates to your birth chart. Perhaps you can recall times in your life where you feel a certain year was quite a change with career and moving to a new home. Can you recall a time where you noticed that you were going through changes in relationships or marriage?

As I share with my clients, these changes are all happening for a reason. We are here to grow, learn, change and yes, even heal past wounds. Some of these wounds are from past life. I call our past lives 401K rollovers into this lifetime; so it can be acknowledged and healed.

So when someone is born into the sign that they are, they take on not only the past life information, they have now inherited the influences of their current stars and luminaries. They begin that first house I mentioned above in the diagram.

I would like to give a fun example of what this looks like. This magazine is called “Let’s Talk.” So let’s talk about Einstein. Albert Einstein was born March 14th, 1879. From

the start he is a Pisces. Even if he was born after March 20th, his first house in his birth chart would be Pisces. Here is how his chart looks when he was born.

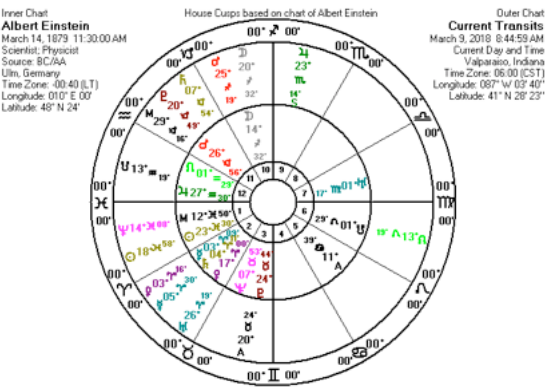


There are so many things I look at when I do readings for clients. This is however, exactly how I see a birth chart using the Divine Astrology method.

What is so fun, is learning what each symbol and zodiac sign truly means. There are so many keywords that belong to each one. However, you begin to capture the essence of each sign and symbol as time goes on.

In my book “Sister Sage’s Astrological Journeys” I offer many keywords to each zodiac and symbol.

I take their birth chart then super impose the current planets and their respective placements. Taking Albert Einstein, I have done his birth chart with today’s astrological influences to illustrate what it looks like.



The middle circle is the one where he was born (birth chart), and the outer

circle is today’s planet locations.

If any of you know people born in March, they have wonderful creative imaginations. That is the general rule. I have to look at entire chart to see how all the planets, symbols and luminaries are being affected.

Einstein truly was gifted with imagination, vision and creative talents. Most would also classify him as extremely eccentric, forward thinking and a rocket scientist. I would agree especially looking at his birth chart.

One of the most important things I look at in anyone’s chart is where their Dragon’s Head (12th house and 6th house respectively) or Dragon’s Tail resides. The Dragon’s Head in the chart above for Einstein looks much like a horseshoe, where as the Dragon’s Tail looks like an upside down horseshoe. These two influences alter many things, one being their personality traits and very telling of what they are to work towards in this lifetime. In addition, it informs me where they came from and did in past life.

The Dragon’s Head is to inform the Soul what they are here to attain, strive for, learn and grasp. Whereas the Dragon’s Tail, is indicating what type of life the Soul had previously. This includes if the Soul lived as a male or female. This is important because even if it is not conscious to our minds, it dwells within us, our latent subconscious memories. Ultimately, what can happen is we slide back to old patterns of this former life and not working toward the new knowledge, which is the Dragon’s Head.

This is why the quote I used at the beginning from Nostradamus is very telling, “He who conquers the stars will hold the golden keys to God’s mysterious universe.” How empowering it is to know this information so that we can utilize our inherited gifts, know when change is upon us and grow to our fullest potential. It is such a pleasure and privilege to help others on their journey.

If you would like to schedule a reading or purchase a signed copy of my book, please feel free to go to my website at <http://www.karmiclaw.com>

Safe Astrological Journey’s

Rev. Rhonda Schienle – Sister Sage

Reverend Rhonda L. Schienle became an Ordained Interfaith Minister in 2011 through American Institute of Holistic Theology and Order of Universal Interfaith.

In the spring of 2017, Rev. Rhonda was proud to become her own publisher and wrote her first book entitled “Sister Sage’s Astrological Journeys”

In 2004, Rhonda earned her Master’s of Science in Holistic Ministries and in 1999 she received her Bachelor of Science in Metaphysics.

Currently Rhonda is proudly serving as Director of Communications and Media for “A World Alliance of Interfaith Clergy” that is growing exponentially as more people are enjoying the spiritual awakening process in our world.

Rev. Rhonda is the founder of “Interfaith Ministry Services LLC” in the Northwest Indiana region, where she enjoys working within the full circle of life experiences. This includes weddings, spiritual baptism to celebrations of life.

Prior to Rhonda’s ministry calling, she worked in traditional medicine. In 1994 she shifted towards holistic medicine and became a massage therapist. She developed and taught a 500-hour massage therapy course. She completed her Reiki Master training in 1999. She has additional background in Chiropractic Assistant, EKG Technician and Hospital Unit Secretary.

Want to be in the next issue of  
Let’s Talk Magazine

Send your article ideas to us!  
[letstalk@letstalkradio.net](mailto:letstalk@letstalkradio.net)



# The Afterlife Is To Die For Amazing possibilities await us all

By John S. Weiss

ONCE UPON A time, the word “impossible” was deeply ingrained in my vocabulary. It was my word of choice when confronted by nearly anything that defied common logic. ESP? Impossible! Remote Viewing? Impossible! A conscious, let alone intelligent, universe? Freakin’ impossible! Benign spirits that exude kindness and compassion? Unquestionably impossible!

Now, I approach the word “impossible” with extreme hesitation accompanied by a little shake of my head and a slight giggle. I know that word is corrupt. I know it is limiting. I know how dismissive it is of the unknown. I know because I was smacked over the head with new ideas, new truths, new beliefs, and new insights that my former self would have laughed about until it hurt.

My life has been rudely separated into two parts: the me who existed 62 years before my afterlife awakening, and the new me who has a whole new perspective on practically everything.

Life is a wonderful and mysterious experience, indeed. Now, multiply that by a thousand and you begin to scratch the surface of what awaits us all in the afterlife.

Many of you already know this. Many suspect this. But many think it’s a load of hogwash. As you are now aware, that’s the category I firmly belonged to before I was unwillingly yanked into the most profound experience of my life.

I don’t even know how to begin to describe this journey without going into a zillion details. So I’ll just reveal a few of the countless things I learned. If you’re wondering if I entered the afterlife via an NDE, the answer is no. All I did was get very tired reading a book about Iwo Jima and then, as was my nightly ritual, deeply meditate myself to sleep.

The following day, while savoring a large cup of robust coffee, I began to recall an impossibly realistic dream I had about being involved in mortal combat on Iwo and meeting a very affable soldier sharing a crater with me. Holding our heads low, we heard a cacophony of enormous explosions, bullets buzzing by, men screaming and crying, and the distant lapping of a gentle tide. There were also the vivid smells of total war: Burning flesh, cordite, red hot metal and so much more. My eyes were stinging and tearing. But it was just a dream. An all too mind-numbing dream. So I thought. The next night, after my peaceful meditation, I found myself back in the same spot with the same soldier, Lyle, talking to me. Telling me I wasn’t really dreaming. Yeah, right!

Well, that was the beginning of a whole series of dreams that can be described as bizarre, fascinating, mind-blowing, frightening, and thoroughly life changing. As you can imagine, I first thought there was something seriously wrong with my mind or that someone had slipped some hallucinogenic substance into my toothpaste or mouthwash. Instead of thinking meditation, I began thinking medication. I mean, having a spirit and his charming spectral

girlfriend giving me a tour of this marvelous place is mighty hard to swallow.

But when Lyle showed me absolute proof\* that I wasn’t having a series of weird, yet normal, dreams, I felt as though I had been hit by a bolt of lightning. Me? Asleep? My mind in the afterlife? Once I accepted this (impossible) new reality, I became the perfect student and learned incredible things about a wide range of topics that turned my head inside out. Well, that’s a bit of an understatement, to put it mildly.

Here are a few things that may whet your appetite. When you die and all electrical activity ceases in your brain, an infinitesimally small bundle of four fundamental particles is released and (quantum) tunnels its way into the afterlife. This particle bundle, which is fused together by an enormously strong force, retains all your memories from slightly before birth.

That’s the key to the afterlife: memory. But memory unlike anything you can possibly imagine. Encompassing all your senses, these memories are vividly photographic and are immediately accessible to all the other particle bundles in the afterlife. That’s right. All memories are shared and passed down through centuries. And I mean ALL memories from people like Homer, Einstein, Genghis Khan, Cleopatra, Elvis and even Hitler. Hitler? Yeah, the afterlife is neither Heaven nor Hell. There’s nothing remotely religious about it.

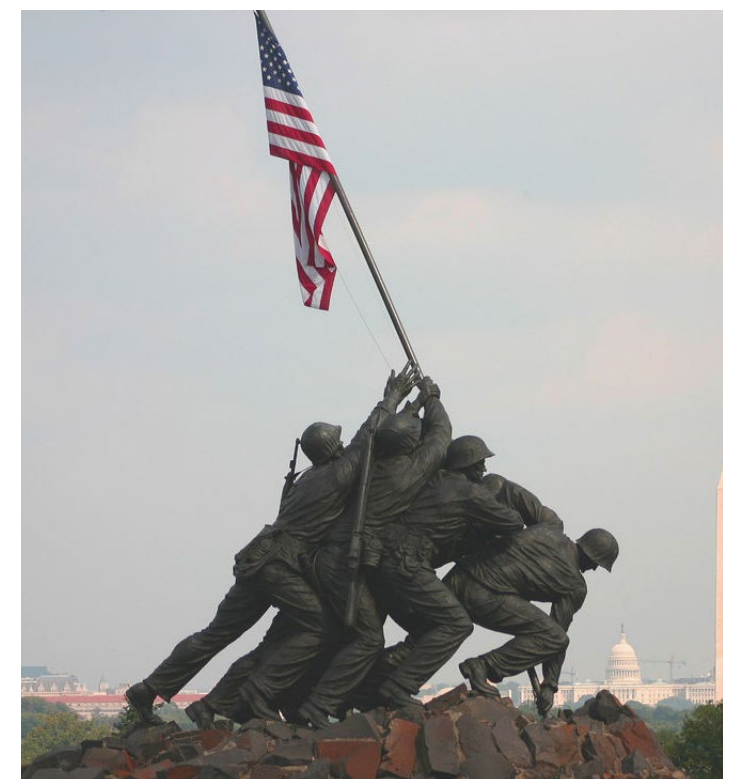
Sound strange? It gets even stranger! So strange, in fact, that to present more details at this point would make most people think I belong in a straight jacket. Once I was taught all about these bundles, including the physical properties of this dimension, I began to learn all about the human brain and how it’s programmed from birth to actually inhibit our capabilities.

While we are alive, our brains restrict the powerful potential of particle bundles otherwise we would not have a civilization. Everyone would be an

utter genius. We’d see in all wavelengths. We’d hear all decibel levels. We’d have super sensitive taste, smell and touch. We’d be connected mentally to everyone alive as well as anyone who had passed away. We’d be beings far too preoccupied to create the cultures we have today.

On the flip side, our civilization is as advanced as it is in the arts, science, engineering, politics...etc. because many people have slightly to grossly dysfunctional brains. What? Sound nuts? Well, think about this. Brain dysfunctions, from minor to major, allow many particle bundle capabilities to be utilized. And how do doctors classify these individuals? They’re called savants. And mild savants like Einstein, Thomas Jefferson, Michelangelo, Beethoven and countless others, have used their brilliance to shape our world. Without these savants, the world would be dull, indeed. At the other extreme, seriously incapacitated savants like Rainman, have extraordinary, mind-boggling talents that baffle the minds of everyone.

Night after night, as my mind visited this fascinating reality, all my questions about anything and everything were answered. I’ve always been a devout atheist, but what I was told about Jesus, as well as the possibility of a universal intelligence, made me seriously question my own beliefs. Was I brain washed? Yes, but gently. They wanted me to know that life is not just a scientific miracle due to chance and coincidence, but a reality thanks to a creator.





No, this creator is not some guy in a white robe surrounded by angels who answers our prayers. This he/she entity is a creative force that permeates the past, present, and future. These are just my spectral friends’ beliefs. So don’t worry, all beliefs and faiths abound. If you’re expecting angels, halos, and diaphanous spirits playing harps, that’s just what you may see. The afterlife is everything to everyone.

I can honestly, yes honestly, say that Lyle and his girlfriend Betty are wonderful, understanding, patient teachers who showed me the other side of life. It’s just very complex, basic science that allows life to go on. It’s perfectly natural, and, one way or the other, we all get there.

\*Absolute proof, you ask? Well, I think so. I hope so. During all of my initial dreams, I kept telling Lyle that this was all a bunch of crap – just some very outlandish dreaming and that he was simply a figment of my imagination. I wanted to wake up with a leaf, a pebble, or a flake of bark in my hand that would prove to me that something had actually happened. He reiterated that everything I was experiencing were old and new memories and that they weren’t solid matter. However, he did have a scheme up his imaginary sleeve. He said he would take me from his dimension into mine, and find something solid that would substitute as proof. So, the next evening, while I was firmly asleep, he took me to a place on Manhattan’s upper East Side, and, together, we found a pile of broken red plastic from a tail light in the gutter, and a small paper sign taped to a nearby light pole advertising a dog walker. He told me to return to this spot early the next morning, and if some of this stuff was there, I’d have a semblance of proof. Of course, I ran up there the next morning, and all the stuff was there in nearly the same form as I had seen it. I was so excited, and nervous, that I could hardly breathe. From that moment on, realizing I was experiencing a very special gift, I took it all seriously. Right now, some of you might be thinking that this little excursion could have been an out-of-body experience or even dream-induced remote viewing. But certainly not the afterlife. In either case, those two theories would be astonishing to begin with! However, given all the amazing things I learned from Lyle and Betty, I must have been in that profoundly wonderful afterlife.

Why particle bundles are probably responsible for EVP.

As I mentioned earlier, particle bundles are composed of four fundamental particles that are tightly fused together by some enormously strong bond. (To learn all about the creation of these bundles and the startling implications surrounding them, read my book.)

Now that I’ve shamelessly plugged my book, let’s move on. Once a woman is in roughly her eighth month of pregnancy, the particle bundle within her fetus turns on what is called the signature vibration. This vibration, which emanates from the central core of the four bonded particles, is actually a sort of radio frequency, and every person alive (and dead) has their own individual frequency. Just as we can be identified by our finger prints and DNA, those in the afterlife are identified by their frequency. What’s more, they use it to communicate with each other.

So.....the entire universe is constantly being flooded by these seemingly undetectable messages. But are they really undetectable? Nope! Sophisticated radio receivers can pick up these signals as everything from static to interference to ghostly messaging. In fact, all recordings from the dawn of the industry contain EVP. It’s just very difficult to identify.

I’m not sure I made it clear, but when our bundles are activated before we’re born, they begin broadcasting to everyone in the afterlife, including all our deceased loved ones. Which means they can closely monitor our lives. And if they know we’re experimenting with EVP, they may attempt to communicate with us and send personal messages. If I’m correct, you’re probably getting the chills as you let that sink in.

And if I’m correct again, you’re probably running out to get a decent digital recorder. But don’t drive too fast because you don’t want to end up in the afterlife before your time.

For additional information, please visit [Afterlifeblog.com](#). My book, *The Afterlife Is To Die For*, details everything I learned and experienced. It’s available in paperback and Kindle formats on Amazon.

That’s the key  
to the afterlife:  
memory.

# UNEXPECTED DINNER GUEST

By Erin Riley

NEVER THOUGHT I would need to start an article with a disclaimer, but here it is:

*Disclaimer: This is a true story, but the names and place identifiers have been changed to protect the departed, her family and friends.*

Not being trained can put you in danger in many different realms of life. I am not going to play around with motorcycles, chainsaws, CAD design programs, rattlesnakes, SCUBA gear, or airplanes because I know nothing about them. I don’t want to get hurt or possibly hurt others. Not understanding mediumship abilities can get you in trouble, too, if you don’t know what is going on. I have been able to communicate with spirits who have not crossed over since I was very young. I didn’t understand what was happening to me until I was in my 20s. During my 30s and now into my 40s, I write down their stories and help them cross over. After all these years of working closely with spirits, I know when they are close, talking to me, or trying to get my attention. It has taken me years to get to this point, and I am, in fact, still learning. This article is a testament to my ever-evolving understanding of the universe around me, the impact we have on those around us—even when we don’t realize it, and all the forms that true friendship can come in.

When I bought my first house here in Roswell, New Mexico at the beginning of May 2012, my oldest daughter and I were in the kitchen making our very first dinner in the new house. We were talking and laughing, enjoying the moment as, indeed, it was special. I even remember what we were making: chicken alfredo. We were alone in the house. Suddenly we heard a voice ring out, “Knock, knock!” The sweet voice of a young woman, very cheery, greeted us as if she was inviting herself in, eager to meet new neighbors. My daughter and I looked at each other, confirming that we both heard the voice and went to investigate. No one was in the living room. The front door was closed and locked. No one was outside. But, we both heard those two words, “Knock, knock!”

The rest of the evening passed without incident. The sound of the woman’s voice, though odd, wasn’t something that would shake my daughter or myself, as this isn’t necessarily out of the ordinary for us. But, then the dreams started. Over and over I would dream of a young woman, not even out of her teens yet—beautiful, with a full life ahead of her. She would talk to me about her hopes and aspirations. She would cry and show me how scared she was. She showed me how she ran. She showed me how she was trapped in the back of a truck, tied up, covered in a tarp, being taken out into the woods. She showed me her body being dumped. She told me her name, but I only caught the first letter—B, but I had no other information.



A couple of months later, my oldest started to have her own strange experiences in the house. It was summer time, and she was out of school. Around 4 o'clock in the afternoon one day, she decided to step into the shower. While the warm water spilled over her as she rinsed her hair out, she heard the bathroom door open. Distinct footsteps neared the shower door. Humming filled the small bathroom. "Hey, Mom, you're home early," she said. Hearing no reply, she peeked her head out of the shower and saw the bathroom door was wide open. "Mom?" She heard a giggle in response. Drying off as quickly as possible, she ran to her bedroom. Forty-five minutes later I got home from work.

Eventually, all three of us, myself and both of my daughters, had all heard the humming in the bathroom. It became so persistent that I knew I needed to help this spirit. She wasn't hurting anyone; she was obviously attracted to us and our house, and I became determined to help her cross. But, how was I supposed to help this person that I couldn't communicate with fully? Did I really need her name in order to address her

Even though I was not aware that she had died, it all hit me like a brick and lots of information came back to me in waves.

It was at this time, around 6 months after we had moved into the house, that I happened to connect with some high school friends online. One of those friends posted a 20-year memorial for a classmate of ours who had tragically passed. Even though I was not aware that she had died, it all hit me like a brick and lots of information came back to me in waves. I was returned to my first years of college, walking down the hall of the community college I was attending at the time to see a bulletin board full of missing persons posters. I never paid too much attention to them, not really, nothing more than a cursory, "oh shoot that is awful" type of thought that crosses my mind. But on that day, something

caught my eye. And there she was, second from the left on the top row of posters. Hundreds of miles from my hometown I never expected to see a missing persons poster of someone I went to school with, but there it was in black and white, Brenda missing since November of 1993. And now, in 2012, I found out that she was gone. Dead. Body found in the woods two years after she disappeared by a hiker. A serial killer behind bars, suspected in her murder.

The reality of the moment sunk in slowly, swirling around me like a whirlpool. The B name, the dream images of a woman dumped, dead in the woods, the friendly voice greeting us. I knew who was in my house. I could finally call her by name. I could help her find peace. And I did, I went into the bathroom, where so much of the activity was centered, and I had a conversation with Brenda. Told her about how I found out it was her, how I understand how she would be confused and that I could help her cross. And I was able to get her soul to cross over. And it was just so simple, right? Well, right?

Five years pasted since that night when I helped Brenda to cross over. After starting to write these articles for Haunted Voices, I was actively searching out other outlets for my writing. I happened across a Halloween ghost story contest by the local paper. I thought to myself, "Oh I have a ghost story, I will write about Brenda." And I did. Sent it off. Didn't win. Didn't delve into the truth behind it all. I became obsessed with the question, "Why me?"

The more I thought about her, the stronger her presence became with me again, and again and again I came back to why did this girl that I barely knew in high school come to me for help? I didn't even really like her then. But she was right there, with me. Again. And I cried. There had to be more to the story than just a strange meeting in a new house, and why did I feel so emotional about this whole situation? I have listened to so many spirits and have helped so many people haunted by others, I would do it again. This time with Brenda. I had to know.

Sometimes the truth can be harder to deal with than any fiction story you may dream up. I knew I had abilities. I knew I had a calling to help spirits and the people in their lives. But, I had no idea I was haunted myself, and had been for over 20 years. Here is what Brenda said:

"I have been watching you for so long, Erin. I missed out on all these opportunities in my life, but in being with you I have learned the joy of living, even in those tough times. I have been trying for so long to get you to sit down with me like this. Oddly enough, I feel closer to you than I have felt to any of my friends when we were growing up. In a way, I think you got into dangerous relationships and situations because on some level you knew I was there. I won't deny egging it on sometimes. I felt empowered that I could actually get you to hear me, but it wasn't the contact with you that I was really needing.

Honestly, you didn't even hardly register on my radar when I was alive. The images in your dream are exactly what happened. I showed it all to you. We don't need to go back over that because I know how upsetting it is for you.

I just want to tell you about your light. It was your light that brought me to you. And yes, it was that moment that you saw me in that poster. Soon as you recognized me, it was like a portal opened and I saw you and felt such a relief and hope and I ran to you. I didn't know how to communicate with you for many years. Slowly I learned to move objects, you remember, and I did show myself to your second husband that once. (He had seen a woman leaning over me while I slept). I wanted to protect you but didn't know how. It wasn't until 20 years later that I was finally learning how to interact with the living world. Your house made it very easy. There is a portal here, and in you. Both. You always make things interesting. And honestly, I think the more people thought of me, the stronger I was, and it was time to be known, which brings us up to the 'dinner guest.'

I have crossed, thanks to you, and can move freely back and forth, but I left a piece of myself here, in you, and in all fairness to you I need to own it and take it back. It is only hurting you now. Don't worry. I will talk to you more and more. As you have become my closest friend, I am understanding that you are just waking up to this knowledge. I love you, you have saved me on so many different levels. You are my hero. And really, I will be here to help you as often as I can."

And then she was gone. I felt so empty. So alone. How do you lose a best friend that you didn't even know existed until an hour or so before? I felt like I had lost another side of me. And to this day I am picking apart what was Brenda and what was me. The panic attack I had watching

Sometimes the truth can be harder to deal with than any fiction story you may dream up.

a documentary about a small town outside where I grew up—now it makes sense to me as that is near where her body was found. The descent into drugs and a violent marriage when I had never had an inkling in my life to use any illegal substance suddenly makes sense when I think about how addictions can transcend life and into death, having seen other spirits use people to get high. The fears of writing this article because of the judgement of the people on my hometown—completely unfounded on my part but would be something on the mind of a woman who was in trouble with drugs before she died. What are my emotions and what are hers?

Life--and death--hold more mysteries than we could ever imagine. Being aware of our surroundings and creating boundaries within ourselves is an important task that I have started teaching others about. This experience with Brenda has changed my outlook on what it means to have a spirit attached to you. I could dwell on what my life would have been like had she not been with me and influencing me for all those years. I suspect she helped push me into the spiritual direction I have found myself, so without her I truly would not be the person I am today. And without her, I wouldn't understand how deep and how far friendship can go. It can bridge eternity.



*Erin Riley works as a librarian by day, a master's student in Marriage and Family Therapy at night, and works as a psychic, energy healer, and clears both places and people of spirits any time she can. She lives in Roswell, New Mexico with lots of animals, two beautiful daughters, an amazing fiancé, and never misses a local UFO festival. Visit her on her website at [livingbeyond11.com](http://livingbeyond11.com), on Facebook at [www.facebook.com/livingbeyond11](https://www.facebook.com/livingbeyond11) or send her an email at [living\\_beyond11@yahoo.com](mailto:living_beyond11@yahoo.com).*



# GHOSTLY GIFTS

By Anita Jo Intenzo

EVER RECEIVE GIFTS from a ghost? We have all heard the phrase and song, Pennies from Heaven? What would you say if that was really true? What if money and other items just materialized from thin air without a reasonable explanation? Is there a connection between these unexplained materializations and ghosts? In my experience I would have to answer YES, I have received gifts from ghosts.

I have been finding pennies and other loose change on the ground and other places all my life, but never gave it a thought that it could be from a loved one who had passed onto the other side was trying to get my attention. I just thought I was the lucky recipient of some unfortunate person dropping their money. I wasn't that familiar with this phenomenon at all.

It really became apparent that this could be something from outside the norm after my experiences in my deceased friend Paul's house. While I was an executor of his estate in 2009 one of my duties was to clean out his house for sale. We had coins being tossed around the room and hitting the walls. In fact, we had a number of different objects thrown during the time at my friend's "haunted house" and pennies were among them. Was

my friend Paul trying to communicate with me?

Besides coins; can a ghost leave things behind such as a piece of jewelry, feathers or ribbons in order to contact the living? Many times people don't pay attention to the signs; therefore, the spiritual realm will attempt to contact you through a variety of ways until you hear the messages. Sometimes the only way to get a person's attention is through moving an object or placing something in there path to make the person pay attention and listen to the message that is coming through.

This explanation made sense to me as I would become the recipient of intentional created ghostly gifts! Here is my incredible story.

I live on a property that dates back to the early 1800's and my home is built into the foundation of an old farm house. Although I have lived there 30 years it's only the last 9 years that our resident ghosts have made their presence known very strongly.

One evening in 2010 my son Chris found several strands of fine, light blue threads on his art table that was set up in our living room. At first, he thought I had left them as I sometimes do hand sewing nearby. However,

these were not mine, as I didn't recall having threads like these in my sewing box. They were raw, unrefined, and appeared to be silk. For some reason I didn't throw them away but placed them on our coffee table and went to bed. The next morning I found the threads on our brown carpet.

I was first puzzled and then astounded. They were no longer just long strands but had been turned into a hand worked piece of weaving! What had been only hours before just plain threads had now been worked into an intricate looped pattern. My son and I thought this incredible and had no logical explanation. Something or someone had gone through a great deal of trouble to make this known to me. I carefully placed them in an envelope for safekeeping. I showed it to my mom and another friend of hers later that day and they were equally mystified on how it was done. It was like a crocheting technique but much finer, more like tatting.

I wasn't aware this type of phenomena I'd witnessed even had a name and learned from a paranormal



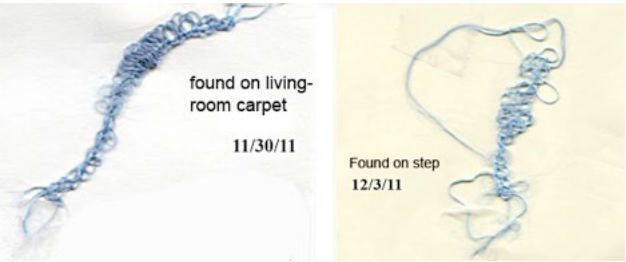
investigator that this is when an object appears where none previously existed and is called an apport. The paranormal community also defines it that when a spirit can manifest a missing object or make an object disappear in one place and appear in another it is called an apportation. It literally means a physical object can be paranormally transported into a closed space or container, suggesting the passage of "matter through matter."

Is that what I was finding and experiencing?

A year later, in 2011, I received two more thread pieces within several days of each other. As before, they were blue and the threads were of a type I did not own or have in the house, although I use vintage threads to sew antique doll outfits. These were even more elaborate than the first. They appeared suddenly out of nowhere, the first one in the living room. I had just walked through that room to the kitchen and when I came back, only a minute later, there it was on the rug! I thanked the ghostly creator and told them how lovely it was.

Several days later while I was sweeping my stairs, I saw another piece appear before me on a step. What they meant and who or what was leaving these for me to find?

Through all of this I had the distinct feeling I was dealing with a feminine spirit that was interacting with me. There seemed an air of kindness and a gentle, motherly concern that I was picking up psychically along with the gifts she was leaving.



Our upstairs bathroom was the very first place we were made aware, by my psychic friend Laurie Hull McCabe and the all-female psychic team who had visited me in

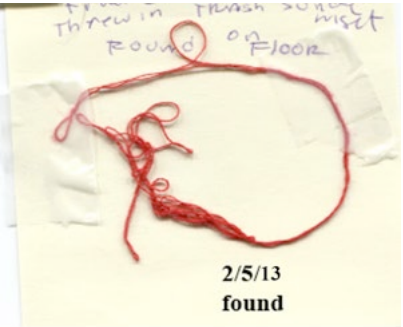
September of 2011, that there was indeed a lady spirit present in the house. We all smelled an old fashioned perfume of roses and lavender in the room. It even permeated our clothes! Laurie got the name Marjorie and believed that she was an older lady, a caregiver or nanny from the Victorian period that once lived on my property.

Coincidentally, an apparition of an older woman was sighted at my front door only two hours before Laurie and her team came to my house. It was 10 a.m. on that Sunday morning and my mom's daytime caregiver, Sharon, was driving by the several blocks to my mom's house. As she looked at my house, she saw an older woman standing just inside the front door. Sharon said she appeared to be wearing an old-fashioned high neck blouse, with her graying hair swept up in a Gibson Girl style top knot. The poor woman was so startled she almost drove her car off the road!

When, a few days later, she hesitately reported to me what she had seen, I investigated and found that there was only eight inches of space between my front storm door and the solid wood door. There was not enough room for any adult human body to fit. I was feeling vindicated that indeed there was a protective female presence in my house and her name was Marjorie.

I did not receive any more gifts of ghost threads the whole year of 2012 and figured that was the end of it. However, in February of 2013, I again found a red threaded piece in the upstairs bathroom, on the window sill. Chris had clipped a long piece of red thread from his new T-shirt and

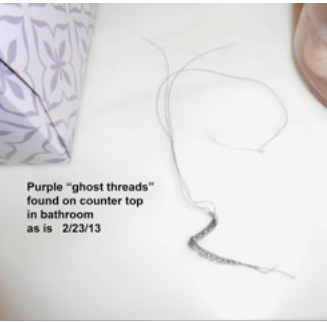
threw it into the trash can one Sunday night. By Wednesday morning, I found the thread



on the floor, with a pattern now worked into it.

Two weeks later, on another Sunday evening, Chris called me at my mother's house to tell me that I had another gift left in the upstairs bathroom. This time it was purple threads.

On March 25, 2013, Palm Sunday, I got a surprise under my pajamas and found more purple threads woven in a different pattern. I showed a photo of it to my literary agent who emailed me back and said she thought she saw a child's face in the threads. Could the threads have a ghostly message in them or were we just experiencing pareidolia? - described as a psychological phenomenon that involves a stimulus wherein the mind perceives familiar patterns of something where none exists.



In April, a few weeks later on another Sunday, Chris called me once again to let me know a gift was left on my steps, much like two years before. This time the thread color was black and the design was like an eternity knot.

August arrived and with it came the most elaborate gift I've received, found outside my breezeway door. I hadn't received any threads for several months and was surprised and startled to see how long this piece was. The pieces in the past had been several inches in length and very delicate. This one, made of a heavier silky type thread, was 12 inches long!

In 2014, the threads began to appear outside of my home. In April, Chris received a gift of brown "ghost" threads on his bedroom floor while living at my parents'





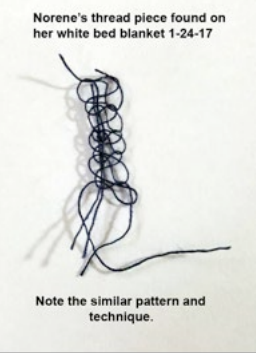


They were not there a few moments earlier. We wondered if our ghost friend liked to travel, or whether she was attached to either Chris or I, or both of us.

The threads still appear from time to time. In late as April 2015, while I was at Chris' house, I was coming into the house from the outside patio and there, right on the welcome mat, was a turquoise threaded piece that was not there minutes ago. It was lovely and everyone was amazed over this newest work of art from and everyone was amazed over this newest work of art from beyond.



In March of 2017, I was to appear on a SKYPE interview with Norene Balovich on her show Do You Believe on PZTV out of California. She messaged me in January about a date and time to do her show. I have known Norene since 2011 and she has been one of my most avid believers in my extraordinary paranormal story which was also written into a book, Estate of Horror: A True Story of Haunting, Hatred and Horrific Family Secret



house with his wife

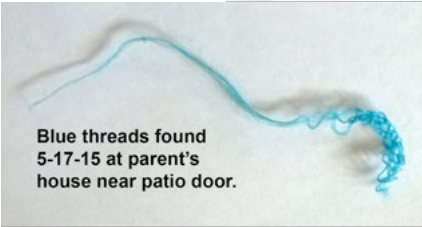
On September 30, 2014 he found a blue thread on the back of my light green sweater while we were in a department store.

and published in 2014.

Norene contacted me several days later, on January 24th, and told me of a very strange coincidence. She has found a dark blue tread piece on top of her white bed blanket. She thought to keep as she felt a strong intuition about it being connected to me from me telling her of my past ghostly gifts I received. She sent me a photo of it and I had to gasp in recognition. It was almost exactly like my ghostly threads I had received! Wow!

Distance didn't seem to matter as I live in Pennsylvania and Norene in California. We joked about our common connection of friendship, both being from Philadelphia and Italian. Did this make any difference to our sharing this phenomenon? Norene made the observation to me once before when she first heard about the threads I'd found and she compared them to the woven hair technique used in Mourning Jewelry from the Victorian times. This was indeed a possible connection to our "Lady Ghost".

Whether "Marjorie" created the gifts from nothing or just manipulated an object into something else, it will always be a matter of debate as this is a rare and unique phenomenon. I wasn't sure what this all meant by receiving these gifts but I've been told by several psychics that these gifts were a way for the Lady Ghost to connect as she is deeply attached to me. I am an artist and creative person who does hand work and have been a care giver to my parents. Apparently the lady was a governess or a caregiver to the children who once lived here on the property (as we also have children spirits here that are sometimes quite active). Whatever the



explanation is it's still an extraordinary thing to happen to someone and I feel unbelievably privileged.

*Classically trained as a fine artist, Anita Jo Intenzo graduated with honors from Moore College of Art and Design in Philadelphia, earning a B.S. Degree in Art Education. Her paintings hang in collections across the U.S. She created her business, Past Images by Anita in 2000 where she preserves and restores family treasures: photos, paintings and antique dolls.*

*In January of 2009, Anita Jo Intenzo's life took a dramatic turn when she became involved with the paranormal. She was so profoundly changed by these experiences that Anita became an author and wrote a successful debut book, Estate of Horror. It became the inspiration for the episode "Portal of Doom" on A Haunting TV show in December 2014 and an enhanced episode A Haunting Episode 2: Demonic possession aired on September 2015. In October 2016, she published her sequel, Dark Transference.*

*Anita has been a guest on numerous podcasts, radio and SKYPE shows she has done joint interviews with well-known media star; author and deliverance minister Bill Bean. She has also written blogs and articles for other magazines on the paranormal. Her blog has over 200,000 page views.*

*Anita lives with her family and several stubborn resident ghosts in the Philadelphia suburbs, on a property dating back to the early 1800's. Her paranormal journey continues.*

*Her books are currently up on Amazon and Kindle, Barnes & Noble online catalog or can be purchased directly from her sites.*

[www.pastimagesbyanita.com](http://www.pastimagesbyanita.com)

[www.estateofhorror.com](http://www.estateofhorror.com)

[www.anitajointenzo.com/DarkTransference\\_html](http://www.anitajointenzo.com/DarkTransference_html)

[www.anitajointenzo-hauntedauthor.blogspot.com](http://www.anitajointenzo-hauntedauthor.blogspot.com)

twitter: @past\_images

# LET'S TALK RADIO

www.letstalkradio.net

## Meet the Host

**Q: Tell us about your show A Gang of Girls.**

People always ask me why is your show called A Gang of Girls Radio – here is the scoop –

I am a trans channel, what is that? It is someone who fully incorporates Angels, Arch Angels, Ascended Masters – Beings of Light. I channel the Archeia, who are the Divine Compliments of the Arch Angels.

Arch Angel Michael – Archeia Faith  
Arch Angel Gabriel – Archeia Hope  
Arch Angel Uriel – Archeia Grace  
Arch Angel Azreal – Archeia Serafina  
Arch Angel Rapheal – Archeia Joy

A while back ago I wanted to start a production company, to produce metaphysical events. I asked the Archeia what I should call the company. Archeia Hope replied, A Gang of Girls Productions. I asked her why and she said I could use the name for other endeavors, A

Gang of Girls Radio is on of those in endeavors, it is

a labor of LOVE! .

When Todd Bates asked me if I wanted to do a radio show, of course, I said yes. He asked me what the name of the show should be – I said A Gang of Girls Radio – for the Archeia, who inspire me all the time, they are my Girls.

A Gang of Girls Radio supports the metaphysical, spiritual, paranormal and wellness communities by giving useful information to the listeners. I research all my guests to make sure they will have good information for the listeners. I always encourage the listeners to join us in the chatroom so they can ask questions and get answers, meet new people and see the pictures and links we share.

**Q: Tell us a little about yourself.**

I am a natural Intuitive, clairvoyant, clairaudient predominantly as well as



a Soul Retrieval Practitioner. I assist people with gaining clarity with the present and assist with moving them into their future. I am the author of A Psychic Story Series and Lucy Prophet Psychic Girls Series. I have travelled all over the United States assisting people. It's been a fun ride! I love my family, the beach, living in Florida, Rita's Custard, Portillos Chocolate Cake and reading really great books!

**Q: How did you become a radio host?**

Todd Bates asked me if I wanted to be a radio host for his Haunted Voices Radio Network, which is now Let's Talk Radio

**Q: What makes your show different from other shows that are out there?**

A Gang of Girls Radio is different because the intention of the show is to bring the energy of Hope to the listeners and help them open their hearts to align with the energy of love. It is a show for positivity and laughter, questions and answers. This show is to help the Peeps see the possibilities in their lives. That's why A Gang of Girls Radio is different and fun!

A Gang of Girls Radio is different because we are sharing other peoples, intuitive gifts, stories, giving handy tips to help others and supporting the Metaphysical, Spiritual, Wellness and Paranormal community.

**Q: Is there a guest you would like to have on the show that you haven't been able to get?**

Michael Beckwith – He is so awesome!

**Q: Who is your favorite guest to have on the show?**

Sophia Temperilli – the Ghost Host

**Q: Tell us one of the best things that happened during one of your shows**

The second time I had Sophia Temperilli as a guest on A Gang of Girls Radio she took us on a tour of the Queen Mary. She described the parts of the ship she was most familiar with, she engaged our audience and was so awesome. It is one of my most favorite A Gang of Girls Radio Shows. I have memories of going to the Queen Mary as a child. It was a fun and remarkable show. I believe Sophia was fourteen years old at the time.

**Q: What have you discovered since starting A Gang of Girls?**

A Gang of Girls Radio has given me and my listeners new ideas, expanded our horizons and taught me personally about being a gracious hostess, good researcher and open to new ideas.

**Q: What would you like the readers to know about you and your show?**

I want the readers to know they are welcome to participate with the show, they can check out and like A Gang of Girls Radio Facebook page and Twitter Page. They can go to [www.agangofgirls.com](http://www.agangofgirls.com) and check out the awesome guests that are being lined up for them, email me if they want to learn about something or suggest an awesome guest. A Gang of Girls Radio is for everyone, I love for the Peeps to write me and let me know what they want, after all that what I do the show for is for the Peeps!

Auriel Grace – [www.aurielgrace.net](http://www.aurielgrace.net)  
A Gang of Girls [www.agangofgirls.com](http://www.agangofgirls.com) [www.letstalkradio.net](http://www.letstalkradio.net)

Want to Write for  
Let's Talk Magazine?

Reading Period: Jan 1st to Dec 31st

Accepts electronic submission: Yes, only way will accept

Accepts simultaneous submissions: No

Accepts unsolicited submissions: Yes

Issues per year: 4

Who we are:

Let's Talk Magazine is dedicated to bringing the world information about things which aren't considered "normal" or in other words: paranormal. Whether the topic is ghosts, hauntings, UFO, cryptozoology, conspiracy theories, or anything else you can think of that isn't considered normal, we want your work.

Our editor is interested in query letters on topics which will not only entertain but also allow our readers to learn something. The best way to get an idea of what we are looking for is to listen to Let's Talk Radio Station ([www.letstalkradio.net](http://www.letstalkradio.net)), since the magazine will have the same tone as the shows do.

We will accept queries (preferred) and submissions from both emerging and experienced writers. When contacting us, please briefly describe your background and story idea. We want to have a relationship with our writers that could lead to a regular contributing position.

Submission should follow standard manuscript format. It must be in .doc or .docx format. Your name and contact information must be at the top of the first page. Please add a short bio (up to 200

words) at the end of the article.

How to submit:

Submit your query letter to [letstalk@letstalkradio.net](mailto:letstalk@letstalkradio.net). Include the word MAGAZINE in the subject line along with the topic you are emailing about.

Upcoming  
Conferences

CALENDAR

MAY

Supercon 2018

<https://serenitymoore11.wixsite.com/supercon2018>  
May 4-6, 2018,  
Scoth Grove, Iowa.

Ohio Bigfoot Conference

<http://ohiobigfootconference.org/>  
May 5, 2018

Salt Fork State Park Lodge and Conference Center, Lore City, Ohio.

Paranormal Supernatural  
Conference

<https://constancecoo.wixsite.com/psc2018>  
May 5-6, 2018  
Denver, Colorado.

McMenamins UFO Festival

<http://ufofest.com/>  
May 17-19, 2018  
McMinnville, Oregon.



New Jersey Paraunity Expo

<http://www.newjerseyparaunityexpo.com/>  
May 19, 2018  
Woodbridge, New Jersey.

Enigmacons

<http://www.enigmacons.com/home.html>  
May 19-20, 2018,  
Radford, Virginia.

JUNE

Contact in the Desert

<http://contactinthedesert.com/>  
June 1-4, 2018,  
Indian Wells, California.

Alien Con

<http://www.thealiencon.com/>  
June 15-17, 2018  
Pasadena, California.

Minerva Monster Day

<http://minervamonsterday.com/>  
June 16, 2018  
Minerva, Ohio.

Alien Cosmic Expo

<https://aliencosmicexpo.com/>  
June 22-24, 2018  
Toronto, Canada.

Dulce Base UFO Conference

<https://dulce-base.com/>  
June 23-24, 2018  
Dulce, New Mexico.

JULY

Hawaii Paranormal Convention

<https://www.hawaiiparacon.com/>  
July 13-15, 2018  
Honolulu, Hawaii.

2nd Annual Moundsville Paracon

<http://moundsvilleparacon.com/>  
July 21, 2018, Moundsville  
West Virginia.

Kecksburg UFO Festival

<http://www.kecksburgvfd.com/ufo-festival-events.html>  
July 27-29, 2018  
Kecksburg, Pennsylvania.





