

EXORCISM

POSSESSION & DELIVERANCE

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DEDICATION

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Pontifex Magicus

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DISCLAIMER

The seminar on which this publication is based arose from the many enquiries asking to explain Possession and Exorcism. This is a study document, not a manual. It is not a substitute for the specialized training that an Exorcist receives. Do not try to perform Exorcisms simply because you have read this document; if you do, you could place yourself and others in grave danger. *The Rising Phoenix Foundation and David Goddard take no responsibility whatsoever for any reader who decides to ignore this warning.*

EXORCISM

POSSESSION & DELIVERANCE

PART ONE

POSSESSION



PART ONE CONTENTS

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INTRODUCTION & BACKGROUND

Today we are going to explore Exorcism. First we are going to look at what Exorcism really is. Then, we are going to look at what Possession actually is: the stages of it, and how you can distinguish between mental illness and authentic Possession. Then we are going to look at the qualities needed by the Exorcist, what needs to be known, and what the Exorcist must be able to do. And then, we will look at the various stages of an Exorcism – both ritually and dynamically. There will also be time for questions and answers.

So, to begin – the word ‘Exorcism’ is from the Greek *‘exorkismos’* (and the Latin *‘Exorcismus’*) which means: ‘to bind by oath’. This is because in Exorcism the entities who are possessing a person, or are infesting a place, are compelled to leave by the swearing of an oath of the Divine Names. This method of oath-binding is also used in Tibetan Buddhism – entities that were once quasi-demonic and bloodthirsty (like some of the aggressive Nature-spirits), were compelled and bound by oath to protect the Dharma, to protect the places of Light.

All of the Abrahamic religions of the West (Judaism, Christianity and Islam) employ Exorcism. But we also find forms of it in all of the World Religions, and in some of the old spirit-cults too. So I have already mentioned Exorcism in Buddhism – though the method used varies according to which school of Buddhism it is, and you also find it, of course, in Hinduism and in many of the kind of spiritist faiths.

In the Abrahamic forms – which is the aspect I’m going to teach through, simply because it is indigenous to our own culture, and so it is easier for us to get our heads round it – Exorcism is considered to be a ‘liberation’, a ministry of deliverance. Sometimes people think: *‘Oh, if somebody got possessed by an evil spirit then they themselves must be bad.’* Well, although there are some cases where this is true, in the majority the people who end up being possessed are actually defenseless innocents. It should not be imputed that they are bad in themselves because it happened to them. That is rather like saying that just because somebody is mentally ill there is something intrinsically bad with them.

The attitude of those empowered to exorcise towards the possessed person (*energumen*) is that it is a kind of healing, to free them from what possesses them. There are cases where Possession comes about as a result of activities of the person before Possession, but they are rarer cases.

Now, thanks to cinema, the Roman Catholic clergy have the reputation for being the ‘Exorcists *par excellence*’. But it is also true of the other ‘Apostolic churches’ – by which I mean the Byzantine churches: Greek, Serbian, Ethiopian, Coptic, Armenian, Serbian Orthodox – as well as the Latin church of the West (Roman Catholic). They have the most effective Exorcists because their tradition has been unbroken, and they also have the tried-and-tested tools to do it.

There are some very good clips on *YouTube* – although, of course, there is a lot of drivel and Hollywood trash too. There is footage of a very fine Coptic priest in Cairo conducting Exorcisms, and others of very good Greek Orthodox Exorcism, and several conducted by Russian Orthodox Exorcists too. When we come to the method of Exorcism I'll refer back to these examples, so you can understand how they are doing it. They are fine examples of potent Exorcists. (See the Appendix for links to these *YouTube* clips.)

In all the horror films, as soon as some demon or vampire demon comes along, what is the first thing you are going to do straight away? You should run with an empty bottle to your nearest Catholic church, and submerge it in the Holy Water font – and hope nobody catches you (smile). In fact in the larger churches there's a dispenser of Holy Water for people to get it – because devout Catholics have it their homes.

Now the reason why the Apostolic churches still have the method of Exorcism, is because of the origins of Christianity. As I said, Exorcism exists in Judaism and in Islam too. Up until recent times in Judaism there was the idea of the *Dybbuk*.¹ A dybbuk is usually an 'unquiet soul' (excarate human) who possesses a living person's body; but, in bad cases, they can be one of the *shedim*, a demonic spirit. We will look at this when we address Possession itself, and what kind of entities we are referring to – because there are several types.

The Apostolic churches draw their authority to exorcise from Christ's own ministry as it is described in the New Testament. As you may know, the New Testament was first written in Greek, and Greek is a precise language. Some modern interpreters have put forward that 'Exorcism' in the New Testament is some kind of psychological healing, they say this because they think that Exorcism is an old medieval hang-up that should be debunked. But the Greek of the New Testament does *not* use the word '*arrhostos*' (meaning: 'ill' or 'sick') for people who are possessed, it uses the noun '*damonizomai*' meaning '*to be under the power of a demon*'.

Now the ministry of Jesus can be divided into three aspects: teaching, healing and Exorcism. But notice that when Jesus heals, his words are reconciling and forgiving – but when he exorcises demons, he addresses them in an imperative and commanding way and shows no mercy at all.

On one occasion,² Jesus is going past a cemetery where there were two people possessed by demons – who, the text says, were 'exceeding fierce'. And they shouted at Jesus: '*What have we to do with thee, Jesus, thou Son of God? Art thou come hither to torment us before the time?*' Then, as he prepared to cast them out of the humans, they begged him to allow them to take possession of a nearby herd of pigs (remember that in Judaic thinking the pigs were already regarded as 'unclean'.) Matthew's Gospel continues: 'And he said unto them, 'Go!' And when they were come out, they went into the herd of

swine: and, behold, the whole herd of swine ran violently down a steep place into the sea, and perished in the waters.’ Later,³ Jesus ‘...called the twelve together and gave them power and authority over all demons.’

You have to bear in mind that before this period – and before the Buddha in the East – there were a lot of Possessions going on in most ancient societies. And it is still the same today in some places. If you were to visit Cadomble, Santería, Macumba or Vodun (Voodoo) temples you would see that this kind of Possession-trance is the principal part of their religion.

Now I’m *not* saying that trance-work per se is bad or unclean. It definitely is not. Some very fine material can come through trance-work. But there is world of difference between knowing what you are doing, and being a passive dupe. Most Possessions by demons first occur unconsciously. Very few people (though there are some idiots), wake up in the morning and say: ‘You know, I think I’ll get possessed by a demon today!’ This doesn’t tend to be at the top of vocational aspirations!

So the freeing of people from demonic Possession was an important aspect of the Church’s early ministry. To this day, even in Roman Catholic circles, the priests who have the most experience of Exorcism tend to be missionaries. Because they would go into cultures and countries where Possession was still rife (Africa and the Philippines for example. It is a very strong thing there).

What I’m now going to say is unpopular – and I say that so you would know that I’m fully aware of it. (The job of a teacher is to be truthful, not the popularity polls.) Both Dion Fortune and W.E. Butler wrote about this point I’m about to make. Over the centuries, in Europe, demonic Possession became very, very rare. This was mainly due to the Christianization of Europe. ‘Christianization’, in this sense, wasn’t just about converting people, it was also about baptizing the land. Now this is a big subject which I won’t spend a lot of time on, unless it comes up during questions and answers. But, if you know anything about Nature-spirits you will understand. Nowadays there is a twee view towards Nature-spirits, but originally they were the gods of the land. And, as is well known from people who work with the Faerie hosts, Nature-spirits evolve as humans evolve. It is a kind of copycatting that goes on. This is one reason why the Golden Dawn rituals call humanity ‘the initiators of the elementals’.

As Alchemy declares: ‘By humans will the Great Work will be completed.’ Because we are the dominant sentient species, Nature-spirits follow our lead. If you have been to Scandinavia or places like that, you can see how originally these Nature-spirits were a bloodthirsty lot, as they were in most places in the world, because the early human response to Nature is that it is dangerous; that we are surrounded by powers that don’t wish us well, and so they have to be appeased. In the very earliest religions there are all kinds of appeasements – trying to buy the Powers off. ‘Let’s give them a sacrifice so that

they will leave us alone, thank you very much.’ Really it was a kind of Protection racket.

You only have to look at Norse, Viking culture – and the modern ‘Odin cults’ – to see what it was like. I have visited Scandinavia. If you have ever been to Norway – it is all valleys and mountains. You go up a mountain and down the other side to another valley and another mountain. I remember there are these three mountains: one is a very nice looking mountain, another is OK, and the third looks broken because part of it has slid down into the valley. The legend is that when the monks came there, the three trolls (the spirits of the mountains) were told to accept Baptism, to serve the ‘White Christ’, as they were fond of calling him.

The first troll said ‘Yes’ straight away. The second one was not sure at first but then consented. The third refused – and so, when it was touched with the waters of consecration, the troll cracked and shattered. There are hundreds of these kinds of legends all throughout Europe. We may feel uncomfortable with them, because often we have been ‘damaged’ by Christianity – which is the dominant religion of our culture – so we have trouble understanding the underlying truth of the legends. But all they are saying and teaching is: there is ONE Power set over all the Powers-that-Be, and to which those Powers are answerable. This was the big Abrahamic revelation. This is where you see the change from the Powers being ‘gods’ to them becoming ‘Angels’, to them now being understood as ‘servants’ of The ONE.

There was a similar situation in Tibet until the 8th century. You have all probably seen Tibetan sacred art portraying ‘wrathful deities’ (crowned with skulls, drinking blood and dancing in fire). All of that symbolism in pre-Buddhist Central Asia, skull-cups with blood, brains and entrails, was *not* symbolic at all. It was what the ceremonies of the indigenous Shamanic religion (*Bon*) were like.

Today what survives of Bon has been so strongly transformed by Buddhism that it bears very little resemblance to the original. This is because when Guru Rinpoche (Padmasambhava) came to Tibet he subjugated all the fierce Nature deities, and bound them with oaths. Having conquered them, Padmasambhava made a covenant with them, that if they ‘behaved’ themselves and protected the peaceful Buddhist teachings, and its temples and monasteries, they in turn would receive offerings and acquire merit (or to use Abrahamic terms, they would ‘receive Grace’) that would sustain them and help them to evolve.

I remember when *Samye Ling*⁴ was established just over the border in Scotland – on the land gifted for the monastery, there stands a small stone circle. And one of Samye Ling’s founders, Akong Rinpoche, went to that ancient circle on a full moon and there he spent the night in meditation. He called on the circle’s guardians and told them that they were not going to get any more blood offerings; but if they would agree to look after the new center, they would receive monthly offerings and also the merit of good

karma. And so the covenant was sealed and the oath was bound in place.

Please understand that this idea of when the old sacred wells and hills were renamed for the saints, it was not intended to be taking away from, it was meant to be evolutionary – it was to lift up to the next step. (Bear in mind, that the pre-Christian faiths of Europe were cruel and bloodthirsty.) It was as a result of this Christianization that demonic Possessions became rare in Europe. There were still a few in every century, but nevertheless it was nowhere as much as it had been previously. After all, in the older cults, Possessions were a weekly occurrence – and they still are in Cadomble, Macumba, Vodun, etc. But, now things have changed again, and Possessions are on the increase. But we will look at this later on.

Now I want to deal with the subject of ‘infestations’. So we talk about the ‘cleansing of people and places’. What we are dealing with is the presence of unclean entities in a *locus*, in a place. These can range from: ‘Earth-bound souls’ – deceased people who are accidentally stuck to the Earth-plane⁵; then there are deceased humans who are deliberately ‘stuck’ – they have chosen to be Earth-bound – because they have no intention of moving upwards. There are the astral ‘bottom feeders’, lower astral entities, like Poltergeists. And in severe cases, lurking behind all this may be a demon or demons, or even one of the Fallen.

The Exorcism (cleansing) of places is much easier than exorcising people – but it can still be a trap. But, otherwise it is easier than dealing with possessed persons. The hardest Earth-bound souls to clear are usually suicides.⁶ In many cases the people who committed suicide by hanging tend to stick the most – this may have something to do with the primacy of breath as an indicator of physical Life (I don’t know for sure, this is just a theory of mine). Whatever the reason is, people who self-murder by hanging tend to be the hardest ones to free.

Enabling Earth-bound souls to pass upward is an easier task – I wouldn’t say that it is at the top of my list of favorite activities – but nevertheless, compared to Exorcism of demoniacs it’s easier. Although, with all of these things one should never make assumptions. You should always go in *expecting the worst* – that way you will not be caught off guard.

An ideal Exorcist is a person with a certain make-up, a peculiar combination of characteristics and skills. An Exorcist needs enough psychism for detection (in other words, some psychic sensitivity). 'Passive psychics' and mediums are useless for this kind of work – they just act like 'lunch' for astral predators. The other essential quality that an Exorcist needs is bloody-mindedness (that is not a technical term). Having started a liberation, they will see it through, regardless of any distractions whatsoever.

When I say that an Exorcist needs 'enough psychism', I should explain how I mean it. In the old days, in pharmacies and chemical laboratories, there were often fluids in glass bottles with ground glass stoppers. If you were unlucky sometimes the labels came off. And you could only identify some of these chemicals by smell – but some of this stuff was poisonous when inhaled. So chemists and pharmacists have this little trick: they would take a full inhalation of breath, and then release just a little air, then they would open the bottle and quickly sniff the contents. The reason was, if they identified the almond scent of cyanide (or something like that) they had nearly full lungs of air to expel out with. But, if you have emptied your lungs, and you then smell something bad, the body's reflex is to inhale totally and then you get a lung full of the stuff. This is the kind of psychic ability that an Exorcist needs: enough to detect a presence, and then to be able to cut off from it, and get on with the job.

Let us now look at the stages in which a person can become afflicted by demons.

There are three stages and they are generally called *Oppression*, *Obsession* and *Possession*.

An 'Oppression' is when a person believes/feels that they are being mentally oppressed – telepathically bombarded. It is quite well known to happen if somebody has been involved in a ritual which has backfired. And, of course, if it was a dark rite in the first place, people can get tainted by it. W.E. Butler wrote a good example of his own experience in his early days, when he'd participated in a questionable ceremony – he describes how it took him a couple of months getting rid of the astral stain. Some of the films try to show Oppression – sometimes quite well – but is very hard to distinguish real Oppression from some kind of paranoia. Oppression is when a person continually feels that they are the attention of something unclean and malevolent.

Oppression is a simple stage to deal with: usually all that the person needs is an astral clean up, taking on a disciplined regime, do some regular spiritual practice and then usually they are fine and clear. It is also good to ensure that they have some kind of network of people for support. In the same way that if your aura got heavily stained by the atmosphere of the place, if you do not know how to cleanse your aura, then of course, it could get infected. That is really what an Oppression is like. I don't know if you have ever been in a night-club during the daytime, or even some cinemas or theatres, some have strangely sinister

atmospheres. They are completely fine in and of themselves when they are functioning, but there's all that released energy slopping around the place, which lots of parasitic things feed on – that is what gives them that kind of atmospheric unpleasantness.

As you know, one of my books is called *Tower of Alchemy*, so it won't surprise you to learn that I often use the image of a castle as a way of explaining what the stages of Possession are like. So, an Oppression is like: sitting in your castle, but beyond the walls an army has laid siege. They are not inside the castle, but you know that they are there. And some siege tactics are rather sinister too. In ancient times besieging armies would often use continual drumming at night so that you could not sleep. There is a psychological wearing-down quality to it, and your inner reserves get depleted. Because it is not easy to distinguish whether this is psychological or actually objective, it is very rarely identified at this stage. And it will often develop into the next stage – which is Obsession.

'Obsession' is when the unclean entities have made such a strong telepathic rapport with their victim, that the person's mind has unconsciously become so attuned that now they are on the same frequency. The human mind is like a radio set. It tunes itself to various frequencies and stations – and like any kind of telepathy – it is picking up suggestions from others all the time. In the case of Obsession this is very frightening because the telepathic link is with an inhuman intelligence. The human has the instinctual knowledge that

the thoughts, images and suggestions do not originate from their experience. Things they would never even consider appear in their mind – which is deeply frightening.

This is for the person being victimized, who is under demonic attention, probably the most frightening stage, probably even more frightening than the Possession itself. When a person is possessed, it is accompanied by periods of non-awareness of what is happening. It is in this Obsession phase when it feels the most terrifying. Some people even consent to Possession simply to put an end to the fearful Obsession – they surrender.

So, back to the castle analogy: there was the siege with the Oppression, and now the unclean spirits have got in, they have knocked down the Gate in the walls and they are now in the courtyard. Fortunately, the citadel (or tower) is still in tact, but the invading entities are within the aura walls.

I think a warning is needed here – because when talking about 'demons' there are a lot of misconceptions, of nonsense, running around. The idea of somebody making a pact and that later they will outwit the demon, and all that kind of thing. That is just human vanity. Let us be clear, a demon is a *preter-natural* creature. A demon is not of this level of existence. Demons, even the minor ones, are very long-lived and are immensely intelligent beings. In fact, the biggest reason for failure in Exorcism – and for the damage or destruction of Exorcists – is due to getting intellectually fascinated by what the demons say and

the information they give. When confronting a demon you are not dealing with some dumb *klutz*. You are dealing with a formidable intelligence. No incarnate human can equal a demon on the intellectual level. And no magician has the same amount of power as one of the Fallen.

So, against these kinds of odds, what is it that motivates a true Exorcist? It is incredibly important to understand why the Exorcist does what they do: it is out of compassion for the possessed person.

Question

Compassion for the person who is possessed, not for the demon as well?

David

No, it is like with some criminals: they take compassion as a sign of weakness, and they use it to cause more harm. Demons are basically the criminals of the Inner Planes.

Now compassion is legitimate, but it has to be in certain boundaries, it has to be skillful. Everybody has the right to self-defense. So, in a case like Possession, where someone is trying to take over another person's body, it is right to defend that person from this intrusion. Demons are *not* misunderstood beings. I say this so that you become alert and wise to some of the attitudes that the entertainment industries are pumping into the Collective Unconscious of our society. (When you are in this kind of work, you watch the collective imaginal.) If you look over the past decade or so – Anne Rice's novels about vampires,

the tv shows '*Buffy*', '*Angel*', and '*True Blood*'; and the latest glut of '*Twilight*' films. Notice how often, in these modern versions, vampires are no longer portrayed as being vulnerable to the sacred Signs of Light, to holy objects. In some shows the vampires have souls, too; they are just poor, lonely and misunderstood beings. And of course recently they are now sex-idols too – so, the latest shows are all about how cool it is to shag a vampire, and to live with them forever, so that the two of you can feed on the life-blood of others throughout the centuries. But that doesn't matter, does it? After all you are both happy, in a gothic kind of way! This is a very sinister suggestion, and should be a cause for concern.

And this is what the Entertainment industries are doing. It has all the hallmarks of a dark agenda. And although you may think that I am harsh and cruel for what I am going to say (and I won't deny it), but there are people walking around in this world – mainly in Los Angeles, but elsewhere too – that if you said to them 'Hey, I know how you can stay young and won't ever die either. All you have to do is tear somebody's throat and drink their blood!' They would respond 'OK, great! Sign me up. Turn me!'

In case you think I am being extreme, there are people that you would see in 'polite society' – in Europe and in the Americas – who think nothing about accepting a human organ for one of their loved ones, even though it has been taken against the will of the person whose organ it is. This is how selfish and immoral society has become – which is actually why demonic Possession is on

the increase: the belief that fulfilling my wants is the supreme good, regardless of the suffering it inflicts on others.

Full Possession by unclean spirits is when the citadel of the castle falls; in other words the demon is now within the person's physical body. What makes Possession difficult to diagnose, at first, is this: Is it really a case of psychosis, or is it actually an objective entity? And what makes the problem worse, is that there is a stage called the 'Pretense' which is when a demon hides behind the personality of the person being possessed. This is because the longer a demon makes the Exorcist think that it is a sick person, the more chance there is that the Exorcist will give up, and the demon gets to keep its prey.

Of course it raises the question: Why do demons do it? What do they get out of it? Well to be quite forthright with you, some of it is unfathomable. Because, no matter what you may think, you have probably never yet encountered a human being who was *totally*, 100%, evil. They are as rare as a human who is totally of the Light. We are a mixed bag because we are the microcosm, so all the powers in the universe are present in us, and our evolution depends upon to what degree one counteracts another. But in the Inner Worlds of course things are extreme, they are total: so, light and darkness are polarized opposites; empty and full are polar opposites; objective evil and objective good are polar opposites. So for a supernatural being of that magnitude to infest a human body is considered to be a great victory. It also gives it something which it wouldn't otherwise have.

I'm now going to seemingly wander off on a tangent – because I'm trying to give you some real sense of what their motivation might be. Those of you who have read the first edition of *Sacred Magic of the Angels*, know there is an exercise in there called 'Taking on the Wings of the Morning'. It is how to invite, in a controlled way, one of the Angels of Light to briefly overshadow you. It is a kind of merging of minds. It is very controlled and it has safeguards. This has benefits both for the human and for the Angel concerned. For humans, contact with beings of the Light always leads towards Unification – to experiential union with the majesty of Creation. This is the basis of all *Theurgy*. But intimate contact with Dark beings leads to fragmentation.

Now, there are similarities between Angels and demons – a similar psychology, you could say. This is why in the Abrahamic traditions demons are thought of as 'fallen Angels.' I am not getting into the theology, it is unnecessary. The point I do want to make is this: an Angel is also a preternatural spiritual being – it has its specific job, its focus, its ministry. Angels are completely one-pointed. You don't want to invite Angels to dinner if you want a nice, witty, social exchange; because the Angel of Sunset would just talk about one subject – for century after century after century – sunsets! Angels are timeless, unbounded by time – and because they enjoy beatific union with the Divine, they enjoy a degree of Superconscious bliss perpetually. And that is it, no variation.

So when there is a merging between an Angel and a human, both parties benefit. The human of course experiences exaltation (a Superconscious state) but the Angel, too, experiences something it never had before: for a moment it is focused completely within time and in space; so the Angel can then see the Divine – from this single intense point – as a 360° wonder. For the Angel that is evolutionary! Don't fall into the trap that some theologies do, that Angels and demons are not sentient. They also evolve. It just does not appear to us that they do, because their evolution is over such vast periods of time. So an Angel actually benefits from this overshadowing.

This gives you an idea of the flipside, of what the demon gets out of possessing a human body. But the demons try to do it by violence and by mental rape. And being 'spirits of selfishness', demons do not want it be temporary either. Demons want to hook, infest and then permanently control the human's physical bodies.

According to the *Gospel of Luke*, Jesus called his 12 disciples together, and he gave them power and authority over all demons. It may be of interest to know that, even the ritual command that Aleister Crowley recommends to banish unclean spirits (which he got from the Exorcism Prayers of St Basil the Great) is: ‘*Apo pantos kakodaimonos*’, meaning: ‘Get thee behind me, Satan’,⁷ the command of Jesus which drove away the Disgraced Angel.

Now let us examine diabolical Possession itself. A person who is possessed is usually brought to an Exorcist by his or her relatives or friends. It is very unusual for the suspected demoniac to approach an Exorcist. This is because, in most cases, when the unclean spirit is in control, the person is oblivious to it. Sometimes they are aware *after* the event, but rarely during it. So it is understandable that it is the ‘closest and dearest’ who notice these strange changes in behavior and absenteeism. They are usually the first ones to try and get something done; but, of course, the cultural setting plays a part too. If you come from a culture where this kind of thing isn’t considered at all, people are not going to be thinking: ‘Oh well, we go and see if our nephew needs to be exorcised’. It is like *Jekyll and Hyde* – which is a very good example of how a possessed person behaves. This is what finally flags it up to others, that the possessed person is behaving in totally different ways than they used to in their usual states.

What I’m trying to get across is, all the kind of dramatic phenomena – moving furniture, stench, peeling wallpaper, enforced gravity (when the person is too heavy to lift), or even cases of levitation – only rarely occur during a Possession. These phenomena only tend to manifest during the Exorcism. I just say that because you should not expect cases of Possession to exhibit extreme phenomena. After all, the demons do not want to be caught out and exposed. So it is usually during the Exorcism itself, during the ‘compulsions’, that any phenomena will be exhibited; and this is done to scare everybody away.

Really, the objective of the demon is to get full hold of the person. And on that person’s death – not that Possession is fatal in and of itself – to drag the person’s soul, their being, into the Dark Dimensions from which the demon comes. This is why you get all the threats of: ‘To take it to hell’ or ‘to go to the abode of demons’. There is a truth in this – it isn’t just a symbolic truth.

You might like to know where all the descriptions of hell – barbeques with demons – came from? It really dates back to when the Vandals and the Goths sacked Rome. The only custodian of civilization left in the former empire city was the Church; and the only figure of authority there was left to negotiate with the barbarians, was the Bishop of Rome (the Pope). There was no longer any Roman militia, so it was the Church which had to deal with all the Germanic barbarian converts.

You know how kids love telling ghost-stories? Sitting around the camp-fire and trying to scare each other with ghost-stories? Well, the tutors of the period did that. Until then the early Church's teaching about the Afterlife was close to what nowadays we would call Purgatory. Occultism and Spiritualism still teach the same thing. After physical death, there is a period of purgation, of looking back over one's life and assessing it – making good and cleansing – and then rising up to the higher realms. Well, those fierce Goths and Vandals so loved those stories of being roasted by demons, that it became the unarmed church's way of controlling them.

Now in case you are thinking: 'Oh, typical bad Christians', I know of an interesting example in the USA. There was a man who was brought up a Southern Baptist (very fundamentalist), who later in life converted to Tibetan Buddhism. He became a practitioner, found a Lama to be his guru, and he received some of the empowerments from his Lama. This meant that there are many extra rules he had to observe. If these rules are fractured, the belief is that they will fall into a 'Vajra hell'. Now Buddhism itself has about 25 hells anyway (which makes the Christian one look totally unimaginative). But the Vajra hells are even worse. They came from the idea – which is true enough – that for people who are on the Path, if they corrupt it, they fall in deeper than ordinary folk. And some Buddhist scriptures delight in telling you about all the painful things that are going to happen to the parts of your astral anatomy, should you fall into a Vajra hell.

Anyway, this guy started to exhibit signs of depression. So eventually his Lama called him in and asked what was the matter. The guy said, 'I'm very, very frightened'.

His Lama asked, 'Why are you frightened?'

He replied, 'I'm frightened about falling into a Vajra hell.'

The Lama asked, 'Why are you frightened? Have you broken your Samaya?' (*Samaya* are the promises made at initiation that, if broken, lead to the Vajra hells).

'No', was the reply.

The Lama asked, 'So why are you worried about falling into a Vajra hell. You haven't broken Samaya. What is the problem?'

The guy told his Lama, 'I don't know. I'm just petrified of it. I wake up at night in fear.' (Of course, this was all his early Southern Baptist conditioning being brought to the surface of consciousness through powerful meditation practice.)

So his Lama told him: 'Well, don't worry. The Vajra hells don't exist'.

'What', exclaimed the guy, 'But they are in scripture!' (A very Protestant thing this, that Scripture is infallible – it is not a Byzantine or Catholic hang-up, it came with the Reformation.)

'I know they are described in Scripture', replied his Lama. (Just saying that the scriptures were not true was enough to shake the man terribly.) So then he asked his Lama, 'But what about all the other 25 hells?'

The Lama said, 'Yes, they don't exist either.'

'But,' wailed the guy, 'I don't understand.'

His Lama answered, 'How else do you expect a pacifist priesthood to control the Mongol hordes?'

It was exactly the same thing as what the Roman Church had to do with the Vandals and Goths – scare them witless – so that they would start behaving in some kind of civilized manner.

In the case of a full-on Possession, the demon resides in the physical body, and at times, the demon can talk through and move the body without the human being able to prevent it. Notice this very important fact: it is the physical body that is possessed. To use occult terminology – the Astral and Etheric bodies were contaminated via the Oppression and Obsession phases. Now we are considering full physical Possession. This does not mean the soul of the person is being possessed. This is very important to grasp. Some people have struggled long and hard with Possession, they have suffered enormously as consequence – but they were eventually liberated and freed.

One of the most heartbreaking things that I've ever read, was the account of a young man whose Possession – like many cases – was not identified until it was very strong. Therefore, the subsequent Exorcisms took much longer – it was a big struggle, a literal battle for his soul and wellbeing. Later on he wrote very movingly about it – having been free a few years. He could see the wonderful hand of Divine providence in his Possession. That passing through the 'shadow of the valley of death' had somehow prepared him for a deep union with the Divine. To most of us this is incomprehensible, but in his case it was the mysterious way in which God moved in his life, eventually giving him far more than he could ever have dreamed.

When I say that most of the people who get possessed are innocents, this is true. They are innocent. But do please note that I am using the word

exactly – in the same sense that a newborn child is innocent – that is, innocent as a *psychological being*. This has nothing to do with what that soul has done in a previous life, in the karmic sense. But I did not say that they were ‘pure’. There is a great difference between ‘purity’ and ‘innocence’. Innocence is just bland. It is like a white board that nothing has been written on. But Purity is an active thing, it is a result of evolution, of hard work. The truly pure cannot be possessed by demons (although they might sometimes be Oppressed by them). But the innocent, like any naïve being, can walk in – as the saying goes – ‘where Angels fear to tread’.

So what activities does the demon do when they are in control? Well, you only have to look in newspapers, and at what some people do in their spare time. After all the work of a demon is to inflict suffering for its own sake – they get off on it. I even suspect (but this is just a personal supposition, I’m not saying it’s traditional teaching) that *some* cases of sadistic serial killings could well be due to demonic influence. I think this may be so because, often, these kind of murders tend to be periodic, they follow certain times and seasons. But I am *not* trying to absolve humanity from the cruel and vile things that human beings have done, and do. I am not using this as a cop-out for self-responsibility, but nevertheless there may be a certain element of demonic suggestion, or demonic example, to some of it.

It was the Synod of Rheims in 1583 that first warned about confusing mental illness with diabolical Possession. How does one distinguish one from the other? Firstly, psychoanalysis, chemical medication or electric shock treatment will not cure Possession. But neither would an Exorcism heal mental illness. So, how to differentiate one from the other?

So, somebody is brought to see an Exorcist because of suspected Possession. The first thing of course is to interview the person and, if possible, to speak to other people who know the person well over a long period of time – 5 years or more. Does the person have episodes of behaving strangely and out-of-character, yet most of the time they act normally? Mentally sickness tends to be constant – whether having good or bad days – nevertheless, their delusion persists.

Unlike a mentally ill person, an *energumen* (possessed person) is able to distinguish between objective and subjective levels of awareness. One of the clear things is that a genuine energumen is aware of the possessing (or obsessing) entity as a separate being. Mental illness does not do that. Apologies for using an old phrase, but it is appropriate to this subject: ‘The mad don’t know they are mad.’ Sane people are those who occasionally consider whether they *might* be mad. This never occurs to an insane person.

Also, there are some people who claim to be possessed as a way of getting attention. It may sound odd but people do the strangest things just to get attention. It seems to me that humans

need attention more than anything else, because otherwise they doubt their own existence. You have all seen cases at a party where somebody gets drunk and climbs on the table and starts dancing. This 'need for attention' is often due to poor social skills, unable to interact with people in a regular way, they try to get attention in an extreme way. Children do this all the time. So an Exorcist has to be aware of this psychological need. It seems to me that, if a person gets no acknowledgement from other people ('I see you, I recognize your existence'), they fall into great isolation.

Some say that people will do anything for love. But it is much more fundamental than that. We need another's attention. And, after all, what is romance but two people giving intimate, almost exclusive, attention to one another.

So some people will use the pretence of Possession as a way to get attention. Anybody who does healing work knows this – when you get those cases who came to you time and time again, saying, 'Oh, I never get better, I never get better! Let me tell you about it, again!' It is often because there is nothing wrong with them. They just know that they can go to the healer for half an hour a week and have somebody look at them, and care for them. Some prostitutes have told me, that in many cases people do not go to them for sex at all. Many of their clients just want to talk; and then, when they feel better, through acknowledgement, some sex might happen. A student of mine would have high-powered business men and politicians go to her home so that

she could dress them up in women's clothes, and make them up, and then they could sit there and knit while talking about their feelings. They paid a fortune for it – the need for attention.

The suspected energumen may also complain of pain in parts of their body – of course, firstly, they should be asked about their state of health. But later, if it turns out that there is no medical reason, then that needs to be looked into. Because some forms of Possession originate because demons have been magically invoked and sent to possess a person. This is not very common in the UK, because most of the so-called magical practitioners here tend to be just book-readers with the occasional social ritual. Very few of them have ever called up spirits to visible appearance or really worked with the Angels, apart from the occasional visualization. They do not have the power to do it. I am not saying that it never happens, but it is much rarer here.

But in some cultures – African, Hispanic, and Asian – it is big time. They are also keen on it in Spain, Italy, and parts of France. I am not saying it doesn't exist here in the UK at all – because we are now multi-cultural. Some of these darker magics deliberately summon demons and send them to possess the sorcerer's enemy – like an astral hit-man! As a consequence of these sinister magics, physical objects sometimes manifest inside a possessed person's body. These are a demonic mockery of *apports*. An apport is a paranormal transference of an article from one place to another; or the manifestation of an object out of 'nowhere' (from the Upper Worlds).

The Hierarchy of Light uses apports as messages of hope and blessing. But the Infernal Hierarchy use them to inflict suffering and to establish their hold on a person's physical body. During Exorcism these objects are expelled from the energumen's body. Most commonly, they are vomited out, but sometimes they are forced out through the skin. An Exorcist has to deal with these evil apports with extreme caution. I will explain how later.

These 'darker magics' that I am referring to, are fueled by pain and blood – that's how the sorcerer attracts the demons to do their bidding (or so they think). For example, in the southern parts of Africa the practitioners of its indigenous magic are called *Sangoma*. Although 'benevolent' Sangoma rely on ancestral spirits and herbs, nevertheless they will sometimes use animal parts. The Sangoma believe, that to have power, the animal's organs must be cut out of its body while the creature is still alive and conscious (this is called *muti*). Dark Sangomas use live human victims, and their screams are believed to enhance the power of the muti. You should understand that these things are no longer 'far away' in some other continent. In September 2002, the body of a five-year old boy who been mutilated during a ritualistic Muti killing was found in the River Thames, here in London. A very conservative estimate is, that over the past 10 years, there have been about 200 Muti murders throughout the capital cities of the First World. The butchered innocents of dark Sangoma have had their sexual organs cut off, or out of them – such things are the 'sacraments' of demons!

Question

Excuse me, you mentioned various European countries, is there a connection with Catholicism?

David

It is an interesting question, especially from the magical point-of-view, rather than the religious one. It used to be said that most of the best ceremonial magicians came from a Roman Catholic background. Now, what is a biggest accusation that Protestants and Pentecostals make against Catholicism? They accuse it of being magical – 'bells and smells' and *hocus-pocus*,⁸ and, of course it is! It was Dion Fortune who pointed out that Catholicism is the lineal descendent of classical paganism. Why? Because it uses Theurgy. It believes (as the philosophy of magic does too), that physical things can be impregnated with invisible energy. After all, take it out of familiar context (as if you have never heard of it before), millions of people every day go to special buildings to watch God descend and manifest as a wafer of bread. Now, I'm not saying that disrespectfully, I am trying to show you how deep a part it is of our cultural core.

I remember once seeing on tv a Catholic priest who was being aggressively confronted by some Christian fundamentalists (I think the odds were 1 against 6). It was coming up to Easter and the Fundamentalists said: 'In Easter Week you are going to do all these archaic rituals, and many of them are pre-Christian.' And without batting an eyelid, the priest replied: 'And what's wrong with that? God made them and Christ redeemed them.'

The reason why Exorcists, trained in the Apostolic churches, get better results, is because they have the sacred tools to be effective. They have got sacred oils, relics, Holy Water – they have the magical wherewithal, and so they can back up their words with objects of power. If you have ever seen a Protestant Exorcism – or, for that matter – a Jewish or Islamic Exorcism, they are not that strong. This is because they only have their book (whether it is *Torah*, Bible or *Qur'an*) and so they read their scriptures at the possessed person (actually they often shout them), over and over again.

To be blunt, Exorcists from those traditions don't have anything 'that hurts'. Exorcism is meant to 'torment' the demons until they leave. St Teresa of Avila, a great mystic whom I respect greatly, wrote about how impressed she was with the power of Holy Water. She observed that when unclean entities were compelled to, by the Cross, they fled, but later they often came back. But when Holy Water was used to sanctify the person or place, they did not return.

The early Church did not have the notion that Jesus died on the cross for everybody's sins, from the beginning to the end of time (vicarious redemption⁹). Early Christians saw Christ as a spiritual hero, who by dying on the cross, conquered the powers of darkness. Their view was that he took to himself all the cruelty and fear that the Dark Powers could heap upon a human being, and yet he conquered (similar to Osiris overcoming Set). That is why in the traditional Exorcisms the cross is used so much. It is held up

with words like: 'This is the cross that destroys the powers of darkness!' Esoterically, this is why the cross is called 'The Great Tree' – Jesus places himself upon the Tree of Life, and draws everything to himself: he transmutes it by an alchemical process of *Tikkun*¹⁰.

So original Christianity was *not* about the repetition of the name of Jesus and you will be saved. By the way, a similar idea occurs in 'Pure Land Buddhism' of Japan – just keep saying: '*Namo Amida Butsu, Namō Amida Butsu*', over and over, and you'll become enlightened.

The old churches do use *Theurgy* (transcendental ritual magic) – they disguise it under the term 'sacramentalism,' but really it is High White Magic. Most people think that Christianity never had an esoteric or magical core. But it has always had one – but it behaved just like all the older priesthoods did: the sign reads, 'priesthood property – keep out!' In ancient Egypt, yes, you could train to be a mage *if* you were a priest in an ancient Egyptian temple. But Heaven help you if you tried to do it as a housewife or a carpenter in town. The temples would punish you, and in some cases kill you. They believed that magic was for the priesthood alone; and magic is still called in the Western Mystery Tradition the 'Sacerdotal Art' – the 'Art of priests'. You find the same thing in Tibetan Buddhism – there are penalties for the shaman in central Asia. Like it or not – who killed most of the Siberian shamans? Mongolian lamas! Mongolian Tibetan Buddhist lamas, because to them the blood sacrifices were against Buddhist teachings. It was

Professor Hutton who shocked an audience by telling them that fact – they had all thought it was the Russian Orthodox Church who killed the shamans. But it wasn't, it was Mongolian lamas.

Theurgy has always been running through Christianity – in a certain sense it is 'practical mysticism'. It goes back, of course, to the Temple of Jerusalem and before that the great temples of Egypt. What nowadays is called 'Qabalah', is really the priestly Theurgy of the Jerusalem Temple. In Theurgy – and the basis of all magic – Names and Signs and consecrated substances have effect. So Exorcists from this tradition have the tools to get the job done. That is simply how Catholic Exorcists got their reputation – it really had nothing to do with their belief system, but it had everything to do with the training and their 'magical weapons'.

During the interview, the person is asked about their life. If they report periods during of forgetfulness – waking up in strange places, unaware of what they have done. Or they think that these episodes are dreams. Outside of these episodes the person appears to have a normal life. So the major purpose of the interview is for the person to explain what they think is happening.

One of the signs of Obsession or Possession is a marked dislike of sacred objects. Not that they start hissing and spitting the moment they see a cross or an icon, but an active dislike or repugnance. They will forcefully say 'Oh, I don't like that kind of stuff', or when friends suggest popping into a church or temple to see the architecture, an energumen will say 'Oh no! I can't stand those places!' There is always this kind of strong antipathy. (Please understand that I'm speaking about sacred things in general, not those of any particular religion, but those of any religion of the Light.)

If, during the interview, the Exorcist shows sacred objects and uses prayer, a demonically-tainted person will display dislike. And if the Exorcist quietly persists, then they will show anger or even fury. Their reaction can escalate into insults and blasphemies.

An experienced Exorcist will also begin to detect what is known as the 'presence'. This is because the evil indweller is being uncovered.

Question

Could you explain what you mean by the 'Presence', and please clarify it further?

David

Certainly. Most of you here have done ritual or meditation. Let's say you have been focusing on Chesed¹¹, you have been meditating and performing rituals of Chesed. After a while you are going to notice the 'feel' of Chesed, its 'presence' – you come to know when your consciousness is attuned to Chesed and when it is not. The same applies to the entire spectrum.

So, experienced Exorcists 'develop a nose' for diabolic evil, they are sensitized to its 'presence'. You know you are really in for a bad case when the presence is felt even before you arrive at the place or person to be cleansed. I remember a case where there was a very nasty infestation of an old house – it turned out not to be just Earth-bound souls, there was also demonic infestation. As our two cars drove there, the presence got heavier the closer we got, and suddenly, for no apparent reason, one car skidded and flipped over onto its roof, thank Providence no one inside was hurt. It is very rare for the presence to be so pronounced from afar, this is usually in the cases where arch-demons are present.

Back to interviewing a suspected Possession. Exorcists agree that the surest way to determine whether a person is possessed or not, is 'to pray over' the person. What is meant by this? If someone was upset you might ask: 'Would you like for us to pray together?' Then you both sit,

or kneel, and pray together. This is *not* 'praying over'. To 'pray over' is done by someone with spiritual authority – in this case an Exorcist. To 'pray over' is not praying *with* someone, or even leading them in prayer. Let's say for example, somebody is sick and comes to a spiritual healer asking for their help. They don't want the healer to pray *with* them, like a friend would, but to pray *for* them, on their behalf. So the sick person sits or kneels, and the healer stands in front of them, and invokes, 'Come holy Archangel Raphael and lay your healing hands upon this person, shelter her beneath your wings.' And the healer might also place their hands on the sick person at the same time as they say, '... and lay your healing hands upon this person...'. That is to 'pray over'.

Now, one of the classic signs of genuine Possession is that after praying over a person, usually 3 to 5 minutes, they will begin to zone out, they will entrance. What happens is, their eyes roll up and the facial muscles will twitch, the hands and body go rigid. Their speech – if there is any – becomes venomous and hate filled. Amongst Exorcists this is the classic test regarding Possession. In other words, the invocation of Divine Light onto the person (by 'praying over') reveals any dark entities hiding within the person.

But humans are cunning, and mentally unwell people, who have read up on Possession, will try to imitate the signs. They want to be thought of as possessed to get lots of attention. Being diagnosed as 'possessed' gives them permission – like the drunk at a party – to behave in all kinds of anti-social and silly ways. This is why

an experienced Exorcist, seeing that the person has entranced during the prayers, will slide in a Command of Exorcism in a foreign language that the person doesn't understand.

I have already told you the one from St Basil the Great: '*Apo pantos kakodaimonos*'. And the classic Latin one is very potent – '*In Nomine Jesu, ego exorcizo te. In Nomine Jesu, dic nomen tuum. In Nomine Jesu, si es hic, manifesta te.*' Which is: 'In the Name of Jesus, I exorcize you. In the Name of Jesus, say your name! In the Name of Jesus, if you are present, show yourself!'

While praying over the entranced person (perhaps a prayer to their Holy Guardian Angel), the Exorcist then suddenly pronounces: '*In Nomine Jesu, ego exorcizo te ... etc.*' If the prayers are continued, the possessing entity will begin to emerge to the forefront. Within 95% cases of genuine Possession the entity will show itself usually after a minute or two in the 'praying over'. And this 'second personality' always has evil characteristics.

Among themselves Exorcists will often use two terms to describe the way in which a demon first displays itself. There are the *Apertus* type (meaning 'open'), who are very vocal, and there are the *Clausus* (meaning 'shut, closed'), who are the sullen and silent kind. If the entity is an *Apertus* type, a little while after the trance has begun, they will speak – there will be a distinct change of voice and also often grunts – they may speak in a foreign language, unknown to the inhabited person (although this needs checking up on) –

they will often say things that insult, appall and frighten the hearers.

One of the most diminishing things about dealing with demons – (particularly in a full Exorcism) – is that everything we humans regard as beautiful, about our aspirations, our feelings, our bodies, our lives – demons by their speech pour filth over them all. When demons are unmasked, their mere presence is so degrading – just by their proximity. That is why an Exorcist chooses their assistants with such great care, because it is so easy to get thrown-off by the appalling statements of the possessing demons. And bear in mind too, that the demons are also telepathically broadcasting and bombarding everyone. So that is the *Apertus* type, which is the talkative one.

The unclean spirit may also display powers of clairvoyance. Revealing unknown facts – what is hidden in a container, secrets about other people. Hearing this has a kind of glamour – just as the demon intends – it can be very seductive to the inexperienced. In fact this has been the downfall of many an apprenticed Exorcist – and of many a magician too.

If the possessing spirit is *Clausus*, after the person has entranced – has gone very rigid – there will be no response at all when speaking to it, just malevolent silence. Then the Exorcists will bid the entity to speak, trying to compel it to give its '*number*' and its *name*. To resist giving this information, the demon will often change over from *Clausus* behavior to the aggressive *Apertus* mode.

But if, while the person is being prayed over, no trance occurs, and no secondary personality emerges, then that person is unequivocally not possessed.

Of course, this doesn't mean that they don't have problems – mental illness or demonic Obsession – but their body has *not* been possessed by an objective entity.

I meant to mention, by the way, that the patron saint of Exorcists and of possessed people is Dionysius the Areopagite, the same person who classified the Angelic Hosts in his book *The Celestial Hierarchies* and who brought the Sacred Magic of the Angels to the West. The view was that, since he knew the 'secrets of heaven', he would have known the flipside too. He is still invoked for help in exorcising people from Possession.

So now, are there any questions?

Question

Yes, I have a question: I don't know how to ask a spirit-attachment to leave. How to banish it. What do you suggest?

David

The best is what should be done at the end of any magical ritual of invocation or evocation, what it is called the 'License to Depart'. This is a formal dismissal of any summoned entities. It has a very useful phrase when it is *properly* done, which is: '*Return to your own proper realm*'. So in other words, 'back to where you belong'. You don't have to actually know where that is, the instruction '*Return to your own proper realm*' says it all. It is a command for it to return to its place of origin.

Question

What about a human suicide or a human who got killed, but they still remain here?

David

The usual thing to do in Western practice, in cases of Earth-bound or trapped humans, is to call on the Angels of Light to come and take them to where they are meant to be. It is calling on Angels to come and take them up. Usually speaking, unless the Earth-bound soul is deliberately evil, one kind of acts with compassion towards them, because they are lost or stuck, and so you call upon the higher powers to come and take them to a place of peace and rest.

Question

Can you call on St Michael the Archangel?

David

Yes. And the Judeo-Christian practice of Exorcism makes it quite clear that since ancient times St Michael is the Archangel of *Tiphareth* and not of *Hod* – because *Hod* (the intellect) has no power of Exorcism. But *Tiphareth* is able to: it is the Sun that defeats the Powers of Darkness. *Tiphareth* is the harmony of the Middle Pillar [the central axis of the Qabalistic Tree of Life], and demons are never on the Middle Pillar, they are always on one side or another – they are extremists by nature.

Question

I have a variety of questions, one of which has actually just come to me based on some of the other questions: is there a real difference between a devil, a demon and Possession? When you talked about Possession earlier on, there was a lot of emphasis on Possession being by a demonic force, prior to that you talked about Earth-bound souls too. Just to be clear – does this mean that one can be possessed by Earth-bound spirits, as well as by demonic entities?

David

Yes, particularly if the person is unconsciously mediumistic. Then of course that can happen. It really comes down to strength of the discarnate personality who can make life very unpleasant for the incarnate one. Most strong-willed incarnate humans won't be bothered by it. In Jewish folklore, Possession by an Earth-bound human soul is called a *dybbuk*. The difference with demonic Possession is that demons are stronger than humans, and that is what makes expelling them so difficult.

Question

I was thinking that it would be interesting to perhaps distinguish with the case of mediums, who have this temporarily other entity coming through – and how is the arrangement between the entity and the medium for the sake of Possession.

David

I am not saying that trance per se is wrong or that it results in Possession. In fact, a demonic Possession really begins – like any other kind of addiction – by a brief act of giving away of one's

will, and this accumulates, until the gates of the castle are thrown wide open for invasion. So going into trance will not automatically attract demons, nor will it automatically attract good entities either. After all, going into trance is to go subconscious – that’s all it actually is. In the case of *trained* mediums, they are working with their guides and controls, so there are all kinds of established safeguards.

So for example, a proper spiritualist circle has its ‘door-keeper,’ that is an inner entity who guards the astral doorway – a bouncer if you like – or what Freemasonry would call the ‘Outer Tyler’. In fact, there is an old phrase in some of the theurgic rites, that call upon the Archangel Michael to ‘seal fast the door to dark dimensions’ – that meant that nothing unclean would come into the space.

Question

So you just talked about the Exorcist doing what they do – most of the images I’ve got are from the film ‘The Exorcist’, and I wondered how accurate that is?

David

The first film, the famous one (not the subsequent spin-offs), was based on a book. I think that film is a very good example of *how not to do* an Exorcism! I don’t mean that the film is totally inaccurate, it wasn’t. The elderly Exorcist does the ritual of Exorcism properly – what he does was accurate. The procedure was accurate. The restraint of the possessed, the boarding up of the windows – demons are very fond of practic-

ing defenestration (a polite term for throwing people out of windows). So that is why the windows are boarded and also why the possessed is constrained, as well as to prevent them from self-harming. People look a bit askance when one mentions restraining the possessed person, so I should explain that an Exorcism can only be done with the permission of the possessed person. You *cannot* do it without their permission. So the parts of the ritual that were shown in the film were accurate.

Where it goes completely wrong, is the younger priest who assists and has never done exorcisms before. He is a trained psychiatrist – that is his job on the university campus – and he believes that these things are only psychological. He is also carrying this huge load of guilt, because he found out that his mother had been put in a psychiatric secure ward, and when he went to see her she was terribly upset with him. She dies soon afterwards and he was guilt-tripping himself about being a Jesuit priest instead of being in private practice where he could have made loads of money and looked after her. And he’s from an Italian background – thinks he’s a bad son and all that kind of thing. And of course, that is what the demon picks up on and uses to destroy him.

During the Exorcism, various phenomena are exhibited and the assistant priest’s basis of reality is pulled out from underneath him. Then of course the experienced Exorcist dies from a heart attack during the procedure. The younger priest is now infuriated and he does the worst thing he could possibly have done; he says ‘come into me’,

and of course it does – for a demon there is nothing as delicious as a willing host! Then defenestration – he throws himself out the window.

Question

So he should not have goaded or insulted the demon in the way that he did?

David

No, he should not have insulted the demon. When an Exorcist interrogates the demon, at no point is he allowed to insult the demon. The protocols of the inner planes is clear: courtesy is a rule. Even with demons it is – even to the Disgraced Angel the classic form of address is *‘Greetings, oh fairest and fallen, greetings and defiance’*.

Even the Archangels themselves will not insult demons. There is the story about when Archangel Michael contested with one of the archdemons, they were trying to have a tussle. The words from the Archangel are: *‘The lord rebuke you’*. The ‘LORD’ is spelt in caps, which indicates the Greek translation of Yod-Heh-Vav-Heh, the great Name of God. So it is saying, *‘Not I, but the lord Himself rebukes you!’* The Ageless Wisdom, the Qabalah, teaches us that even the Fallen will be restored to the Light. It holds that nothing is lost forever, not even demons – they too will be embraced by the Light.

So, it is not for you to rebuke such a being, because no Exorcist exorcises out of their own personality. The only Exorcists who do that are dead Exorcists or insane Exorcists. No Exorcism is ever done by of the strength of a human being.

It is always done through their connection with a Realized Being (Christ, Buddha, etc.) through the lineage which they have received. If some idiot tells you ‘Oh, I myself cast out demons’ – they lie. It cannot be done that way, and no amount of Banishing Pentagrams or Rose-cross rituals emanating from you is going to make any difference; it is not achieved by know-how, or cleverness.

That is why the Exorcist confines himself to questions about: the name of the entity, its number, how it got there, and what it has come to do. No matter what else the demon says, the Exorcist just keeps on with that. They will not go into conversation, and the Exorcist’s assistants, even before they go in, know categorically that they *must not under any circumstances* either address or reply to the demoniac. But many people succumb to it – as they did in both films, *‘The Exorcist’* and *‘The Rite’*.

Question

I wanted to ask a question. We have touched on the religions earlier who encourage Possessions – Santería or Voodoo. What do you think the possessing entities really are? What sort of spirits are they? Are they ‘god’s’ – is that just very powerful entities that are not demonic. How would you define them?

David

From the Hoguns, the Voodoo adepts I have dealt with, their own categorization seems to be pretty clear: they have the *Rada* pantheon – who are life-affirming beings – and the *Petro*, who are negative and life diminishing.

What I'm saying is that Possessions, particularly when it is brought about through ecstatic states, weakens the doorway to the mind and therefore makes subsequent Possession by other beings easier. I remember once a Pentecostal minister coming to see me about a matter. He was from the east coast of Africa. He set up the Pentecostal Church in parts of Canada, up to 20,000 people – so if nothing else he was a charismatic character. His first question was about 'the tongues of Angels'. Pentecostals 'speak in tongues' (*Glossolalia*) and believe it is the language of the Angels. (It's derived from Paul: *'If I know all things in heaven and earth and talk with the tongues of Angels, but have not Love ...'*) The minister asked me, 'Do you think that it really is the tongue of Angels?' So I just replied to him from my own experience: 'No, I don't. In my experience Angels do not speak.' Communications with the Angels is a much faster vibration-rate, and it is in flashing images and flashing sensations, that is why you have to use meditations to get comfortable at the higher levels. Angels do not stand there and chat with you.

The minister asked, 'What do you think it is?' And I said, 'Well, to be blunt, from what I've observed of Pentecostalism, it is very repressive. No dancing, or tv, and all the rest of it. So people are walking around for six days in a week bottled up. Then, in the church services they are given permission to vent. And I think that is what it is – letting the pressure out of the steam-cooker!' I continued, 'Have you never noticed something about the individuals who also come forward for Exorcism?' (They have Exorcisms most Sun-

days.) He said, 'You know, for the past 20 years I have worried about that. How often it is the same people who most easily do *Glossolalia*, who are the ones who most often think they are possessed.' I think, for a man who had worked for that church for so long, to now weigh his own experience against the dogma, was a big thing. A trance state attained in an uncontrolled way is, in my view, retrogressive. If one is going to alter consciousness it must be at will. In other words, being able to do it from cold – both to ascend, and then to descend.

Question

Looking at the classic rituals of Exorcism, there is a lot of emphasis placed on the power of the name of Jesus. Is this just creedal, a belief system; or is there any deeper meaning to it?

David

Ah, a very important question. An Exorcist will use the name of whatever deity, or Realized being, that he or she has received authority from to subjugate or to 'cast out demons'. So, in a *Shedur* – a 'Ghost Exorcism Ritual' of the Tibetan Buddhist tradition – the Exorcist will use the names of the Buddhas and the wrathful Protectors to exorcise the rebellious spirit.

In western culture and in the Western Mystery Tradition too, the name of Jesus has a special significance. In its 'hidden form' it is used in all the higher degree rituals of the Golden Dawn, etc. It is a valid Name-of-Power, the Divine Name of Five letters. 'Jesus' is the Latin translation of the Old Testament hero, Joshua, who succeeded

Moses. In Hebrew, 'Jesus' is spelt by is the Tetragrammaton – *Yod-Heh-Vav-Heh* – with the letter of Ruach-ha-Qodesh (the Holy Spirit) – that is the letter *Shin* – placed at its center. It is *Yod-Heh-Shin-Vav-Heh*. In straightforward English, *Yod-Heh-Vav-Heh* means 'The One Reality' (God), and *Shin* is the letter of liberation. So this Name tells us that 'It is the nature of the One Reality to liberate', to free. And this, of course, is the purpose of Exorcism, to liberate the possessed from the bondage to demons.

Magically, *Yod-Heh-Shin-Vav-Heh*, symbolizes a human being who has become fully conscious of their indwelling God-Self. This is why this Name is associated with the Pentagram, the five-pointed star that is also *the* symbol of humanity. Mystically, *Yeheshua*, represents that part of our soul that is forever within the Heart of God, and is the embryo of what we are all destined to become.

Remember, in the legend the Fallen Angels were cast out for rebellion. Why did they rebel? Because God had shown them what it was He had destined for humanity – the potential to attain to a state of Divine union greater than even that of the Archangels themselves. In a certain sense, demonic Possession is an attempt by the Fallen to prevent our potential from becoming real. *Yod-Heh-Shin-Vav-Heh* is the Divine seal upon your being, and your destiny. You should meditate upon it as: 'Myself made perfect in God.'

Ok, now let's look at the Deliverance from Possession.

EXORCISM

POSSESSION & DELIVERANCE

PART TWO

DELIVERANCE



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My advice on the subject of Possession and Exorcisms is: don't touch it with a barge-pole, unless the Universe make it abundantly clear that you are the one to deal with it. In a nutshell – if a case arises where it seems clear that an Exorcism is required – and there is somebody else who *can* do it – let them. I say this because of so-called magicians (the ones with their little books and banishing pentagrams), and they love being thought of as Exorcists – it bolsters up their weak egos, they see it like a kind of crusading thing. And usually – on the rare occasion that they do encounter a real demon – they usually end up as its 'take-away snack'. Then the real Exorcists have to go in to try and sort it, but now the situation is twice as bad as it was to begin with.

So in case you think 'Well, that's just David's opinion', I'm going to read you some extracts from a series of talks by W.E. Butler (probably his most famous book is *The Magician, his Training & Work*). He gave these talks a little while before his death, and they are now published in a book called *Lords of Light*¹². So, bear in mind Father Ernest¹³ was a Yorkshire man (known for their plain speaking), and he was both a mage and a priest – and a formidable Exorcist too. He said:

'If anyone asks you to exorcise something or some place don't rush into it too quickly. Find out what kind of job you are up against. I suppose that I have carried out 500 or so Exorcisms, but I have never taken them on lightheartedly. These powers, powers of darkness, are very real and it can affect you disastrously. It's all very well to say: 'Now I know how to do this,' and in all the glory of your ignorance, you

begin exorcising something that has a lot of teeth to it. And when you get bitten you don't like it at all.

I have known cases of Exorcisms backfiring. Here is one particular: a man, a very good psychic and medium, used to go around with the Church of England clergyman. He and his clergymen went about together performing Exorcisms. (This is not a classical method, DG). When the spirit or ghost came through the medium, the clergyman would chase him up, tell him that he shouldn't be such a bad lad, and finally banish him by Exorcism. All went well for quite a number of cases until one day they met up with a particular spirit that wouldn't be exorcised; instead the spirit took control of the medium. Shortly after that the poor medium became involved in some very nasty immoral activities and there was a devil of a shout about it. Since then that medium has done nothing. His social life is finished and his reputation is on the scrap heap so to speak, all because he took a chance where he shouldn't have.

Don't forget this: good intentions pave the way to Hell. In themselves they do not protect you from trouble. (I wish more New Agers would understand this, DG). If your good intentions touch a 20,000 volt line, you'll die. These forces of the inner planes are real forces. So when it comes to Exorcism – of either places, things or people – be careful. There are safe ways of doing it and you can learn them. You can practice under the advice of those who know the right way. But don't – for Heaven's sake – do anything in the way of Exorcism just for the fun or because you think it ought to be done. It may 'ought to be done' but are you the right person to do it? That is the point.

Just because it has been brought to your attention doesn't mean that you have to deal with it personally; it may have been brought to your attention so you could pass it on to someone who knows the right way to go about it. Always play for safety. The unseen realm contains all matter of things, all kinds of things.'

Somebody then questioned him:

'There is a point I didn't understand: you started off by talking about Exorcism and saying you could get your fingers burnt quite severely. Later on you said that even a minor saint could make Satan tremble, if that saint knelt in prayer.'

And Father Ernest replied:

'You can't connect the two? Well look at it this way: there is a divine foolishness that gets you through some remarkable scrapes, but there is an earthly foolishness that can land you in trouble. Again it is a question of the personality. The saint is praying to a higher being and he is getting out of the way and letting that higher being work through him. But when you try doing it with or through your own strength – 'I'm the Exorcist in the midst of the Exorcism. I command you to depart from this person, or from this place, or whatever' – it very often happens that one at the other end, the one you are trying to exorcise says: 'And who are you to command?' Then it bites you.

Remember, in the New Testament some of the disciples went out to perform a little Exorcism. They came back and said to the Lord: 'Even the spirits are subject to us in Thy Name.' But there were the seven sons of Sceva the Jew who thought: 'If these Galil-

eans can do this, then so can we.' Thus, they went forth to try their hands at Exorcism. They took hold of a person possessed by an evil spirit and tried to exorcise it. But the spirit turned on them and said: 'Jesus I know, and Paul I know, but who are ye?' Then the evil spirit attacked the sons of Sceva and treated them violently until they fled from the house, naked and wounded.

So you see, you can attempt things in your own pride and open the door to those forces of evil. Never go into an Exorcism with the idea that I will do this because you darn well won't, not in your own strength you won't. But it, the thing you want to exorcise, might do something you won't like.'

So the person then asked:

'What you are saying then is that in Exorcism you call upon another power to work through you?'

To which Father Ernest replied:

'Exactly. You never do it in your own strength. Your power is utilized as a kind of focus or lever to do the work, but the Hand on the lever is not yours. I have had experience of that, believe me.'

I just love Father Ernest's practicality.

So before we come onto the Exorcism procedure itself, I just want to make sure we are all kind of on the same page. Encounters with demons are as rare as those with Angels – but there are more than people think.

We have looked at Oppression, Obsession and Possession. We have looked at how to distinguish

between a valid Possession and some other kind of mental problem. Some of the greater signs of Possession tend to show themselves during the major Exorcism itself – but there isn't a strict hard and fast rule, because it depends on how agitated the demon is because of the Exorcist. If it thinks that it can scare everyone off by showing phenomena sooner, it will do that. Or if there's an *inexperienced* Exorcist, the entity hides more deeply within, so that the apprenticed Exorcist begins to doubt, and abandons the Exorcism, leaving the demon free to carry on tormenting and destroying people.

If you have ever brought up a baby, particularly before they can speak, you know that sometimes if they are in great pain, and don't get attention, they will hurt themselves further. If they have a bad tummy-ache, they start to hit their tummies; or with toothache they bang their heads trying to relieve it. In the same way, you should understand that all the torment that one sees – the distortions, the cramps, the screams, the shouts, the defecation, the hitting of themselves – although understandably repulsive, is really the human being inside calling for help. They are still trying to resist the entity that has taken possession of their physical body.

The 'supernatural phenomena' employed by the demon – which usually come later – is to scare off anybody who is trying to get it out of its victim's body. But there is a most sinister aspect of Possession that isn't often spoken about, what is called 'perfect Possession'.

The perfectly possessed are most often people in influential positions. They have respectable families and homes. They are usually very well-off and powerful – often high up in big companies, industry, military, politics or government. Rarely are they the figureheads, more often they are the power-brokers, and work in the shadows behind the thrones. It is only occasionally that the mask slips and you realize there is something else which is looking out from their eyes. These are people who not only became possessed, they acquiesced to it, they invited it because of the advantages that it would give them. They said unto Evil, 'Be thou my Good'. They are the Sons of Perdition.

Although the term 'satanic pacts' sounds very old fashioned, there is truth behind it. Mages working with the Heavenly Powers will form 'sacred covenants'. There are many reasons for them. One I remember was for a particular sacred site to be protected. A sacred covenant is a co-operation between humans and Angels (or with enlightened deities), there is no surrender of God-given free will – and it is formed with the sole intention of bringing blessings to many.

But a satanic pact is a kind of spiritual sado-masochistic relationship. In many cultures there are still ways about making pacts with dark beings so that you can pass your law exams and be a successful lawyer; so that you can get so-and-so as your husband; so you can be a successful actor. And it is only later on that these people deeply regret having made these deals. In the old days it was, 'I'd sign and give you my soul.' But, in the

short-term, it is not about giving your soul away, it is about giving full control of your body away, so that demons may gain a foothold on Earth through them. This kind of Possession is much harder to deal with, because there was a free-will factor. I don't mean that they are beyond help – the Eternal is *infinitely* kind – but it is much harder because the demon was invited in as a welcome guest. They didn't sneak in like a thief in the night, the owner of the house opened the door and said 'Hi, come on in'.

As I said before, these things are increasing now. Since 1975, on the east coast of the Americas, this kind of Possession has increased by 800%. And as First World culture increasingly devalues the Spirit, our inner cities have become the playground of demons. Our children are no longer guarded by rites of passage, by baptisms and wardings, and have nothing to protect them when they are vulnerable in sleep. I mean, who do you think invented drug addiction and the worldwide black market – with all of the violence, prostitution and suffering that maintains it? It doesn't take much thinking to work out what kind of beings come up with that kind of thing. It results from deep supernatural contagion.

The perfectly possessed happily embrace Possession – they think it is worth it. It is sad but true that most people nowadays seem to believe that the only crime is to be caught. Children are often not taught by parents that robbery, lying, taking unfair advantage of others, is wrong. The attitude is, 'If you can do it and get away with it, that's my boy!' And this gives you a glimpse of what the

demonic agenda is: a moral decline that leads to increased selfishness, that in turn devours planetary resources, pollutes the environment and tramples over the sacredness of human beings. The goal? To manifest Hell on Earth.

That is the role of the perfectly possessed. Demons don't want thrashing, shouting energumens who are still resisting their Possession – that is part of their breakdown. What demons want is perfectly possessed human beings who will be their 'dark apostles'.

Now sadly, although the Roman Catholic Church has a reputation for Exorcism, even with them, for the past few hundred years – due to the so-called ‘enlightenment’ and the industrial age – there are many bishops who now take the view that Exorcism is medieval superstition. I mention this, because in Roman Catholicism the thinking is: Christ gave authority over all demons to his disciples (apostles), and bishops are the successors of the apostles. So although you have men, and (in my view) women, who are priests, they do not have the authority to exorcise by right. In the Roman Catholic and Byzantine churches an Exorcism has to be done with the permission of the priest’s bishop. It has been known for demons to take chunks out of priests while saying ‘You do not have the authority’. In the old days, every diocese would have a priest who was the Exorcist for the diocese, and the bishop would give them full authority to act as they saw fit. Strange isn’t it, religion being the rationalist in this area? Which is odd, since science is becoming more prone to the ‘miraculous’ – have you noticed? There are some aspects of New Physics that make religion appear totally materialistic!

Also, in the old days, bishops would sometimes give authority to exorcise to lay people. They had to be fully convinced that the person had the ability – but it wasn’t confined to the priests – it was to the discernment of the bishop concerned.

Be that as it may, in the old days Exorcism would take place within the church building, very often in a side chapel. Now believe me, that was a cushy number! Well, think about it, there you

have already got the demon at a great disadvantage, on consecrated ground, surrounded by holy symbols, and a team of trained people as helpers, great! Imagine a team of praying monks, with lit candles, in a circle around the possessed person – now that’s what I call weighing the odds in your favor!

I’m delighted to say that on *You-Tube* I have seen a few instances of Coptic, Greek and Russian Orthodox priest-Exorcists at work.¹⁴ And their Exorcism rites do still take place in the church itself, with the full support of the congregation. If you have ever been in a Byzantine church, you will have seen the great screens (*Iconostasis*) in front of the altar. The Greek Orthodox priest performs the Exorcism – with the possessed person – on the threshold of the sanctuary. And the congregation is there – not as spectators – but supporting the Exorcist by building the ‘walls of prayer.’

There is a very interesting scene where one of the other demoniacs is trying to place his hands on the Exorcist. But the priest, he just stays ‘in function’, in Exorcist mode, and try as he may, the energumen can never quite touch the priest.

The Coptic Exorcist clips are wonderful! He wanders around the church with his hand-cross, sprinkling Holy Water; then somebody will start hissing and talking, and you can watch the Exorcist deal with it.

You will see that Exorcists always have a hand-cross with them. I'm personally very delighted, because at the end of last year, under strange circumstances, I got one of those wrought-metal Ethiopian crosses. It is a good size with a handle, and it is really heavy. I dislike tiny flimsy crosses for Exorcisms. I like this Ethiopian cross because it's heavy enough to do damage even on the physical plane (joke), if nothing else it will at least knock the demoniac unconscious while I leg it out of the door! (smile).

The possessed person *has* to give their permission prior to the Exorcism to take place. Nowadays the Rite of Exorcism very often takes place in the home of the possessed person or some other reasonable place. The room itself has to be kind of prepared, that means that any loose objects, like ornaments, are removed so they don't get thrown around. The windows are often sealed up so nothing or anybody can be thrown through them. And there are restraints for the possessed. Usually they are tied to a chair, unless they are too weak to sit, in which case they are tied to a bed.

The film *The Exorcist* was based on the case of a 13-year old boy in America in 1949. His liberation took two years to bring about, which is long. It is only recently that the accounts of this Exorcism have been released. For a long time, Exorcists, particularly priest-Exorcists, were forbidden to release details of what happened – they reported to their superiors, but that was all. Part of this was to protect the identity of the formerly possessed so that they could build a new life, without any stigma put on them by ignorant people. More recently, Exorcists will often record the entire Exorcism because it adds to the corpus of knowledge for other Exorcists, details like the numbers and names. Also, the demons often give details of what is being done in the world.

Ideally an Exorcist should have assistants. The maximum number is four, and they have to be very well chosen. They have got to be fairly strong, physically and psychologically. They are not supposed to freak out if they start seeing

strange things happen. They should do what the Exorcist says and *never ever* engage in conversation with the demoniac.

Family members are the *worst* people to have in the room while the Exorcism is being done. But sometimes family are present in the house, and they should be encouraged to pray for the safe delivery of their loved one. For example, a Catholic family will pray the rosary – they should help by praying to generate an atmosphere of intercession.

Another issue before a major Exorcism is that everyone concerned has to have put their schedule on hold, because you cannot say of a full Exorcism ‘This is going to be over in half an hour’. If you read the Exorcism in the *Rituali Romanum* and other Exorcisms rituals, you can probably get through it in about 30 minutes. But the Exorcism itself can go on for hours or sometimes – with breaks – for days. There is a kind of stage where it becomes like a tug-of-war.

Here is my own book of Exorcisms and blessings – you can see they are all handwritten. [Here, David showed his book to the participants.] In the days when I was trained, part of the energetic-transmission was the faithful copying of text down the generations.

But even the Ritual of Exorcism¹⁵ in the *Rituali Romanum* (which isn’t the only one, but it is probably the best-known) it is not a fixed ritual. It is not inflexible in the usual way the church ceremonies (public services) are – fixed prayers

at beginning, middle, and end. The *Rituali Romanum* has the procedures and the stages in it – but leaves it up to the Exorcist to focus on particular parts. To explain why this is so, I have to sidetrack slightly.

Two examples: In classical Shamanic societies – for example Black Elk, the Lakota holy man, when he was a teenager he took very sick and they thought he was going to die. They came and did some power-songs and he went on an out-of-body journey. He encountered spiritual beings, was given teachings and then he came back. But whenever he heard the same power-song, off he would go into the upper worlds.

In Tibetan Buddhism you have oracles – the most famous is the State Oracle of Nechung. The Oracular-priests were not monks at first – but they end up having to become monks. At first they are ordinary people (with families), then they become seriously sick, expected to die. So the lamas and monks come to do the rites to help them die clearly, so they won’t get earth-bound. But during the invocations, one particular phrase affects the person – they tremble shake and move – they entrance, and the oracular spirit makes itself known. The sick person recovers, but he now faces a choice – to either die, or to serve as an Oracular-priest – which means that, even if he is married, he must now become a monk. The Oracular-priests are trained, they have to prepare their own food personally, and they live lives of strict purity. In fact, in the Tibetan belief-system, they hold that each time the Oracular-priest entrances for the prophetic

spirit, his life is shortened. Yet he does so willingly because he knows of what immense value the guidance of the Oracle¹⁶ is to the people.

What I'm drawing your attention to here, is that in both cases there are these phrases that trigger people off. Anybody who has dealt with spiritualist mediums knows that most Guides have a unique piece of music, or a poem, that has to be played or recited beforehand, because it makes the right conditions for them to come through.

Now a similar same thing happens in an Exorcism. There will be a particular phrase in the prayers that particularly agitates the demon. It is not a standard phrase, it will vary from case to case. And that is why the Exorcist is given freedom to adapt the ritual. As the Exorcist proceeds with the ritual – the lustration with Holy Water, the litany, the compulsions, the display of the cross, the commands, the holy oil – after a while there will be a certain phrase that seems to irritate the entity. If persisted with, it angers. And repeated more and more, it hurts the being. The prayers and invocations of Exorcism actually torment the demon. That is what the Exorcist is doing: making it so uncomfortable, that the demon will want to depart. Once the Exorcist has found this phrase, the advice is to keep on using it – because it is the key to deliverance.¹⁷

When I say it 'hurts the demon', you can see this. What it does is weaken the demon's hold. If possible, it is the ideal time to try and encourage the possessed person (who is struggling within) to help. It is kind of like, 'Look, we are nearly there.

If you want to get free of this you are going to have to try and help too.' Very often they are too exhausted, but sometimes they pull on their last reserves of strength. This way the possessing demon is now being attacked on two fronts – from without, and from within.

As soon as the Exorcist finds the key-phrase that aggravates and causes the demon pain, that is what is kept up. Repeated over and over – is like lashing the demon with a whip of fire. (Which is the same threat that is made to disobedient spirits in Solomonic Magic.)

I mentioned before how an experienced Exorcist will notice what is called ‘the Presence’, that distinct ‘smell’ of demonic activity. But in many cases the Presence is absent *until* the Exorcism begins. It is an awareness of something bigger and vaster that is focused through this particular human body.

After that, the demon’s next strategy is the ‘Pretense’. Particularly in modern times this is much easier for demons to do – they are hiding behind the personality of the possessed person. They are now crying or wheedling. Think of a cunning person using emotional manipulation. If being belligerent and angry doesn’t work, the next thing is to try the pathetic bit – crying and sobbing. This rouses our empathy and can make an inexperienced Exorcist doubt what they are doing. And it can make the assistants doubt the Exorcist (‘Oh, the Exorcist is the baddy here – look at this poor thing crying and assuring us that “I’m better now, please help me”.’) and all this kind of thing. The possessed body may also try self-harm, or violence to others – hence the restraints.

If the Pretense fails, it brings ‘the Breakpoint’ (or breakthrough). The Breakpoint comes because all the psychological manipulations of a very ingenious and intelligent entity haven’t worked. When all the games and role-playing haven’t worked and the Exorcism is still going on – is not swerving, it is still hammering at it – then there will be the breakpoint.

The Breakpoint is when the inhabiting demon reveals itself. Pretense is cast aside, the entity no

longer pretends to be anything other than what it is: a possessing demon afflicting a human being. This is when the demon will begin to manifest its power – because now the hide-and-seek is now over. Now it’s time for the scare-tactics. This is where often some of the most frightening parts of Exorcism happen. There is often a pronounced change in appearance, because of the huge strain on the body caused by the manifesting demon. If you have ever seen photographs of people after Exorcism, they are very emaciated.

Of course, there are the phenomena – things move and shake; smells and stinks; noises, things crash – doors are bastards, because they bang open and close a great deal – so they need to be locked during an Exorcism, and the weather changes. To be frank, a lot of these phenomena would not happen if the Exorcism took place on consecrated ground in a church building – but there you are, we live in trying times!

With cases of very powerful Possession – by archdemons, by the Fallen – stronger phenomena happen: abnormal physical strength, crying out in ancient languages, ‘possessed gravity’ (immovability), and most infrequently, levitation. Now levitation is curious, it is associated with great sanctity and with great evil. What it really displays is that the ‘chains of Earth’ do not bind the levitating being – in other words, they are free of the laws of three-dimensional existence. In the case of a spiritually attained person it indicates that the Earth has no more to teach them. But in diabolical Possessions it reveals that the possessing entity is ‘supernatural’¹⁸ – not

native to the physical universe. Levitation frightens assistants most of all. Although one sees it on film – when it actually happens, it threatens the mind. The ‘fear of falling’ is primal – it is the only fear that babies have. So the subconscious mind has a deep respect for gravity. To then see the law of gravity overturned by levitation, profoundly frightens the inexperienced.

At this stage will also come ‘the Voice’ – which I think it is the worst of the lot. The Voice is vile. How to describe it? It is as if one word (any word) was spoken by one voice with great hate, another voice says the same word with great pain, another says it with contempt. And all these different voices are saying it at once. Some of the voices sound female, others male, some like children and others sound *really* inhuman. And neither do all these voices come from the mouth of the possessed. It is ‘surround-sound’. And even worse, it is also a telepathic bombardment – not just heard by the ears, but within the mind too. In old days, they called the Voice the ‘cries of the damned’.

The Exorcist gets the worst brunt of this, but it affects everybody there. The Voice can freak anybody (even experienced Exorcists) and it is critical that it be silenced. (Now you know why some Biblical phrases read: ‘*And He said to them: “Be still!”*’ or ‘*Be silent!*’ That is where these emphatic statements come from.) The Exorcist will place a cross or sacred object on the mouth, or forehead, of the demoniac, and will keep commanding it to be silent, until the Voice dies away. This is vital, because until the Voice is silenced, nothing

else can proceed because the cacophony is too distracting. Now, although these phenomena are extremely unpleasant – they are a *good* sign, because it means that the Exorcism is working.

Now all the Exorcist wants is after is the identity of the unclean spirit. He wants to know the number, the name, how and why it has come. Obtaining this information is the stage known as ‘the Clash’ – like a clash of sword-blades. Again, this is why the ritual allows for adjustment, to compel the information.

There are degrees of Exorcism, of increasing strengths. You have probably read *The Greater Key of Solomon*. You know how it goes – first there is a conjuration for the spirit to come. But if it doesn’t, then conjurations get bigger and fiercer, with more compulsions and threats – and the prayers of Exorcism follow the same pattern.

But don’t think that the longer conjurations are necessarily more powerful. Sometimes it is the repetition that gets the results, working like a battering-ram.

Once the demon has given its name – allowing for continued caution – the end is in sight. The basis of magic is, if you know a being’s name then you have power over the being. The names of demons are diminishing to hear – they have appalling names, like ‘destroyer of hope’, ‘bringer of cancer’, and the like.

But now that the possessing demon is no longer an anonymous entity, but has been identified, it

can be named before the Ancient of Days and cast back into the Pit. That is why obtaining its name is so important.

It is also very important for the Exorcist to force the demon to reveal how it came to possess the person. There might be human malice behind it – curses or sendings, or hidden talismans – and that needs to be dealt with.

As I said, in most cases Possessions are of innocent people, but for some cases it results from them have taken part in Black Magic. Any form of Summoning – whether it be an Angel or a demon, whatever you summon – passes through your own Astro-etheric vehicles and then through your physical nervous system. The entity may ‘appear’ in a Triangle of the Art, but it came through your consciousness, that was magically attuned to it, which gave it passage through into the physical world.

This is why Theurgists have such pure auras: they work with beings of Light – and with each summoning it leaves a imprint and a blessing. But it works the other way around too. If a person deliberately takes part in blood-sacrifice, or in the calling of Dark or unclean entities, they become prone to infestation. There was a man, who while in his teens, dabbled around and got obsessed by an unclean being. His teacher exorcised him of the taint, and he later went on to become a senior White Magician. He said of this episode: ‘It was a fight. You don’t get exorcised from that kind of thing and then are immediately able to continue with your normal way of life. You have been

made foul by the thing. Its evil magnetism has defiled you. Your mind has been twisted, and it has to be untwisted.’

Shortly before his death, the ‘King of the Witches’ asked me to exorcise him from all evil influences, which I did. He wasn’t actually possessed, but he had been evoking unclean energies (Aztec fire rituals), and was quite fouled up. So, you see it is important to identify how the taint came, because if it is due to sorcery, that needs to be undone – if possible.

Once the Exorcist has got the name of the demon, the final stage is ‘the Expulsion’. This is like ‘the Clash’ inasmuch as the Exorcist must persist – just keeping at it, and at it. If an archdemon is in possession – or a lesser demon calls upon his superior, an archdemon, for added strength – then an Angel of the host of St. Michael the Archangel will descend and do battle.

When this happens it becomes very quiet in the chamber of Exorcism, on the physical level. But on the inner level of the same space, a battle is raging. The focus is no longer down here. Now it is between the Powers-that-Be. It is very exceptional; Exorcisms of this order are not common. But they do turn theory into realization. We directly know what Paul meant, when he wrote: ‘We do not war against earthly powers but against spiritual darkness, against spiritual wickedness in the high places.’

When, or if, the Expulsion is successful, the Exorcist will test to ensure that the person is now fully him or herself.

Also, with the cases where Possession was caused by Black Magic being worked against the person, the apports may materialize, or be vomited out. A basic example was an occasion where I was called upon to bless a temple. There was just me, and the two people who owned the place in attendance. They had been on the fringe of the occult for a while. She had done some questionable stuff in the past – but then most of us have, if we're perfectly honest. That is how we grow – we make mistakes, learn from them, and move forward. The consecration started and throughout it she continually belched, broke wind, and drooled saliva out of her mouth. She was bewildered by it, kept apologizing, while her husband tried to comfort her. It was simply due to some of the unclean stuff she had practiced before. As the temple was being consecrated, so Angels were descending to bless and to guard – it was their pure presences which caused her stuff to evacuate. And she was better for it afterwards.

In severe cases you get this happening a lot during the Exorcism process. But if apports have been sent into the body then they will be ejected. It can be strange stuff – nails, threads, old coins, the bones of animals or babies.

Quite a few Exorcists have suffered because of these objects. I'm just letting you know, so that if – God forbid – you come across them, you will remember what to do. These ejected items – and

they can be expelled from either end – *should not be touched*. They are infected with astral poison, and some Exorcists have become sick for over 10 years from touching these things without preparation. Try to use some kind of utensil, but if they have to be touched at all, then first you bathe the hands in Holy Water, handle the objects for as short a time as possible, and afterwards bathe your hands in Holy Water again.

I recently saw the film called '*The Rite*', starring Anthony Hopkins. It is the best film I have seen on the subject so far. No exaggerated phenomena. It is a faithful presentation of the dynamics of Exorcism – physically, psychologically and spiritually. And in this film the senior Exorcist makes a terrible mistake, he handles the apports vomited by the possessed person – this has grim consequences.

If the objects are flammable they should be taken to some place outside and burnt in sacred fire. If they cannot be burned they must be buried quite deep – salt should be put into the hole (there are special blessings over the salt), and then covered over. Most importantly they should be buried in an unmarked place (so that nobody else is likely to dig them up).

A flowing river is good for some things, but the trouble is that – although water will wash away most things over time – objects that have been impregnated with concentrated evil will affect whatever lives in the river. So generally speaking, running water is fine for most things. But in cases of concentrated evil I don't recommend it.

By the way, for the Qabalists amongst you, as you probably know, what churches call ‘Holy Water’ in ceremonial magic is sometimes called ‘consecrated water’ or ‘magnetized water’. If you have ever seen a priest make Holy Water, or a mage make sacred water, the procedures are identical. They both follow the same sequence, the only things that differ are the Names-of-Power and the Signs-of-Power – otherwise it’s the same.

The reason why there is also a little bit of salt added to the water is because salt represent *Assiah*, the physical realm, and water of course represents *Yetzirah*, the Astral realm. Evil, in the sense that we understand it, only exists in the two lower worlds (in the physical and in the astral). You don’t get evil per se in *Briah*, in the spiritual realm, and not in the Divine realm of *Atziluth*.

There are three main categories of effective Exorcists. There are ordained priests who have had special training. There are competent ceremonial magicians, Theurgists really. And there are lay people who have received the training and the Order of an Exorcist. As a *generalization* all have advantages and disadvantages.

The disadvantages for clergy is that few of them have had any experience of higher states of awareness. Most of them have never seen an Angel, have never been exalted onto the inner planes; so often, their first experience of anything supernatural is in an Exorcism, when they come face-to-face with an objective evil entity. So, psychologically this scars them for the rest of their lives. I have heard Exorcists say (and I’m using their language) that ‘it becomes a personal Calvary’. The fact that they have seen evil in the face is something they can never forget, it haunts them. Unfortunately, the poor darlings don’t have the opposite experience to compensate – the wherewithal to go to the higher realms and see there the beauty of the Holy Ones and the Temple-made-without-hands.

But the advantage they have is, of course, that their entire work is based upon being a channel for a higher power. No vicar or Catholic priest is going to say ‘I do this by my own amazing power’. Even bishops and popes have to say ‘I do this by the authority given to me by God’ – they can’t say ‘I’m the one who is does all these things’. And these qualities are of great advantage in the work of Exorcism – authentic humility and the transparency.

Exorcists who are magicians and occultists also have advantages and disadvantages. The advantage is – if they are real magicians, not just ‘arm-chair occultists’ – they would have experience of the upper worlds and so they have a wider context, and are less easily psychologically overwhelmed. Also, they already have a supernatural philosophy and so they are not freaked out to the same degree as others by the displays of phenomena.

The disadvantage they have is – if they are not taught properly – they try to do it out of ‘their own illustriousness’ (just what Father Ernest warned against) and that is when things backfire. Few of us are so clean that there isn’t any demonic resonance within us. Exorcists have to be prepared to have every mistake, foible, and secret that they have, shouted out for all to hear by the demons.

As I explained to someone recently – once they start shredding your self-worth – your attitude has to be: ‘Yes, I did that, yes, I’m a fool. But it is not I who cast thee out, it is the Living Almighty who addresses thee, by me’. That is it. No matter what you have done – and we’ve all been idiots, and I still am – but you have to be able to take it – stand there in the ‘strength of thine own weakness’ (as an ancient Egyptian ritual says) and still say ‘The ONE commands you by me!’

Most egos cannot bear this and so few occultists are up to it. This is why in the authentic training in the Mysteries ‘know thy self’ is the key. The work is, to come to know yourself, without pre-

tense, so that you can transmute the personality and evolve. My own students actually work on their ‘interior demons’ (complexes and the like) – which has nothing to do with objective demons, but deals with those internal resonances we all have at first. Or, the alchemical way of saying it is: you have transmute your Lead of Ignorance into the Gold of Realization.

So the advantage for the magician-type doing Exorcisms is they are not going to freak so much about the entire concept. The danger is that they may suffer from *hubris*, from spiritual pride, and then they can’t form a proper gateway for the Supernal Power of the Eternal.

The third kind of Exorcist is rare: a layperson who has received the office and training of an Exorcist. This used to be more common than it is now, although several independent bishops have started to facilitate this again (good for them). A lay Exorcist often has the same advantages and disadvantages of a priestly Exorcist. But it all depends on their training and esoteric experience. As a very general statement, being a priest is more advantageous, because they have access to the necessary sacred implements.

I will conclude by saying: that if there is an Exorcism to be done and you know somebody else who is qualified enough to do it, let them – and then pray for them!

Question

Is there a process that can help you? Can you learn these things as an apprentice with someone?

David

Yes, some Exorcists do take on apprentices because they learn by being assistants. Some Exorcists will give one-on-one teaching. But it is not a common thing – even in something like occultism which itself is niche enough. I think it is also a particular vocation – that there aren't many people who are called to it. In fact, you can tell when you are called to it, because the universe arranges for you to get the training and keeps sending you the cases to deal with.

Question

David, how do you get called upon?

David

Well, fortunately I don't get called on that often, thank God. I'm not out there advertising as an Exorcist. In fact, very few people know that I've done about 300 Exorcisms of people, places and objects.

Remember, many cases turn out to be nothing supernatural at all. A very recent case, about 6 months ago was a Reiki healer, who thought that one of her clients was possessed. So I asked: 'Why do you think your client is possessed?' And she answered: 'Because I feel that she is possessed.' (As if that meant anything at all.) So I said: 'Have you tried x, y, z? Have you tried praying with sacred objects?' 'No,' she said.

I suggested: 'Well try that, and get back to me.' I'm still waiting to hear.

Another case was an Australian who claimed that demons were after him because he was so *spiritual* (a modest kinda guy). He said I must help him. Well, it soon became clear that it was all about ego massage and attention-seeking, so I said, 'You need to do the following for the next 30 days, and you will be free.' I told him, 'You must bathe or shower 3 times a day; recite Psalms 4 times a day; exercise twice a day; refrain from all alcohol; refrain from all sexual activity – keep this up for 30 days and the *shedim* (demons) will have no hold on you.' I'm still waiting to hear back from him. You see, if he had been a genuine case, he would have been only too grateful to try anything to free himself.

Question

One point please. You spoke about 'the number', what does that mean?

David

It means the number of demons infesting the person. Although only one may speak, there's usually more than one. It's taught in the New Testament – and the demon returned with 7 more powerful than itself. Demons are spirits of disintegration, they break things apart. And bear in mind that they are liars. There is no truth in them. Even the Disgraced Angel is called 'the Father of Lies'; that is why there is no point in conversing with them, because you can't trust a word they say! But the demon is going to defend its number and name more than anything –

because, once given, it is their undoing. Angels, on the other hand, are spirits of unification.

Question

And the other thing you said was about their agenda – what they are trying to achieve?

David

At first glance Possessions look random, like astral muggings. And, as one Exorcist answered, when asked why did the demons possess people: ‘So that we will doubt that God loves us’. That’s another way of saying that people close to the possessed person can become convinced that there is no goodness in the world, that only selfishness exists. But as Exorcists share more information, glimpses of a larger agenda becomes apparent – that there are intelligences behind it. So for example, there was a case where the possessed child was the niece of a very influential person. Her uncle was appalled – and lost his faith in the innate goodness of Life. This, in turn, affected the decisions that he made, and the policies he implemented.

If people in key positions can be made to despair – or even to embrace the Dark (as in the Perfectly Possessed) – then this has a ripple effect on society. That can affect policy. That can affect decisions. These things appear random, but they are not. To be blunt, the ‘lamp’ of western civilization is guttering. In the old days it was spirituality and religion that fueled the lamp, made it shine. Now there is little left because the gross materialism and self-centeredness have become the ‘gods’ of our current society.

We have been looking at the Dark for most of the day – unpleasant but necessary – so I’d like to conclude this seminar by inviting you to join me in meditation.

Just allow yourself to rest in the now. Be unconcerned about past or future. Recognize your thoughts as just images passing over the screen of your mind. They are not you. Your feelings are simply feelings that you are having, but not you yourself, and in this way you transcend from being engaged in the hysteria of ordinary life into the true self.

And, as you gently hold onto this, the eyes of your soul open and you are encompassed by great shining ones, by the Holy Angels radiant as the first dawn and sweet beyond all perishing. Their presence stimulates your vibration, raising you to a higher frequency, until you find yourself in a courtyard before a magnificent palace.

From inside this palace you can hear singing, high piercing notes like stars or crystal bells of ice. There are people entering this palace – men and women clad in garments of light, and they are winged, like Angels, for these human members of our own species have evolved to the level of Angels and some even beyond that. In the place beyond Angels, humans enter communion with the One, for they have come to know that the One is the inmost center of all and that it is all-loving limitless light.

Now, two great Angels come: one bright as the sun and the other luminous as the moon. The Archangels Michael and Gabriel flank the entrance to the

palace, arching their wings over it, forming an arch, opening a portal of light into the holy place.

Now they beckon you to enter. As you move forward, those Angels with whom you have auspicious connections attend you. They may be Angels of your own occasion and calling, those celestials you have made links with in your meditations, prayers and magics. Together with these bright spirits you enter into the palace of grace. You step inside and it is a vast plane, an entire realm, of radiance in which throng countless radiant beings, beings of all evolutions, sentient beings in whom the Divine has become self manifest. And through their prism-like transparency the Limitless Light streams most gloriously.

In the center of the palace is a great throne of living amber. Beneath it cosmic thunder sounds and from it universal lightning flashes forth. From one side of the throne cascades a torrent of spiritual fire and from the other side living water pours down – for this is the point from which all things flow and to which all things return. Upon that throne sits the dazzling form of the Most Holy who caused all things to come into being and Who delights in all.

The rainbow radiance of the One upon the throne, the sound of the thunder and of the many waters fills you with awe and yet through it all, a voice in the heart of all things speaks to you: ‘My child, look upon Me’. Hesitatingly you raise your eyes to the footstool of the throne, to the perfect feet that rest upon it, up to the hem of the snow-white robe and up to the belt of seven stars and above it the shining sacred heart that is continually ablaze with love

for all. Then up the face that is your own face. You give worship before this mystery of yourself made perfect in God, offering all aspects of your being, so that one day this spiritual reality might become embodied and bless the Earth. And before this mystery you put your face to the ground as your soul swoons into no-thing.

When you come to, you are outside the palace of grace, back into the court. The Archangel Gabriel closes the portal and from this angelic level you descend back into physical awareness recognizing the human, animal, vegetable and mineral levels of your being. Now knowing that these levels are rungs on one great ladder, a ladder by which the Angels ascend and descend the world.

That's it for today, and always remember where the real Strength to exorcise comes from. Always remember, that in all the worlds the power and wisdom of the Eternal *will* prevail. At any time you can look up, with your soul, to That which is above and beyond you – and yet forever loves you.

*Holy, holy, holy One, source of cosmic might,
send Thy hosts of Angels to keep us in Thy light.*

AMEN

EXORCISM

POSSESSION & DELIVERANCE

APPENDIX



APPENDIX CONTENTS

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IMPORTANT NOTE

These additional materials are examples of rites and prayers of Exorcism. They are intended for reference only, *not* as an authorization to attempt Exorcism. Their traditional language is fierce and wrathful – it ‘has teeth’ – and it needs to, considering the type of beings to whom these prayers and commands are addressed.

I have also included ‘*The Rabbi's Song*’ by Rudyard Kipling, because it beautifully explains why our dwellings should not be contaminated by negative thoughts and emotions.

PRAYER FOR A HOME TROUBLED BY EVIL SPIRITS

OH LORD GOD OF OUR SALVATION, SON OF THE LIVING GOD, WHO IS BORNE BY THE CHERUBIM, BEING ABOVE ALL DOMINIONS, PRINCIPALITIES, AUTHORITIES AND POWERS: YOU ARE GREAT AND FEARSOME TO ALL AROUND YOU.

YOU ARE THE ONE WHO SET THE HEAVENS LIKE A VAULT AND MADE THE EARTH IN YOUR MIGHT; WHO DIRECTS THE UNIVERSE IN YOUR WISDOM. WHEN EARTHQUAKES OCCUR UNDER HEAVEN FROM THE FOUNDATIONS, ITS PILLARS ARE UNSHAKEN. YOU SPEAK AND THE SUN DOES NOT SHINE. YOU SEALED THE STARS.

YOU FORBAD THE SEAS AND DRIED THEM UP. AUTHORITIES AND DOMINIONS HIDE FROM YOUR WRATH, AND THE ROCK TREMBLES BEFORE YOU.

YOU OBLITERATED THE GATES OF BRASS AND DEMOLISHED THE BARS OF IRON.

YOU BOUND THE PROUD ONE AND SMASHED HIS VESSELS.

BY YOUR CROSS YOU CAST DOWN TYRANTS AND DREW IN THE SERPENT WITH THE HOOK OF YOUR HUMANITY. HAVING CAST HIM DOWN, YOU BOUND HIM WITH HOOKS IN THE GLOOM OF TARTARUS.

AS THE SAME LORD, THE HOPE OF THOSE WHO PLACE THEIR CONFIRMATION ON YOU, AND THE WALL OF MIGHT FOR THOSE WHOSE EXPECTATION IS IN YOU, ANATHEMATIZE, DRIVE AWAY AND TRANSFORM ALL DIABOLICAL POWERS AND ACTIONS AND ALL SATANIC INDICTMENTS, ALL SLANDERS OF THE ADVERSARY, LYING UNDER THIS ROOF.

FREE THOSE BEARING THE SIGN WHICH IS AWESOME AGAINST DEMONS: THE CROSS OF YOUR VICTORY, AND CALLING UPON YOUR GRACIOUS NAME, YHSHVH, FROM POSSESSION BY HIM AND FROM THOSE WANDERING ABOUT UNDER THIS ROOF.

YEA, LORD, YOU DROVE AWAY LEGIONS OF DEMONS, AND THE DEMONS AND UNCLEAN SPIRITS BY WHICH THE DEAF AND DUMB WERE HELD. THESE YOU COMMANDED TO DEPART AND NOT TO RETURN AGAIN.

YOU HAVE CONSUMED ALL THE ARMIES OF OUR INVISIBLE ENEMIES, AND HAVE MADE WISE THE FAITHFUL WHO HAVE KNOWN YOU.

FOR YOU SAID, 'BEHOLD, I GIVE YOU POWER TO TRAMPLE UNDERFOOT SNAKES AND SCORPIONS, AND ALL THE POWER OF ENEMIES.'

(LUKE 10:19)

PRESERVE, O MASTER, ALL WHO LIVE IN THE HOUSE FROM ALL HARM AND EVERY TEMPTATION FROM BELOW, DELIVERING THEM FROM FEAR OF THE FEEBLE ONE AND THE ARROWS THAT FLY BY DAY, FROM THINGS PROCEEDING FROM THE DARKNESS AND ATTACKS BY DEMONS AT MIDDAY. LET YOUR SERVANTS AND YOUR CHILDREN, DELIGHTING IN YOUR HELP, AND PRESERVED BY ARMIES OF ANGELS, FAITHFULLY SING WITH ONE ACCORD: 'THE LORD IS MY HELPER AND I WILL NOT BE AFRAID; WHAT CAN MAN DO TO ME?' AND AGAIN, 'I WILL FEAR NO EVIL, FOR YOU ARE WITH ME.'

Rudyard Kipling

AS YOU ARE MY CONFIRMATION, O GOD, MIGHTY
MASTER, PRINCE OF PEACE, AND FATHER OF
THE AGE TO COME, FOR YOUR KINGDOM IS
AN ETERNAL KINGDOM, TO YOU ALONE IS THE
KINGDOM, AND THE POWER, + AND THE GLORY,
WITH THE FATHER AND THE HOLY SPIRIT, NOW
AND EVER AND UNTO AGES OF AGES.

AMEN

*If thought can reach to Heaven,
On Heaven let it dwell,
For fear that Thought be given
Like power to reach to Hell.
For fear the desolation
And darkness of thy mind,
Perplex an habitation
Which thou hast left behind.
Let nothing linger after –
No whispering ghost remain,
In wall, or beam, or rafter,
Of any hate or pain:
Cleanse and call home thy spirit,
Deny her leave to cast,
On aught thy heirs inherit,
The shadow of her past.
For think, in all thy sadness,
What road our griefs may take;
Whose brain reflect our madness,
Or whom our terrors shake.
For think, lest any languish
By cause of thy distress
The arrows of our anguish
Fly farther than we guess.
Our lives, our tears, as water,
Are spilled upon the ground;
God giveth no man quarter,
Yet God a means hath found;
Though faith and hope have vanished,
And even love grows dim;
A means whereby His banished
Be not expelled from Him!*

PRAYER AGAINST EVIL

GOD, OUR LORD, KING OF AGES, ALL-POWERFUL AND ALMIGHTY, YOU WHO MADE EVERYTHING AND WHO TRANSFORM EVERYTHING SIMPLY BY YOUR WILL; YOU WHO CHANGED INTO DEW THE FLAMES OF THE SEVEN-TIMES HOTTER FURNACE AND PROTECTED AND SAVED YOUR THREE HOLY CHILDREN: YOU ARE THE DOCTOR AND PHYSICIAN OF OUR SOUL. YOU ARE THE SALVATION OF THOSE WHO TURN TO YOU. I BESEECH YOU TO MAKE POWERLESS, BANISH, AND DRIVE OUT EVERY DIABOLIC POWER, PRESENCE, AND MACHINATION; EVERY EVIL INFLUENCE, MALEFICE, OR EVIL EYE AND ALL EVIL ACTIONS AIMED AGAINST ME.

WHERE THERE IS ENVY AND MALICE, GIVE ME AN ABUNDANCE OF GOODNESS, ENDURANCE, VICTORY, AND CHARITY. O LORD, YOU WHO LOVE MAN, I BEG YOU TO REACH OUT YOUR POWERFUL HANDS AND YOUR MOST HIGH AND MIGHTY ARMS AND COME TO MY AID. SEND YOUR ANGEL OF PEACE OVER ME, TO PROTECT ME BODY AND SOUL. MAY HE KEEP AT BAY AND VANQUISH EVERY EVIL POWER, EVERY POISON OR MALICE INVOKED AGAINST ME BY CORRUPT AND ENVIOUS PEOPLE.

THEN UNDER THE PROTECTION OF YOUR AUTHORITY MAY I SING WITH GRATITUDE, 'THE LORD IS MY SALVATION; WHOM SHOULD I FEAR?' I WILL NOT FEAR EVIL BECAUSE YOU ARE WITH ME, MY GOD, MY STRENGTH, MY POWERFUL LORD, LORD OF PEACE, FATHER OF ALL AGES.

AMEN

LATIN EXORCISM PRAYER

Priest:

EXORCIZO TE, OMNIS SPIRITUS IMMUNDE, IN NOMINE DEI + PATRIS OMNIPOTENTIS, ET IN NOIMINE JESU + CHRISTI FILII EJUS, DOMINI ET JUDICIS NOSTRI, ET IN VIRTUTE SPIRITUS + SANCTI, UT DESCEDAS AB HOC PLASMATE DEI [NAME], QUOD DOMINUS NOSTER AD TEMPLUM SANCTUM SUUM VOCARE DIGNATUS EST, UT FIAT TEMPLUM DEI VIVI, ET SPIRITUS SANCTUS HABITET + IN EO. PER EUMDEM CHRISTUM DOMINUM NOSTRUM, QUI VENTURUS EST JUDICARE VIVOS ET MORTUOS, ET SAECULUM PER IGNEM.

AMEN

I EXORCISE THEE, EVERY UNCLEAN SPIRIT, IN THE NAME OF GOD + THE FATHER ALMIGHTY, AND IN THE NAME OF JESUS + CHRIST, HIS SON, OUR LORD AND JUDGE, AND IN THE POWER OF THE HOLY + SPIRIT, THAT THOU DEPART FROM THIS CREATURE OF GOD, [PERSONS' NAME] WHICH OUR LORD HATH DESIGNED TO CALL UNTO HIS HOLY TEMPLE, THAT IT MAY BE MADE THE TEMPLE OF THE LIVING GOD, AND THAT THE HOLY SPIRIT MAY + DWELL THEREIN. THROUGH THE SAME CHRIST OUR LORD, WHO SHALL COME TO JUDGE THE LIVING AND THE DEAD, AND THE WORLD BY FIRE.

AMEN

Priests are exhorted to say this prayer as often as possible, as a simple Exorcism to curb the power of demons and to prevent them from doing harm. The faithful also may say it in their own name, for the same purpose, as any approved prayer. Its use is recommended whenever action of demons is suspected.

IN THE NAME OF THE FATHER, AND OF + THE SON, AND OF THE HOLY SPIRIT. **AMEN**

Prayer to Saint Michael the Archangel

MOST GLORIOUS PRINCE OF THE HEAVENLY ARMIES, SAINT MICHAEL THE ARCHANGEL, DEFEND US IN 'OUR BATTLE AGAINST PRINCIPALITIES AND POWERS, AGAINST THE RULERS OF THIS WORLD OF DARKNESS, AGAINST THE SPIRITS OF WICKEDNESS IN THE HIGH PLACES' (EPHES., VI, 12).
COME TO THE ASSISTANCE OF MEN WHOM GOD HAS CREATED TO HIS LIKENESS AND WHOM HE HAS REDEEMED AT A GREAT PRICE FROM THE TYRANNY OF THE DEVIL.
HOLY CHURCH VENERATES THEE AS HER GUARDIAN AND PROTECTOR; TO THEE, THE LORD HAS ENTRUSTED THE SOULS OF THE REDEEMED TO BE LED INTO HEAVEN.
PRAY THEREFORE THE GOD OF PEACE TO CRUSH SATAN BENEATH OUR FEET, THAT HE MAY NO LONGER RETAIN MEN CAPTIVE AND DO INJURY TO THE CHURCH.
OFFER OUR PRAYERS TO THE MOST HIGH, THAT WITHOUT DELAY THEY MAY DRAW HIS MERCY DOWN UPON US; TAKE HOLD OF 'THE DRAGON, THE OLD SERPENT, WHICH IS THE DEVIL AND SATAN,' BIND HIM AND CAST HIM INTO THE BOTTOMLESS PIT 'SO THAT HE MAY NO LONGER SEDUCE THE NATIONS' (APOC. XX, 2).

The Exorcism

IN THE NAME OF JESUS CHRIST, OUR GOD AND LORD, STRENGTHENED BY THE INTERCESSION OF THE IMMACULATE VIRGIN MARY, MOTHER OF GOD, OF BLESSED MICHAEL THE ARCHANGEL, OF THE BLESSED APOSTLES PETER, PAUL, AND ALL THE SAINTS, (AND POWERFUL IN THE HOLY AUTHORITY OF OUR MINISTRY) WE CONFIDENTLY UNDERTAKE TO REPULSE THE ATTACKS AND DECEITS OF THE DEVIL.

GOD ARISES: HIS ENEMIES ARE SCATTERED
AND THOSE WHO HATE HIM FLEE BEFORE HIM.
(PSALM 67)

**AS SMOKE IS DRIVEN AWAY, SO ARE THEY DRIVEN;
AS WAX MELTS BEFORE THE FIRE, SO THE WICKED
PERISH AT THE PRESENCE OF GOD.**

V BEHOLD THE CROSS OF THE LORD, FLEE BANDS
OF ENEMIES.

R HE HAS CONQUERED, THE LION OF THE TRIBE OF
JUDAH, THE OFFSPRING OF DAVID.

V MAY THY MERCY, LORD, DESCEND UPON US.

R AS GREAT AS OUR HOPE IN THEE.

[The crosses (+) indicate a blessing to be given if a priest recites this Exorcism. If a lay person recites it, they indicate the Sign of the Cross to be made silently by that person.]

WE DRIVE YOU FROM US, WHOEVER YOU MAY
BE, UNCLEAN SPIRITS, ALL SATANIC POWERS,
ALL INFERNAL INVADERS, ALL WICKED LEGIONS,
ASSEMBLIES AND SECTS;
IN THE NAME AND BY THE POWER OF OUR LORD
JESUS CHRIST + MAY YOU BE SNATCHED AWAY AND
DRIVEN FROM THE CHURCH OF GOD AND FROM
THE SOULS MADE TO THE IMAGE AND LIKENESS OF
GOD AND REDEEMED BY THE PRECIOUS BLOOD OF
THE DIVINE LAMB.

+ MOST CUNNING SERPENT, YOU SHALL NO MORE
DARE TO DECEIVE THE HUMAN RACE, PERSECUTE
THE CHURCH, TORMENT GOD'S ELECT AND SIFT
THEM AS WHEAT.

+ THE MOST HIGH GOD COMMANDS YOU.

+ HE WITH WHOM, IN YOUR GREAT INSOLENCES,
YOU STILL CLAIM TO BE EQUAL;

'HE WHO WANTS ALL MEN TO BE SAVED AND TO
COME TO THE KNOWLEDGE OF THE TRUTH'
(I TIM., II, 4).

GOD THE FATHER COMMANDS YOU.

+ GOD THE SON COMMANDS YOU.

+ GOD THE HOLY GHOST COMMANDS YOU.

+ CHRIST, GOD'S WORD MADE FLESH, COMMANDS
YOU; + HE WHO TO SAVE OUR RACE OUTDONE
THROUGH YOUR ENVY, 'HUMBLED HIMSELF,
BECOMING OBEDIENT EVEN UNTO DEATH'
(PHIL., II, 8);

HE WHO HAS BUILT HIS CHURCH ON THE FIRM
ROCK AND DECLARED THAT THE GATES OF HELL
SHALL NOT PREVAIL AGAINST HER, BECAUSE HE

WILL DWELL WITH HER 'ALL DAYS EVEN TO THE END OF THE WORLD' (ST. MAT., XXVIII, 20).

THE SACRED SIGN OF THE CROSS COMMANDS YOU.
+ AS DOES ALSO THE POWER OF THE MYSTERIES OF THE CHRISTIAN FAITH.

+ THE GLORIOUS MOTHER OF GOD, THE VIRGIN MARY, COMMANDS YOU;

+ SHE WHO BY HER HUMILITY AND FROM THE FIRST MOMENT OF HER IMMACULATE CONCEPTION, CRUSHED YOUR PROUD HEAD.

THE FATHER OF THE HOLY APOSTLES PETER AND PAUL, JOHN, AND OF THE OTHER APOSTLES COMMANDS YOU.

+ THE BLOOD OF THE MARTYRS AND THE PIOUS INTERCESSION OF ALL THE SAINTS COMMAND YOU.

THUS, + CURSED DRAGON, AND YOU, DIABOLICAL LEGIONS, WE ADJURE YOU BY THE LIVING GOD,

+ BY THE TRUE GOD, + BY THE HOLY GOD,

+ BY THE GOD 'WHO SO LOVED THE WORLD THAT HE GAVE UP HIS ONLY SON, THAT EVERY SOUL BELIEVING IN HIM MIGHT NOT PERISH BUT HAVE LIFE EVERLASTING' (ST. JOHN, III);

STOP DECEIVING HUMAN CREATURES AND POURING OUT TO THEM THE POISON OF ETERNAL DAMNATION;

STOP HARMING THE CHURCH AND HINDERING HER LIBERTY.

BEGONE, SATAN, INVENTOR AND MASTER OF ALL DECEIT, ENEMY OF MAN'S SALVATION.

GIVE PLACE TO CHRIST IN WHOM YOU HAVE FOUND NONE OF YOUR WORKS;

GIVE PLACE TO THE ONE, HOLY, CATHOLIC AND APOSTOLIC CHURCH ACQUIRED BY CHRIST AT THE PRICE OF HIS BLOOD.

STOOP BENEATH THE ALL-POWERFUL HAND OF GOD;

TREMBLE AND FLEE WHEN WE INVOKE THE HOLY AND TERRIBLE NAME OF JESUS, THIS NAME WHICH CAUSES HELL TO TREMBLE, THIS NAME TO WHICH THE VIRTUES, POWERS AND DOMINATIONS OF HEAVEN ARE HUMBLY SUBMISSIVE, THIS NAME WHICH THE CHERUBIM AND SERAPHIM PRAISE UNCEASINGLY REPEATING:

HOLY, HOLY, HOLY IS THE LORD, THE GOD OF ARMIES.

V OH LORD, HEAR MY PRAYER.

R **AND LET MY CRY COME UNTO THEE.**

V MAY THE LORD BE WITH THEE.

R **AND WITH THY SPIRIT.**

LET US PRAY:

GOD OF HEAVEN, GOD OF EARTH, GOD OF ANGELS,
GOD OF ARCHANGELS, GOD OF PATRIARCHS,
GOD OF PROPHETS, GOD OF APOSTLES, GOD OF
MARTYRS, GOD OF CONFESSORS, GOD OF VIRGINS,
GOD WHO HAS POWER TO GIVE LIFE AFTER DEATH
AND REST AFTER WORK, BECAUSE THERE IS NO
OTHER GOD THAN THEE AND THERE CAN BE NO
OTHER, FOR THOU ART THE CREATOR OF ALL
THINGS, VISIBLE AND INVISIBLE, OF WHOSE REIGN
THERE SHALL BE NO END, WE HUMBLY PROSTRATE
OURSELVES BEFORE THY GLORIOUS MAJESTY AND
WE BESEECH THEE TO DELIVER US BY THY POWER
FROM ALL THE TYRANNY OF THE INFERNAL SPIRITS,
FROM THEIR SNARES, THEIR LIES AND THEIR
FURIOUS WICKEDNESS; DEIGN, O LORD, TO GRANT
US THY POWERFUL PROTECTION AND TO KEEP US
SAFE AND SOUND. WE BESEECH THEE THROUGH
JESUS CHRIST OUR LORD.

AMEN

FROM THE SNARES OF THE DEVIL,
DELIVER US, O LORD.

THAT THY CHURCH MAY SERVE THEE IN PEACE AND
LIBERTY,
WE BESEECH THEE TO HEAR US.

THAT THOU MAY CRUSH DOWN ALL ENEMIES OF
THY CHURCH,
WE BESEECH THEE TO HEAR US.

*(Holy Water is sprinkled in the place
where we may be.)*

SAINT MICHAEL THE ARCHANGEL, DEFEND US IN
THE BATTLE;

BE OUR PROTECTION AGAINST THE MALICE AND
SNARES OF THE DEVIL.

MAY GOD RESTRAIN HIM, WE HUMBLY PRAY, AND
DO THOUGH, O PRINCE OF THE HEAVENLY HOST,
BY THE DIVINE POWER CAST INTO HELL SATAN AND
ALL THE OTHER EVIL SPIRITS WHO ROAM THROUGH
THE WORLD SEEKING THE RUIN OF SOULS.

AMEN

TV series

Apparitions, 2008, 6 episodes
starring Martin Shaw

An excellent drama series of a contemporary Exorcist. The humanity of the lead character, and the inhumanity of the demons, are brilliantly portrayed.

The only inaccuracy is, that possessed people do not shape-shift. Their facial features can and do change, but not their entire body.

I recommend *Apparitions*, not only as an Exorcism resource, but also as spiritual inspiration.

Film

The Rite, 2011
starring Anthony Hopkins

At the time of publication *The Rite* is still showing in UK cinemas, and it will be available on DVD in a few months time.

In my opinion it is the most accurate film on Exorcism that I have seen so far.

The rites and procedures are authentic, the phenomena are unexaggerated, and the lessons learnt are timeless.

YouTube clips

These are important resources, because you get to see the possessed – their symptoms and behavior – and their liberation.

Father Makari Yunan, a fine Coptic Exorcist in Cairo – there are several clips:

<http://www.youtube.com/watch?v=IHjeyxnvuQ>

<http://www.youtube.com/watch?v=i227QNYkuDo&NR=1>

A holy Russian Orthodox Exorcist – excellent:

<http://www.youtube.com/watch?v=7raHq1BW2g8>

A Greek Orthodox Exorcism conducted in a church – very informative:

<http://www.youtube.com/watch?v=OjLrwcph96E&feature=related>

- 1 The word dybbuk is derived from the Hebrew word meaning ‘attachment’. In Jewish folklore, a dybbuk is a possessing spirit believed to be the dislocated soul of a dead person. Dybbuks are said to have escaped from the afterlife, or to have been turned away for serious transgressions, such as suicide, for which the soul is denied entry into Paradise. The dybbuk attaches itself to the body of a living person and inhabits the flesh.
- 2 Matthew 8, verse 28-32
- 3 Luke 9, verse 1
- 4 The first Tibetan Buddhist monastery built in Europe
- 5 To be more exact: lost within the Astro-etheric Plane – there are thousands of Earth-bound souls lost in this ‘Zone-girdling-the-Earth’.
- 6 In Black Magic circles, suicide is known as the ‘sacrament of Satan’.
- 7 The Greek original is better rendered as: ‘Completely away, all unclean spirits’.
- 8 ‘Hocus-pocus’ is a Protestant mockery of the most sacred words in the Latin Mass: ‘*Hoc est Corpus Meum*’ – ‘This is My Body’.
- 9 It was a view adopted later on by the Roman Church – mainly due to Augustine of Hippo – while the other Apostolic churches do not hold it. The same is true of the doctrine of ‘Original Sin’. It is part of Roman Catholic theology, and that is where the Protestants inherited it from. In the Byzantine churches – which are as old as the Roman one – Original Sin is not part of their theology or faith.
- 10 *Tikkun* (Hebrew) – ‘to restore, to heal, or to make good, to redeem’. Esoterically a *Tikkun* is ‘Giving and Receiving’, a transmutation brought about through sublimating the suffering of Others. In Tibetan Buddhist practice it is called *Tonglen*.
- 11 *Chesed* is the fourth sphere of the Qabalistic Tree of Life diagram.
- 12 *Lords of Light: the Path of Initiation in the Western Mysteries* by W.E. Butler. Destiny Books, Rochester NY, 1990.
- 13 He was an adept – an initiated mage – as well as an ordained priest of the *Liberal Catholic Church* (an independent sacramental church with some esoteric understanding).
- 14 See Recommendations in the Appendix.
- 15 See Appendix.
- 16 See the film ‘*Kundun*’.
- 17 For example, in *Apparitions*, episode 1, while reciting the *Litany of Saints*, the key phrase turns out to be the invocation of St Barnabas. The reason for this becomes apparent later on.
- 18 From the Latin *super* meaning ‘above’. Supernatural literally means above Nature.



DAVID GODDARD is the author of ‘*Tower of Alchemy*’, ‘*Tree of Sapphires*’ and ‘*Sacred Magic of the Angels*’. He is an internationally renowned teacher and mage who has taught for three decades. David has students from many countries and from all walks of life.

David has dedicated his life to helping people reach their potential for a happier life, for a better world. To do this, he co-founded the **RISEING PHOENIX FOUNDATION** (www.risingphoenixfoundation.org).

‘There is not another writer today who illumines the Western Mysteries with such deep knowledge or style.’

Geraldine Beskin, proprietor of
Atlantis Bookshop, London, UK